

# Celebrating 11 Years In the Community



## THE ANCHOR NEWS

Serving the Central Texas Community

Volume 11 Number 12

July 2014

Free



### Mary Evans debut book signing set for July 19

What began as a handful of beatnik hopefuls soon turned into a standing room only crowd. Who would have known that careful planning, word of mouth and online promotion would draw so many people with like interests to a small weekly poetry reading event? Who knew at that time that such a humble beginning was actually the Genesis for a July 19th book signing?

For Mary E. Evans, aka Maryee, a return home to Waco, Texas nine years ago from Orange County, California to begin a long desired career in writing seemed daunting at best. With no desire to return to Corporate America, where she spent almost 10 years working, her resolution was to simply substitute teach, re-learn Waco, and



Mary Evans

write.

By the end of 2005, the desire to find others who

were interested in expressing themselves in creative outlets led Evans and her sister, Jennifer, to organize and host Open Mic Poetry at Beatnix Coffee House on Lake Shore Drive. It was during that time in 2006, that Evans, as the host, wrote a random poem. She recounted to fellow poets how odd the poem was, but as host, she shared it weekly as one of her "signature" poems and to warm up the mic.

With an infectious cadence, the poem, "Thunder and Lightning," led the Thursday evening crowd to give Evans the same and consistent feedback, simply, that she needed to "turn the poem into a picture book for children."

Thus, the seed was plant-

See Evans, Pg. 3

### Ruby McCray to speak at Pro-Life Gathering on August 10 in Waco

By Linda Crawford

"I am a Christian by choice, an evangelist by calling, and a teacher by profession," says Ruby Hamilton McCray, who will be the keynote speaker at Second Sunday Pro-Life Gathering on August 10th. With an array of talents and professions, McCray is a true, modern-day Renaissance woman. She is well known in the community for her evangelistic spirit, her music and Spanish teaching abilities, and her pro-life stand.

Meeting her on the pages of The Anchor News, Pro-Life Waco director, John Pisciotta said, "Ruby has made pro-life outreach part of her amazingly diver Christian ministry... and we are honored to have her as the speaker at our event." McCray's topic will be God is Pro-Life.

The second of five children, McCray is an evangelist and founder of A City of Refuge Ministries. She gave her life to the Lord at an early age and professes her salvation wherever she goes. A much sought after evangelist, McCray is a singer, musician, music and Spanish teacher, and a monthly contributing columnist for The Anchor News since its beginning in 2002.

Of her natural talents, McCray touts music as her first love. A self-taught musician,



Ruby McCray

she plays at least six instruments and established a home-based music studio in August, 1976. McCray's talents led her to establish and direct choirs until 2002, and even though directing is a thing of the past, says McCray, she is still open to assisting church choirs if there is a dire need and she feels a release from God to do so.

Over the last 38 years, she has taught hundreds of students, including her own children, Joy and Joel McCray. Both have achieved many awards for their musical abilities, and Joel has received national recognitions. McCray teaches piano, harmonica, lead guitar, bass guitar, saxophone, and drums in her studio. With a faithful following, she has a continuous "wait list" of people vying for a spot in her music classes.

Spanish is her second love. In the early 90's, McCray taught Span-

See McCray, Pg. 2

### Back to School Bash planned for August 16

It's that time of the year again. The community-centered non-profit organization, Road to Damascus, will host the annual Collaborative Community Back to School Bash, planned for Saturday, August 16th. Over 40 social service agencies in Waco will be part of this much anticipated event, including the City's police and fire departments, several churches and ministries, and hundreds of others who wish to enjoy a day of family fun. The first 150 children will receive free back packs, school supplies, school uniforms, and shoes.

Founder and organizer of this collaborative project, Mia Thomas, is eager for the date to roll



Mia Thomas

around. Thomas' vision is to one day celebrate the combined efforts of many other organizations, putting together an activity that targets the entire city of Waco and surrounding areas. This year's attendees should expect free food,

free fun family activities, free vision screening, free entertainment and free, live entertainment, with Gospel Rapper, Pastor Ahmad Washington and other Christian Artists. The Rock Barber Shop barber, Rashad "Chip" Davis and other local barbers will be on site to provide free haircuts while service organizations will share educational material that will benefit everyone.

Dr. Shamonica Trunell, owner of Hillcrest Chiropractic, attended last year's event, along with her daughter, Samyiah. "This event is an excellent opportunity to give back to the community," said Trunell, and an excellent way to get

See Thomas, Pg. 10





**J.L. and Linda Crawford**

A co-owner of *The Anchor News*, J.L. Crawford is the Director of Operations for the paper. He is also an instructor at McLennan Community College and a Bible teacher. Linda Crawford is co-owner and Editor of *The Anchor News*. She is also an instructor at McLennan Community College, is a Bible teacher and is a conference, workshop and motivational speaker.

## In Memory of Hugh Green McLennan

May 11, 1928 - June 11, 2014

Hugh Green McLennan of Wilmington, California, and formerly of Waco (Willow Grove/Speegleville), passed away Wednesday, June 11, 2014, in Long Beach, CA. Services were Thursday, June 19, at Green Hills Memorial Park Chapel followed by burial at Green Hills Memorial Park, San Pedro, CA.

Hugh was a descendant of Neil McLennan for whom McLennan County was

named. After arriving in Texas with his family from North Carolina in 1877, Neil finally reached the Waco area and crossed the Brazos River in covered wagons on the original Suspension Bridge. The pioneering McLennan family later settled in the Willow Grove/Speegleville area and bought land, which is still owned by the McLennan family today.



Herbert McLennan. Hugh's

Hugh was the eighth child born to Mentha Eliza Steele and Charles "Dixie" Herbert McLennan. Hugh's

mother, Eliza, was raised by her aunt and uncle, Mentha and Reuben Manning, who was a descendant of William "Buck" Manning who founded the Willow Grove Community. Hugh attended Willow Grove Elementary School and later graduated from A.J. Moore High School in 1948. Following graduation, Hugh was drafted into the United States Army during the Korean Conflict and attained the rank of Staff Sergeant 1st Class. He was honorably discharged in 1952. Following his discharge, Hugh moved to Los Angeles where he had multiple relatives. He was employed by the Cal-Russ Construction Company as a cement mason, where he later became foreman of the company and remained in this capacity until he retired in 1989. Hugh and Burma Faye Hanes were married December 22, 1953. Three sons were born to this union -- Michael, Jeffrey, and

George, who is deceased.

Hugh was preceded in death by his son; his parents, three sisters; three brothers; and all of his uncles and aunts. One of his aunts, Mrs. Mary McLennan Washington, was well known throughout Waco and McLennan County as she was employed by Dennis and Boykins Funeral Home for many years.

Hugh is survived by his wife of 60 years, Burma Faye; two sons, Michael and Jeffrey; one sister, Marie McLennan Rogers of Chino, California; one brother, Homer McLennan of Seal Beach, California; six grandchildren; six great-grandchildren; and a host of other relatives in the Waco area: the McLennan, Williamson, Manning, Burns, DeBose, Bradford, Crawford, Kimble, and Barksdale families.

Guestbook and condolences to the family are available at [www.greenhillsmemorial.com](http://www.greenhillsmemorial.com)

### A note from the Crawfords

## Calling for article submissions for The Anchor's August issue

There is still time to send us a writeup for the August Education/Anniversary back to school issue.

As we celebrate *The Anchor's* 12th year in the community, we also celebrate our teachers, educational administrators, students, staff, and educational events.

Please send us your congratulatory ads and up to 450 words introducing the community to that special educator, student, administrator, etc.

Your ad is affordable and your write-up is free. Include a separate, clear jpeg headshot. Send your information by August 1.

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## MCCRAY

Continued from page one

ish at a local, private high school, where she finally admitted that her students hated Spanish. Refusing defeat, she began to pray, pulling out her pencil, paper, piano, and other instruments that she plays. The Holy Spirit began to give her ideas and tunes in Rap form, as she put the days of the week, the months and seasons of the year, and colors to music.

The more she prayed, the more verses she received. She began composing different songs to teach different concepts. By the end of that school year, her first composition, "An Educational Rap," had eighteen verses.

From its conception, the Spanish music strategy proved successful. When her students saw her outside of the classroom, they automatically began singing the songs that they had learned.

"They were actually having fun," she said, "and I could tell that things were

changing." However, it was when she introduced the Blues through "Forming Plurals of Words," that she saw real change. Ray Austin, one of the students who said he had grown to hate the very thought of Spanish, convinced all of the other students to bring their sunglasses to class.

"As they sang the Blues, he would instruct them to swing their heads from side to side, Ray Charles/Stevie Wonder style." McCray knew at that point that her determination

**See McCray, Pg. 3**

## The ANCHOR NEWS

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### PURPOSE

The Anchor News, dedicated to serving the community and surrounding areas, focuses on positive news and accomplishments of minorities.

### POLICY

Anchored on the principles of scripture, Anchor News will at no time publish information that is potentially libelous material or intentionally malicious, derogatory or irrelevant.

### EDITORIAL POLICY

Signed opinion articles do not necessarily reflect the opinion of the editorial staff. Unsigned editorials reflect the opinions of the editor.

### LETTERS AND ARTICLES POLICY

The comments and opinions of our readers are welcomed. Letters and articles should be e-mailed. Letters should be no longer than 200 words and must include a name and phone number. Article submissions should be no longer than 450 words and should include an original head shot (in jpeg format) along with your name, address and phone number. We reserve the right to edit for grammar, space,

potentially libelous material and copyright infringement. We also reserve the right to refuse derogatory, irrelevant and malicious submissions.

### SUBSCRIPTIONS

Subscriptions are \$36 a year (12 issues) and can be paid by check or money order. Send all correspondences to The Anchor News, P.O. Box 23534, Waco, Texas 76702-3534 or email to [theanchornews@aol.com](mailto:theanchornews@aol.com).

### ADVERTISING RATES

To request advertising rates, contact the office at (254) 715-8943.

[www.theanchornews.com](http://www.theanchornews.com)

## STAFF

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**Stasha Austin ~ Associate Editor**

**J.L. Crawford ~ Director of Operations / Owner**

**Ray Austin ~ Website Designer**

**Gale Edwards ~ Public Relations**

**Wanda B. Gunter ~ Contributing Writer**

## MCCRAY

Continued from page two

was working.

Today, that one revelation has led to three volumes of songbooks with accompaniment and performance tracks on CDs, including a variety of styles: Country-Western, Blues, Native American, Black Gospel, Spanish, and Reggae. McCray also published a Spanish picture dictionary and taught beginning and intermediate Spanish at McLennan Community College, where she earned the name "The Singing Spanish Teacher."

The Second Sunday Pro-

Life Gathering will be held at the St. Mary's Fellowship Hall at the corner of Columbus Avenue and 15th Street. Those in attendance will enjoy an Italian pasta buffet meal, which will be served around noon.

Pisciotta will prepare the main course using his mother's old-country Italian recipe. The meal is free for first time attendees. McCray will speak during the meeting from 1 to 2 p.m. For additional information on the event, please see the ad in this issue of *The Anchor News*.

## EVANS

Continued from page one

ed. Her efforts did not go without challenges, and for six and a half years, Evans searched for just the right illustrator. Luis Peres, who lives in Portugal, skillfully and colorfully brought the characters to life.

"He nailed it," said Evans, with excitement in her voice, bringing to life a huge acoustic sound wave and a gigantic spark of static electricity. *Thunder and Lightning*, is a tale of two fictional characters who get into a huge fight on a dim, dark Saturday night! Follow their battle to see how they whimsically banter back and forth as the clouds and the stars cheer them on. Find out "Who won the fight? Who won the fight? Who knocked who out of sight?"

*Thunder and Lightning* opens the doors to science, English, math, music, and art, giving children a fun way to overcome their fears about thunder and lightning. Because of the surprising literary devices woven into the story, critics cannot wait until *Thunder and Lightning* is in the hands of every teacher at all grade levels, as well as in every library across the globe!

Evans' debut book reading and signing is scheduled for Saturday, July 19, 2014 from 11 a.m. to 1 p.m.

at the West Waco Library and Genealogy Center at 5301 Bosque Blvd. Visit [www.facebook.com/thunderandlightningpicturebook](http://www.facebook.com/thunderandlightningpicturebook) for more information on the book signing. For those who cannot attend, the book is available online at Amazon.com.

About Mary Evans—Evans currently teaches middle school math at Brazos High Credit Recovery in Waco ISD and is a member of Antioch Community Church where Jimmy Seibert is Pastor. God has given her two additional children's books, 5 screen plays, a pre-teen series, a historical love story, a devotional, and a book of poetry.

She is a talented lyricist, having written dozens of songs, mostly Christian praise and worship. Plan to attend the recording of her children's choir song, "Salvation" based on Romans 10:9-10, which will be recorded "live" at The Christian House of Prayer in Killeen, TX. James Brandon Baggett of RhemaLife Productions is overseeing the project.

To book Evans to read her children's picture book or to speak to your local organization please contact her at [maryee09@yahoo.com](mailto:maryee09@yahoo.com).

## Filming in Waco area

# Hit TV show *Fixer Upper* needing local participants

The Waco area has taken the country by storm..... in the best way ever.

The hit HGTV series, *Fixer Upper*, is filming its entire series in Waco and surrounding areas and would love for the readers of *Anchor News* to apply to the show.

Why Waco? The hosts of *Fixer Upper*, Chip and Joanna Gaines, both Baylor University graduates, have been flipping, remodeling and fixing up homes together for the past 12 years as owners of Magnolia Homes in Waco.

They have worked on more than 100 homes together, merging Chip's excellent instinct on real estate and Joanna's distinctive eye for design.

Always moving and shaking things up, Chip and Joanna have found a

surprising way to balance having four kids while expanding their business to include a real estate company, construction company, design firm and residential subdivision, Magnolia Villas – all in the Waco vicinity!

*Fixer Upper* is casting for home buyers who are in the process of buying or just about to close on a home within the Waco area (50 mile radius of Waco). Their dilemma is that the home is in their dream location, but the house itself needs work i.e. clunky layout, bad flow, outdated design, etc.. With our experts' vision, they will help transform the fixer upper into the right home in the right location!

Homeowners must have the budget to contribute to their renovation. Finan-

cial contribution should be proportional to the amount of renovations your new home will need. Our casting producer will speak with you more in regards to budget.

Please contact Tina at [rightlocationcasting@highnoontv.com](mailto:rightlocationcasting@highnoontv.com) for more info on how you can participate.

For more on *Fixer Upper*, please go to <http://www.hgtv.com/fixer-upper/show/index.html>.

*Fixer Upper* is produced by High Noon Entertainment, one of America's leading television production companies. They produce high-quality programming for networks such as HGTV, Discovery, TLC, Travel Channel, Reelz, Weather Channel, truTV and Cooking Channel.

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## 57 Million Americans have legal issues

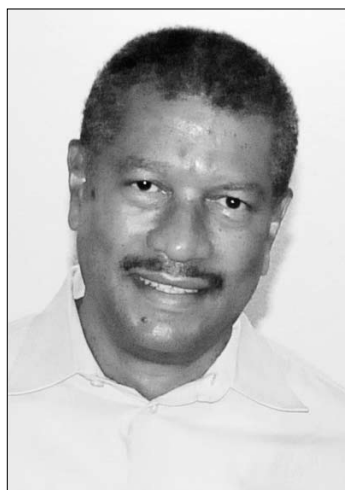
**Submitted**  
By **J. L. Crawford,**  
**Independent**  
**Associate**

The Legal Needs Of American Families Study (Legal Needs Study) shows that working

Americans and their families face a myriad of legal issues on almost a daily basis.

The study shows that 57 million full-time working Americans experienced at least one significant legal event in the past 12 months, but only 60% of those who experienced such an event actually sought out the services of a lawyer to help them.

The areas of greatest need identified in the survey include auto and traffic issues such as traffic tickets and accidents, family issues such as adoption and divorce, and estate planning concerns such as wills, trusts, and estate or inheritance



**J.L. Crawford**

management.

The Legal Needs Study also shows that legal problems know no economic boundaries.

All income levels experience legal issues or events at about the same rate - 66 percent.

Look at [legalshield.com/top25legalissues/](http://legalshield.com/top25legalissues/). If you are experiencing or have experienced or could experience one of the issues on

the list, you need to give me a call, so I can help you "live more and worry less."

- Automobile accident
- Identity theft
- Execution of a contract
- Inherited property
- Secured a home mortgage/refinanced home
- Filed bankruptcy
- Divorce
- Friend who owes you money files for bankruptcy

- Speeding ticket or traffic violation
- Injured someone accidentally

- Prepared a will
- Leased a vehicle
- Marriage
- Challenged a will
- Leased an apartment or home or bought a time share

- Creditor taking legal action

- Set up a trust
- Adoption of a child/Child Support

- Became executor of parents' estate
- Property was damaged while in storage
- Was subpoenaed
- Dog bit someone
- Vehicle damaged while parked on street
- Sued by tenant

*Is your challenge listed above? Preexisting problems are covered, so give me a call at 254-717-4927. Hurry. With LegalShield, "...we can help you worry less and live more." Please see the ad in this issue of The Anchor. J.L. Crawford, Independent Associate.*

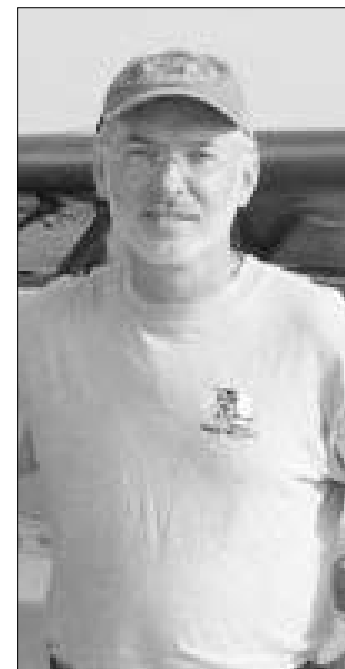
## Getting there takes a lot of effort

**By Kenny Grisham**

In one of my past lives I was a musician, professionally. I don't play as much as I did then but can hold my own in a crowd of the musically illiterate. I have a friend who is learning to play guitar and I offer my bits of wisdom whenever he feels it will help. One of my favorite comments from him is "You make it look so easy." He's been playing for about six months. I then tell him for the sixth time that I have only been doing this off and on, for forty years. It's not that I have some innate talent; it's just that I did it one finger at a time over and over and over and over again. Did I say I had done it a few times?

And then it comes to business. We marvel at the success of others in our business world. We only see them in the light of their success. However, with few exceptions, most have been around the block a time or two. Maybe they have had several businesses. Maybe they started from meager beginnings, but if you look deeper you will probably find that they put in the time it took to get where they are and that probably includes many failures in the process.

Out of this there are three really good points, but let's let you decide. One is it usually takes time and practice to make "it" happen. I've heard it said that it takes about 10,000 hours to be really good at something. So if you practice three days a week for thirty minutes, you won't be appearing in Carnegie Hall next week. It might require some extra effort on your part. The second point is you are probably doing fine wherever you are in the process so don't beat yourself up if success hasn't come your way...yet. And third, learn from those who have been there. Why make the same mistakes again. It always



**Kenny Grisham**

makes me just shake my head when someone asks my advice and then says, "That's nice but I'm going to do it this way." They have just wasted their time and mine.

I'll end this with snippets from two of my favorite people in history. One is Abraham Lincoln. If you read any of Lincoln's history, you will find that he failed at several businesses. He ran for public office and lost more than once. He had two nervous breakdowns. He married a crazy woman and then he was elected President (not because of the crazy woman). He is known as one of the most influential people in American history. My other favorite is a speech given by Winston Churchill to a group of graduates one year at a university. The crowd was in quiet anticipation of the words of wisdom to be bestowed by Churchill. He stepped up to the podium and began his speech. "Never, never, never give up!" ...and he sat down. Nuf said.

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# Always leave them wanting more

**By Mona Dunkin**

Google gives several speculations as to who coined the phrase "leave 'em wanting more." Some say it started with show business. If your audience wants more, they will be repeat customers. Regardless, the underlying message suggests stopping while you are ahead. Or stop in order to get ahead. To give too much renders one under-appreciated.

TMI (too much information). To unleash excessive information on another may put you in a bad light. Too much complaining, even if valid, makes you appear petty. Too many details, even if you are passionate, become boring to those with a cursory interest. Too much self-depreciation makes others uncomfortable. Too much self-aggrandizement spurs companions to the exit door.

TMT (too much time). Time is a valuable gift life has given to each of us. How we use it is our gift



**Mona Dunkin**

to others. Giving too much time to a project can produce undue stress. Giving too much time to an individual can breed discontentment. Taking too much time to make a decision can leave one either behind or stuck.

TMS (too much stuff). Giving can be a touchy subject. When gifts are forced, the giver is often resented. How many toys do the grandkids need? Or even want? When gifts are thoughtless they are

often under-appreciated. Is your giving in keeping with what you want to give (i.e. want them to have) rather than what the recipient wants to be given. Are you are willing to give what the recipient prefers even if it is not to your liking? Or does it become something to be hidden and displayed only to appease guilt?

TMH (too much help). Reaching out is a noble attribute and can be an excellent way to show that

you care. From the giver's standpoint, the help may be minimal, but from the receiver's view, it may be a boundary breaker. Harmony in knowledge and skill sets renders a pleasant exchange. Ask politely before jumping in and doing. If part-way through tension suggests too much, graciously stop without offense.

Psychiatrists Carl Jung said that others are mirrors reflecting us back to us. When you sense ten-

sion from another, allow that to mirror a need to self-evaluate one's own approach. In what ways might you be on the verge of "too much"? Project a little mystery. Not to be difficult, just to be less predictable. It's to "leave 'em wanting more."

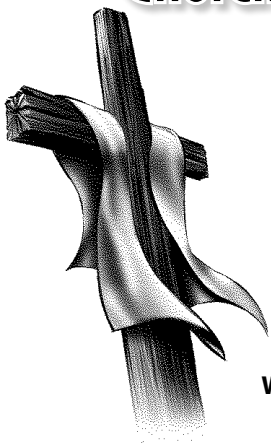
*Mona Dunkin, owner of Solution Principles, is a professional speaker, trainer, and personal success coach. mona@solutionprinciples 254-749-6594*

## Temple of Christ Church

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**Sunday Evening**  
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# Stick it Where the Sun Shines: Easy Tips to Healthy Skin

(NewsUSA) - Sun exposure is the main cause of skin damage including premature aging and skin cancer. According to the Skin Cancer Foundation, one in five Americans will develop skin cancer in their lifetime. Protecting your skin on a daily basis from ultraviolet rays doesn't have to be difficult and can avert future skin damage. Keep in mind a few tips that will help to protect your skin while you are enjoying the sun.

**Tip One:** Use a sunscreen with SPF 15 or higher every day.

Although most people know that sunscreen is an essential part of sun safety, many do not know how much sunscreen is necessary or how frequently it should be reapplied.

It's important to apply at least one ounce of sunscreen to your entire body 30 minutes before going outside. Look for facial and body moisturizers containing SPF 15 or higher. Be sure to reapply every two hours, and look for a broad spectrum sunscreen with ingredients including zinc oxide, titanium dioxide, mexoryl or avobenzone.

**Tip Two:** Wear Sun-Protective Clothing.

Research shows that clothing may be the most effective way to protect



**Kathy Washington**

against skin cancer while in the sun. Like sunscreen, apparel can be rated for its sun-protective ability. This rating for clothing is called "ultraviolet protection factor," or UPF. When shopping for specially formulated sun-protective clothing, look for tightly woven products that feature a minimum UPF 30 and have received the Skin Cancer Foundation Seal of Recommendation.

Columbia Sportswear is the first global company to receive this coveted seal, for its Omni-Shade apparel line. Offering more than 140 UPF-rated products for men, women and children, the products ensure safe and effective protection against damaging UVA and UVB rays.

**Tip Three:** Keep a hat and UV-blocking sunglasses on hand.

While sunscreen and sun-protective apparel are key to sun safety, it's also important to pay special attention to delicate areas like the neck, ears, scalp, face and eyes. Make sun protection easy by keeping UV-blocking sunglasses and a hat on hand. Columbia Sportswear's Duck Key Booney hat features UPF 50 and is perfect for the beach, fishing, or a day hike.

Enjoy the sun safely this season by following these easy tips and visiting [www.columbia.com](http://www.columbia.com) for more information about all of Columbia's UPF products and [www.skincancer.org](http://www.skincancer.org) for additional skin cancer information.

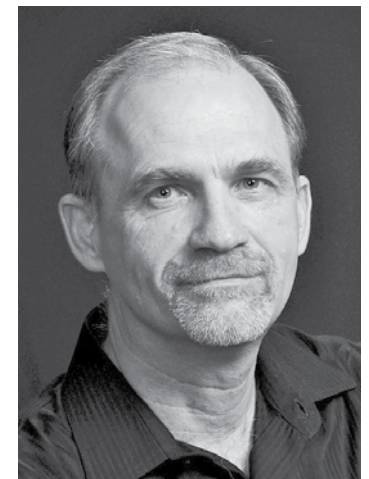
*Beauticontrol is an International skin care, cosmetics, health and image company. For the very best products in skin care for the face, hands and body, let Beauticontrol consultant, Kathy Washington, spa la la you. Washington is available for one-on-one consultations as well as individual and group spas. She has skin care products for men as well. Call Kathy Washington, the Spa Lady, at 254-498-6966 or visit her website at [www.beutipage.com/kathy-spalady/](http://www.beutipage.com/kathy-spalady/).*

## What you need to know about uninsured drivers

**By Robert Humphrey**

There are a lot of drivers out there who may not have car insurance. Available statistics range in excess of 15% for uninsured/underinsured drivers on Texas roads. What if one of them crashed into you? You might have a legal right to take them to court and seek repayment for your losses. But there is no guarantee you will win or that they have the money to pay you back.

The good news is there is a coverage available to protect you from drivers with no insurance. Uninsured/Underinsured Motorist Coverage can help you in this situation. This coverage is divided into two parts: Bodily Injury and Property Damage. Bodily Injury provides coverage for your injuries or death, or those of our passengers or family members driving your car if it is hit by a driver with little or no insurance. Property Damage provides coverage specifically for damage to your car or property under



**Robert Humphrey**

the same circumstances.

Both coverages are determined based on maximum limits you select with the help of your agent. If you want to be protected from uninsured or underinsured motorists, contact an insurance agent like us that is both caring and knowledgeable. We will help you choose the right protection that gives you the most for the best value.

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# Jesus Christ - Our great problem solver

**By Pam Turner**

One of my favorite books in the Bible is Paul's writings to the Romans. The theme of this epistle is the righteousness of God. In Romans 1:17, man is restored to a right relationship with God, which came from our Creator, Jesus Christ. We are justified by our faith and belief that Jesus paid the ultimate price for our sins at Calvary. In Romans 8: 33-34, God has declared us righteous and will not condemn us. Jesus has died, but was raised to life and is at the right hand of God and is our intercessor; Jesus lives for us so that we will not be condemned. Grace in its fullness, being pardoned from our sins, receiving mercy when we deserve to be punished. In other words, Jesus will not allow sin to separate us from his eternal love for us. However, let me explain that there is no excuse for rejecting God's



**Pam Turner**

Word, Jesus Christ, and living in eternity separated from this great love.

I love so many verses in God's word, and Romans 8 has several of my favorites. Verse 38-39 have to be the absolute best. "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in

all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord."

My commentary explains nothing in the universe is outside God's control; therefore, nothing (including ourselves) can separate us from His eternal love. Jesus loves us so much, He limited himself to a human body and suffered pain beyond belief so that we could stand before God and be righteous. He completely understands mankind and our short comings.

I believe that the Bible is God's divine word to us, and it's His way of showing us truth and God being a God of truth will judge those who reject his word. Chapter 1, verse 20 tells us God's characteristics that distinguish him from all others are his eternal power and divine nature. The things that are created by God reveal this to man, and if man rejects this

truth he is without excuse, and man will spend eternity without God. John 1:1-3 reads "In the beginning was the Word, and the Word was with God and the Word was God. He was with God in the beginning. Through Him all things were made; without him nothing was made that has been made." Again my commentary explains that before time began Christ was already in existence with God. Verse 3 tells us Christ was active in the work of creation, so this tells me Jesus also has the characteristics of eternal power and a divine nature. He came to earth as God's Word to all mankind, living in a human body and John 14:6 tells us Jesus is the way, the truth, and the life. This is why I believe there is no excuse for rejecting our creator Jesus Christ.

So if you reject Christ and what He died for, refuse to thank Him for dying at

Calvary for you and asking for His cleansing blood, then Romans 1:20 says you will be without excuse. You are rejecting God's WORD, Jesus Christ. But the good news is you can except Jesus and live under verse 1:17 and be righteous, share in chapter 8:34 and Jesus will be at God's right hand intervening for you, Jesus is the way, and as in verse 38-39 nothing will separate you from the love of Christ.

Jesus has placed a desire in my heart to see as many of his children, His creation except the

Price he paid for us, and I feel very inadequate to get this message to anyone. My prayer is this short message will show you how much Jesus truly wants to spend eternity with you. May God truly bless you for taking the time to read this message.

*Pam Turner is a free-lance writer.*

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# Welcome to Bruise and Band Aid Season



Jennifer Snyder

**By Jennifer Snyder**  
The time has come: Annual Band Aid Season! This is when our kids are outside on the bikes, walking exotic trails, climbing trees and generally putting themselves in harm's way. Whenever harm happens

you want to be able to access your feel better supplies (read: first aid kit) as quickly as possible. So in honor of Band Aid Season, let's organize our medicine cabinets.  
Location, Location, Loca-  
tion! Once our grandparents kept everything in the little box behind the mirror in the bathroom but modern culture maintains the kitchen is the

See Snyder Pg. 9

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ANSWER KEY IS ON PAGE 3

## Second Sunday Pro-Life Gathering

August 10, 2014



### Ruby McCray

is our special guest speaker at 1:30 p.m.  
"Children Are a Gift from God"

Ruby McCray is an Evangelist and founder of Cities of Refuge Ministries. She writes a monthly essay for *Anchor News*.  
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by Fan Minnitt

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SNYDER

Continued from page 8

most convenient place. I recommend medications taken orally be kept in the kitchen – where food-grade cleaning is consistent. External-only type of items can be kept in the bathroom. I have found that this is the easiest way to prevent

accidentally taking something that shouldn't be. (Don't ask!) Also, if you have a very large or multilevel home, keep a kit upstairs and down. The benefit of this is twofold. First, what you need will always be nearby, and second, if you run out in one kit, you can borrow from the other in a pinch. Stock it up! Know what you need and make sure you have it. Create a list of items that should always live in your care

kit. This would include things like anti-itch cream, antibiotic ointment, Band Aids, etc. Keep your kit in a clear plastic container and tape or glue your list to the lid. I like to write such lists on pretty scrapbook type paper just to make myself happy. Be sure to label your kit. Medications can be kept in a basket without a lid. Imag-

See Snyder Pg. 13



**BUYING A HOME IN THE WACO AREA THAT NEEDS SOME TLC?  
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# God's word is true - "My grace is sufficient for everything"

**By Matthew Reed**

This article is written to help the Christian brother or sister that is struggling with sin and sinful nature to stand. If you are struggling with some sin don't give up. The world will call you a hypocrite because they have rejected and are ignorant to God's word and his way's. As for me I am certainly not going to let anyone talk me out of my salvation.

2 Corinthians 12:9 |And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.

The church of that time boasted in their righteousness as some do today. Paul came to understand that the power of Christ to remiss and cause forgiveness of sin came only to those who understood that they were guilty.

Works of the flesh can never satisfy God. That thing that you are struggling with may just be the thing that is keeping you from being lifted up in pride. Realizing that we are guilty we come to see that we need Christ. At this point his power to save comes to rest upon us. We have heard people say, "I have never done that," looking down on some other's sin such as homosexuality, not understanding that any sin will send us to hell.

There are some that live just well enough that they never come to realize that they need Jesus. To those of us that believe and want to be saved guilt brings forth the fruit of the lip, praise, thanksgiving and worship. Pride is not of the kingdom. Thank God for his grace that is accessed through Christ Jesus. Romans 5:1 says Therefore being justified by faith, we have peace with God through our Lord Jesus Christ:2: By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God.

Once again it is only when you recognize that you need God's grace and you understand that faith in Jesus Christ is the only way to access this grace, will the power of Christ to cleanse, make whole and save rest upon you. This scripture teaches us how to obtain or enter into

this grace. There is no other way. Proverbs 4:7 [Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding].

As we speak to the significance of God's grace, it is important to focus our attention to understanding the scriptures. As we discuss the topic of grace it is necessary that we rightfully divide and apply the scriptures. In Romans 5:2 we understand it is in the grace of God that we stand and have a right to the promise of God. It is not by works. Works of obedience



**Pastor and Mrs. Reed**

are a manifestation of one's faith (Luke 6:46 And why call ye me, Lord, Lord, and do not the things which I say?) James 2:18 Yea, a man may say, Thou hast faith, and I

have works: show me thy faith without thy works, and I will show thee my faith by my works.

This is a good time to point out that the homosexual, thief, whoremonger, unbeliever, hater, liar and any other sinner can be saved. You must accept Jesus as your Lord and Savior. If Jesus is your Lord you will be repenting and confessing your faults. At that point the power of Jesus will rest upon you and by the grace that you have accessed through him you will stand (be right)

before God.

There is no condemnation in Christ Jesus, only grace to salvation. The church must not allow the media to define it as an entity of condemnation. That is why we cannot align ourselves with Republicans, Democrats or any other group that represents something other than the will of God. We have a higher calling. We can't afford the pettiness that these people have entered into. Be saved and realize we have a higher calling and execute that calling.

## THOMAS

Continued from page one

children involved in sharing and volunteerism.

The Collaborative Community Back to School Bash is scheduled to take place from 9 a.m. to 2 p.m. at Carver Park Church, 1020 Herring Ave. For more information call (254) 584-9982 or (254) 799-2766.

About RTD: Road to Da-

mascus is a resource center and transitional home that targets kids ages 11-18 who have behavioral problems. RTD's mission statement is to implement spiritual solutions through Christian interventions so that youth will become empowered, independent, and law abiding citizens.



**Samiyah Morgan enjoys a day of volunteerism at last year's bash.**



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Linda McDonald, ABR



# Project VIER Coalition registers area voters



Project VIER Coalition registers voters last month during Juneteenth celebrations in Waco.

The Project VIER Coalition was out in force during the Juneteenth Celebrations in Waco. The group registered voters at the Cen-Tex African-American Chamber of Commerce's celebration at Indian Spring's Park on Saturday morning while on that evening Project VIER volunteers waded into the 5000 plus crowd

attending the Juneteenth Family Fun Day at Cameron Park East to explain the importance of voting and to persuade people to register.

The Project VIER Coalition is a new initiative of the Waco McLennan NAACP to bring together fraternal, sororial, civic, and masonic organizations concerned with social justice. "The NAACP

has a history of working collaboratively with other like-minded groups to accomplish its goals," asserted Peaches Henry, a member of the local NAACP chapter's Social Action Committee. "We saw the work that local groups were doing individually and thought that work could be multiplied if we found a way to combine our efforts," Henry continued. So she invited organizations to come together to combine their knowledge, man- and woman-power, resources, and passion to educate McLennan County citizens about their voting rights and responsibilities.

The response to Henry's call has been strong. The League of Women Voters, Alpha Phi Alpha Fraternity, Alpha Kappa Alpha Sorority, Delta Sigma Theta Sorority, Omega Psi Phi Fraternity, Act Locally, the Community Race Relations Coalition, and the Cen-Tex African-American Chamber of Commerce joined the coalition which, said Henry, is nonpartisan, diverse,

and multicultural and welcomes other organizations to join. According to Scheherazade Perkins whose sorority, Alpha Kappa Alpha, was among the first to join Project VIER, "None of us is as strong – as wise – or as influential – as all of us. When like-minded people with a passion and a common purpose come together, that can be a powerful force for change." Alpha Phi Alpha Fraternity member Tony Stewart declared that "political awareness and empowerment is key to any community's success and development. You have to get involved to make a difference." Perkins describes the coalition as "a passionate, purposeful group of professionals, who have put aside their few differences to unite for a common purpose."

That purpose is to ensure that all people have the privilege of expressing their voice through the vote. All coalition members are committed to making sure that every citizen is informed about his or her voting rights

but especially those whose rights are currently under attack—minorities, seniors, students, and the poor. The group intends to provide voter identification information, education, and registration (VIER). Jo Welter of the Community Race Relations Coalition asserted, "The VIER project has the potential to really change things in our Waco community in that registering to vote is one way to engage in our community. Voting itself makes a difference in who is elected to represent us, and who represents us makes a difference in many areas of our lives. This is a step toward justice."

"Project VIER's mission of education is a vital one. Registration is central but educating our citizens on the importance of voting is extremely crucial. There is a history, I believe, that many have forgotten about—a history of the struggles of people who fought and died for the right to vote. It is only the educating of our citizens

**See Project VIER, Pg. 12**

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## PROJECT VIER

Continued from page 11

that will bring the urgency to vote!" declared concerned citizen Erica C. Johnson. Project VIER will work to explain the voting process for people. "For instance," explains Henry, "many ex-felons are unaware that they have the right to vote as long as they have met all the requirements of their incarceration, parole, or probation; that is, are 'off-paper.'"

Registering voters during the Juneteenth weekend was Project VIER's first event. The coalition's upcoming projects will include registering voters at the 2014 Back-to-School Bash on August 16, block walks to register voters this summer, participation in National Voter Registration Day on September 23, and voter education events throughout the fall. According to Henry, Project VIER will target potential voters for the long-term, letting them know that being responsible citizens is a lifelong commitment that touches every aspect of their lives and those of their children and generations to come.

*Organizations interested in joining the Project VIER Coalition and individuals interested in volunteering should visit the Waco McLennan NAACP's Facebook page.*



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# Targeting obesity with Chiropractic care

(NewsUSA) - You'd think that with the thousands of weight-loss products and treatments on the market today, more than 140 million Americans age 20 and over wouldn't officially be considered overweight or obese. Wellness and fitness expert Shea Vaughn says there may be an overlooked solution that could provide help for those struggling with their weight.

"We know chiropractic care helps patients with many physical ailments," says Vaughn, "but it also represents a proactive ap-



Dr. Shamonica Trunell-Morgan

proach in helping to relieve stress. And research shows hormones are released that increase appetite and that our bodies may process food differently when we're under stress."

As the much-praised creator of "SheaNetics" -- a holistic lifestyle practice blending the best of Western and Eastern practices -- Vaughn believes chiropractic treatments are key to both body fitness and overall wellness. She personally visits a chiropractor to keep herself in balance.

"Along with adjustments," she explains, "we can also counsel patients on their diets -- what to emphasize, like fruits, vegetables, whole grains and beans. And, of course, what to reduce -- like processed foods, sugar, soda and fats."

As a nation, we're in a fight against obesity, and

chiropractic care could be the weapon that helps combat the battle of the bulge. For more information, visit [www.yes2chiropractic.org](http://www.yes2chiropractic.org).

*Hillcrest Chiropractic Clinic is located at 3500 Hillcrest Drive, Suite # 8. Call 254-754-4000 to schedule your appointment and to take advantage of any monthly specials available.*

## SNYDER

Continued from page 8

ine struggling with a lid when experiencing a migraine. Label your baskets by type: Cold & Allergy, Vitamins & Supplements, Stomach & Digestive, and Prescription Medications. These can be kept in a drawer or cabinet, whichever is most

convenient. If you have small children it is helpful to keep a dosage chart for regularly administered medications. Type it up and make it look nice so that everyone (including your spouse) can read it.

Be Diligent! Regularly check your stock levels and expiration dates. You might not die from taking expired Benadryl, but you might. Seriously, medications lose their

efficacy over time and what is the point of taking Advil if it won't help the headache? Check weekly for low quantities and monthly for expired items. Don't forget your sun block; it expires very quickly!

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# Will the real true Christian please stand up? Part 2

By Ruby McCray

Allow me to begin by posing the same question to you that was posed to me some years ago. If you were carried to a court of law for being convicted of being a Christian, will there be enough evidence found against you to prove you guilty without a reasonable shadow of doubt? Let me take this a step further! Will your spouse and children convict you as guilty of being a Christian? What would your verdict be from your classmates, neighbors and co-workers?

Please read part one so that you will be better prepared to understand this teaching.

I don't watch secular television—not even the news because I don't trust any of it—not even the commercials. We are admonished to be careful about what we see, hear, eat, drink or do (Job 31:1; Psalm 101:1-8; Matthew 5:27-30; 1 Corinthians 10:31; Colossians 3:17). When I check my Email on Yahoo, I am able to select what I read and view; however, what they want you to really see will always be 'in-your-face.' We are constantly bombarded with the gay agenda now—trying to see how the Christian community is adapting to it. How are we or if we are accepting rights for gays—including same-sex marriages, adopting children, etc. If so, what is the percentage? They are trying to keep it in your face so that it will become common-place and accepted as normal. You and I have nothing to say about anything if it's not backed up by the Word of God (Isaiah 55:8, 9).

What would you think about me if I happened to drive by your house around midnight and see a small fire on the corner of your house? I know that you, your wife and children are asleep and don't want to be awakened. After all, it's just a small blaze at the bottom corner; it's not hurting anything. I see a water hose connected to a hydrant and can easily put it out, but you may be upset if I'm on your property without permission. As I contemplate, the fire begins to grow. By the time I call 911 and the fire department arrives,



Evangelist Ruby McCray

your house is engulfed in flames. You have second and third degree burns all over your body. Your wife, children and dog die, and your house is burned to the ground. After you spend several months recuperating, left blind in one eye and unable to walk, someone tells you that I saw the small blaze in the beginning and finally called 911. What would be your reaction? Think of all Christians as being spiritual fire extinguishers.

I read that Dr. Benjamin Carson and the Reverend Franklin Graham had been scheduled to be guest speakers at events but were both canceled because of their Christian stand for marriage between one man and one woman. We have to remember that we were warned that the day would come when good would be reviewed as evil and evil as good (Isaiah 5:20). People would get to the place where they would rather hear a lie than the truth (1 Timothy 4:1, 2; 6:4, 5). No matter what, we are commanded to tell the truth whether people want to hear it or not (2 Timothy 4:1-5).

I read that the twins, Jason and David Benham's, TV show was canceled because of their stand for traditional marriage and abortion. All these individuals, including Phil Robertson, reiterate their love for gays and want them to repent and be born again. I know I love gays and have some very close relatives who are living that lifestyle, but they know where I stand, and they know that I love them. I've given them Scriptures showing

that they were not born gay any more than they were born a murderer, alcoholic, adulterer, fornicator or a witch. Those are all learned behaviors; that's why we have to be so careful of what we feed—spiritually. By being born again, one becomes a new creation in Christ Jesus, and that old nature dies (Romans 6: 1-23; 2 Corinthians 5:17). I tell them that I just don't want to be in heaven without them.

I don't only have close gay relatives; I have close relatives who are unwed

mothers and fathers. Sexual sins are running rampant, but the gay agenda is what's being pushed the hardest; that's why I'm targeting that sin now. Society sees the single parent as the norm; however, I remind you that we should only say what God has already said about everything. Yes, they all can be forgiven and cleansed from unrighteousness just as I have been forgiven and cleansed (1 John 1:8-10). But one has to leave the lifestyle of sin and not practice it any longer (1

John 3:1-24).

From November 2003 until March 2004, I wrote five articles, "Did God make me this way?" I plan to use some of those Scriptures to show this decade that He didn't. You may not believe me, but...just what if I'm right?

Evangelist Ruby McCray is the founder of A City of Refuge Ministries. For questions or comments write to A City of Refuge Ministries, P. O. Box 2025, Waco, Texas 76703 or e-mail [rubbyacorm@yahoo.com](mailto:rubbyacorm@yahoo.com).

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# Don't get blindsided by lack of disability insurance

(NewsUSA) - Many Americans would be in deep financial trouble if they suddenly couldn't do their job due to illness or injury. According to a recent survey conducted by LIFE Foundation, 70 percent of working Americans say they would only be able to budget for one month or less of unpaid vacation time before everyday expenses would force them to go back to work.

The Society of Financial Service Professionals (FSP) urges all Americans to think about what would happen if they couldn't return to work within a month. Important bills are likely to get pushed aside, and debt can begin to build.

Unfortunately, this happens all too often. According to a 2005 study conducted by Cornell University, nearly 12 million Americans with work-related disabilities are unemployed. According to the same survey, 4 million Americans who are unable to work due to disabilities live in poverty.

Many Americans think of Social Security as the solution. However, one must usually be severely disabled to qualify, and payments



Richard Kruger

can sometimes take up to six months to begin. Social Security benefits rarely cover the cost of living in today's economy. With one in 13 working-age Americans reporting work-related disabilities, chances are that you or someone in your family could someday face this tough situation.

If Social Security isn't enough, what other options are there? Disability insurance could be the answer. With disability insurance, you could receive up to 75 percent of your previous income depending on your occupation, age and medical history and ensure that you and your family don't become another statistic.

Disability insurance has a wide range of benefits, including safe-

guarding against policy cancellation before the age of 65, residual payments that keep paying if you return to work at a reduced wage and waiting periods as short as 90 days before payments begin.

You can choose whether to cover only your current occupation or any occupation and can even guarantee that you can buy future coverage, regardless of medical

insurability. These options are chosen by the insured and allow for each person to choose the perfect plan for them and their family.

Best of all, when you not your employer y the premiums, your income is tax-free, meaning the IRS can't garnish your benefits.

In the end, you and your family may find it difficult to survive if you lose your ability to earn

an income. Disability income insurance either as primary or supplemental coverage offers a viable alternative to ensure you and your family have the necessary financial security to survive.

Call your State Farm Agent, Richard Kruger, for your long-term and disability insurance needs. 254-776-4593. See the State Farm ad in this issue.

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McLennan Community College is offering a new class in creating a visual journal.

Gabriela Gatlin Community Programs Coordinator  
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