

THE Anchor News

OUR ANNUAL EDUCATION ISSUE

Celebrating 13 Years!

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Spirited vice president leaves legacy at MCC

BY LISA WILHELMI

After seven years at Drake State Technical College in Huntsville, Alabama, Alvin "Al" Pollard was comfortable in his position as Dean of Technical Education. But, after interviewing at McLennan Community College, he knew his world and career were about to change forever. "The campus and people were very impressive. Everyone was very cordial and nice. I knew it would be a challenge, and I had some anxiety about taking the position," says Pollard.

In 1973, Pollard accepted the Dean of Technical Education position at this newly established community college on a serene, beautiful campus in north Waco, and moved to Texas with his wife, Luwenda and son, Alvin Jr. (Avery, their second son, was born in Waco.) It was a long way from his hometown of Biloxi, Mississippi, but it would become



ALVIN "AL" POLLARD

home to Pollard and his family for over 40 years.

Pollard is currently Vice President of Program Development, Equal Employment Opportunity (EEO) Officer and Title IX Coordinator at McLennan.

He has worked alongside all three college presidents and holds a wealth of historical information about the College and Waco. Even more valuable is the mentoring Pollard has offered to college professors, administrators and students.

Growing up in segregated Biloxi, Pollard had humble beginnings. He held various jobs as a young man in the vacation town on the southern beaches of Mississippi. His parents and teachers obviously saw a wealth of potential and encouraged him to attend college. "The teachers called me 'prof' because they said I would be a college professor one day."

As a junior in high school, Pollard attended a recruiting event at Tennessee State University in Nashville, where he saw a beautiful campus with students going to and from

See **POLLARD** pg. 14

12-year-old author speaks about how our brain REALLY functions

BY KOSI ENELI

Ever wondered how your brain functions? Have you pondered why kids don't like learning? Well the two subjects are intertwined. According to renowned cognitive scientist, Daniel T. Willingham, the way our brain is structured is to avoid thinking. Surprising, but it's true; brains are structured to avoid thinking unless necessary. Our brain is mainly structured to do the incredibly important things like moving and seeing. This doesn't help much either because according to studies kids don't like school because they think of it as a prison, it really is. Kids are forced to go to school for the first 18 years of their life, follow all the rules or be punished. In some people's eyes this is worse than prison. But how can you get kids to like learning, when they think of school as a prison and our brain isn't functioned to think in the first place?



KOSI ENELI

Based on research, a larger part of our brain is used for memory storage than for thinking. This is why teachers try so hard to get stuff into kids' memories, not clutter thinking, so that kids are more likely

to remember. Kids need to think and process things not just instantly have it stuffed into memory. They need to process the information first. Repetition is

the key to getting that processed information taking up precious space in thinking space into memory. A lot of times

people think they are thinking, but really they are just retrieving information from their memory to solve the problem. Then, it is less work for them because they already have it stored inside and just have to retrieve it when they need it.

Studies also show the best way to trigger the thinking system is to create something appealing to the mind. For example, kids are motivated to do a lot of things like shopping, playing sports and hanging out with friends. But, not school like most parents would like them to be. If you want kids to take an interest in learning make lessons that appeal to their interests and then you've got curiosity. When it comes to getting kids to learn the key is to captivate them making them curious

See **ENELI** pg. 4

Waco NAACP awards scholarships at banquet

BY PEACHES HENRY

At its annual scholarship banquet on May 7, the Waco NAACP awarded the inaugural Rev. Robert Gilbert Scholarships and the Dr. Mae Jackson Continuing Student Scholarship. The Robert Gilbert Scholarships were awarded to graduating seniors attending a junior college and a four-year college or university while the Dr. Mae Jackson Scholarship was awarded to a student currently enrolled in a college or university. The scholarships were named in honor of Waco citizens whose lives exemplified the theme of the banquet—"The Impor-



FRED COREY ROBERTS

tance of Education in Keeping the Dream Alive." Both Rev. Robert Gilbert and Dr. Mae

Jackson valued education and used theirs to work on behalf of their community.

The recipient of the Robert Gilbert Scholarship for a senior attending a junior college was Davia LeBlanc who is a graduate of Midway High School. A member of the yearbook staff, Davia received the Panther Pride Award for outstanding academic performance. She is active in her church where she serves as a Sunday School clerk, youth usher, and choir member. She was a member of the National Society of High School Scholars. As an active

See **BANQUET** pg. 8



J.L. AND LINDA CRAWFORD

A co-owner of *The Anchor News*, J.L. Crawford is the director of operations for the paper. He is also an instructor at McLennan Community College, a Bible teacher, and a LegalShield Independent Associate. Linda Crawford is co-owner and editor of *The Anchor News*. She is an instructor at McLennan Community College, a Bible teacher and a conference, workshop and motivational speaker.

13th Anniversary...

Thirteen years ago, on August 5, 2002, we printed the first issue of *The Anchor News*. We used a 1981 Mac that was the size of an 8 X 11 1/2 sheet of paper. It had no spell check and no Internet. We pasted pictures, headlines, and articles to over-sized journalism pieces of paper, and we hand delivered every page to *West News* in West, Texas, usually by 6:00 a.m. before our regular workday started at 8:00.

That newspaper was really bad, so filled with errors, so filled with every kind of mess-up that you can think of. Still, you read it, you supported it, you kept it around for 13 years! Please enjoy our 2015 Anniversary/Education Issue. Please wish *The Anchor* Happy Birthday when you see her.

Midway students earn AP Scholar Awards

The College Board's Advanced Placement Program® (AP®) provides willing and academically prepared students with the opportunity to take rigorous college-level courses while still in high school, and to earn college credit, advanced placement, or both for successful performance on the AP Exams. About 22 percent of the 2.2 million students worldwide who took AP Exams performed at a sufficiently high level to also earn an AP Scholar Award.

The College Board recognizes several levels of achievement based on students' performance on AP Exams.

At Midway High School:

One student qualified for the National AP Scholar Award by earning an average score of 4 or higher on a five-point scale on all AP Exams taken, and scores of 4 or higher on eight or more of these exams. This student is Jesse E. Watters.

Twenty students qualified for the AP Scholar with Distinction Award by earning an average score of at least 3.5 on all AP Exams taken, and scores of 3 or higher on five or more of these exams. These students are Jacob W. Bell, Ryan Boldt, Yingxin Chen, Camila M. Conde, Monica A. Corley, Riley J. Gardell, William B. Gorman, Dax Hawkins, Anthony D. Hejduk, Yuchen Hua, Lauren A. Marchewka, Ian W. McLean, Josey Meyer, Mikeal Parsons, Michael A. Polk, Kendall A. Prather, Zachary M. Scott, Sarah C.

Sepanski, Jesse E. Watters, and Haonan Wu.

Twenty-four students qualified for the AP Scholar with Honor Award by earning an average score of at least 3.25 on all AP Exams taken, and scores of 3 or higher on four or more of these exams. These students are Nirupama T. Ancha, Benjamin L. Barker, Andrew C. Bender, Abigail G. Bennett, Bruce K. Chang-Gu, Samuel F. Diaz-Granados, Devin K. Gary, Kylie J. Greenley, Maya C. Johnson, Caroline P. Kutach, Amanda G. Lapes, Dylan Moore, Duncan R. Nichols, Dhruv R. Patel, Quan M. Pham, Courtney E. Priebe, Marshall T. Rogers, Scott R. Shero, Stephanie Stringer, Elaine C. Sury, Benjamin Tandy, Sarah G. Tang, Clive J. Unger, and Joseph F. White-Swift.

Forty-one students qualified for the AP Scholar Award by completing three or more AP Exams with scores of 3 or higher. The AP Scholars are Ariana Abshire, John H. Alexander, Kaci M. Allen, Mia K. Ayer, James J. Bartz, Alejandro Batista-Martin, Austin A. Burrell, Briana L. Burt, Harmony A. Carroll, Natalie C. Chamness, Haen Choi, Kaitlin E. Coley, Christopher J. Curry, Clifford G. Curry, Jose A. Diaz, Mikhayla A. Evans, Mattie M. Green, Connor A. Griffin, Yen K. Hoang, Joseph W. Howard, Tooba Ikram, Kylie E. Keele, Edward S. Kim, Wenxin Li, Molly T. Majors, Hugh E. McCormick, Carson McDonald, Elyse C. Meyer, Andrew Mills, Marilyn Morris, Melton Morris, Emily C.

North, Matthew Q. Parsons, Joel C. Petersen, Lauren M. Sanders, Dustin Sanford, Andrew Stephens, Jordan Turner, Caroline Wills, Jacob I. Wright, and Mingqin Xu.

Of this year's award recipients at Midway High School, thirty-three are juniors: Nirupama T. Ancha, John H. Alexander, Mia K. Ayer, Benjamin L. Barker, James J. Bartz, Andrew C. Bender, Natalie C. Chamness, Bruce K. Chang-Gu, Haen Choi, Christopher J. Curry, Mattie M. Green, Kylie J. Greenley, Anthony D. Hejduk, Joseph W. Howard, Yuchen Hua, Maya C. Johnson, Tooba Ikram, Kylie E. Keele, Amanda G. Lapes, Molly T. Majors, Elyse C. Meyer, Dylan Moore, Duncan R. Nichols, Emily C. North, Matthew Q. Parsons, Dhruv R. Patel, Joel C. Petersen, Marshall T. Rogers, Lauren M. Sanders, Dustin Sanford, Scott R. Shero, Jordan Turner, and Clive J. Unger; and one sophomore, Edward S. Kim. These students have one more year (or two) in which to complete college-level work and possibly earn a higher-level AP Scholar Award.

Through 34 different college-level courses and exams, AP provides willing and academically prepared students with the opportunity to earn college credit or advanced placement and stand out in the college admission process. Each exam is developed by a committee of college and university faculty and AP teachers, ensuring that AP Exams are aligned with the same high

standards expected by college faculty at some of the nation's leading liberal arts and research institutions. More than 3,800 colleges and universities annually receive AP scores. Most four-year colleges in the United States provide credit and/or advanced placement for qualifying exam scores. Research consistently shows that AP students who score a 3 or higher on AP Exams (based on a scale from 1 to 5, with 5 being the highest) typically experience greater academic success in college and have higher college graduation rates than students who do not participate in AP.

The College Board is a mission-driven not-for-profit organization that connects students to college success and opportunity. Founded in 1900, the College Board was created to expand access to higher education. Today, the membership association is made up of over 6,000 of the world's leading educational institutions and is dedicated to promoting excellence and equity in education. Each year, the College Board helps more than seven million students prepare for a successful transition to college through programs and services in college readiness and college success — including the SAT® and the Advanced Placement Program. The organization also serves the education community through research and advocacy on behalf of students, educators and schools.

THE Anchor News



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PURPOSE

The Anchor News, dedicated to serving the community and surrounding areas, focuses on positive news and accomplishments of minorities.

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The comments and opinions of our readers are welcomed. Letters

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School days, school days - good ole golden rule days

BY MONA DUNKIN

The year was 1960 and my life was interrupted. We sold our cattle and chickens. We found loving homes for our pets. We locked the doors of the house for the first time ever. We kissed family and friends good-bye. We left the lush rolling hills of West Virginia.

Without fanfare, my parents and I – looking somewhat like the Beverly Hillbillies – packed up Daddy's white 1954 Chevrolet truck and moved 1200 miles to Waco, Texas.

Perhaps the greatest culture shock was going from a small one-room school house - where one teacher taught grades one through eight (and we had all been classmates since birth) – to a huge two-story-multiple-classroom-multiple-teacher Junior High School of 500 kids. All strangers.

The natives were not so friendly. They made fun of my back-woody vernacular. They laughed at my long hair slicked back into a bun. They sneered at my best flour-sack dresses. Although most of us were of English origin, we did not speak the same language. They had never heard of soup beans or pop. I was offered soda water and my stomach was not even hurting.

Back home I had been in the elite group at Lick Creek School, Lick Creek, WV. Actually, all 23 of us were in the elite group. That extended family atmosphere bound us together like few things can.

We studied together and played together and rode the bus together and adventured together and occasionally argued together. All ages were on the same team whether playing tag or marbles or softball. Oh sure, we would divide up, and sometimes that was scary to be the last one chosen. But even though I was

told that I ran like a cow, they still let me play.

We jumped rope and played hopscotch while rhyming in cadence: First comes love. Then comes marriage. Then comes Jane with a baby carriage.

The creek that bordered Lick Creek School was a constant source of fun. In the spring and summer we waded, caught minnows and turned over rocks to unearth crawfish. In the winter we skated. No, no one had ice skates. Any kid with a little determination can scuff-off the tread of snow boots until they are slick as ice. Thankfully, as the youngest in the family, my yearly hand-me-downs were already a little worn.

If the creek was not frozen solid enough to hold us, the sidewalk was. Two minutes before the bell rang, we lined up at the one-armed pump house for a dipper full of ice water. Oh sure, we need a drink after so much skating, but more importantly, we needed to maintain the skating rink. (Take a sip, pour remainder on walk, refreeze before next recess.)

We took field trips. Where did we go? We went out into the fields.

We learned birds; their colors, their songs, their names and their nesting, eating and migrating habits. We learned trees and shrubs and weeds; how they benefited or harmed mankind and animals. We observed wildflowers, berries and animals. We watched the sky and knew cloud formations and the meaning behind their colors and signs of when to plant or harvest.

We did book learning too. We learned our numbers and letters and how to use them effectively (without verb conjunction or misplacing modifiers). We would read history and then go out to recess and recreate what we had been taught.

From our wall map we knew



MONA DUNKIN

world geography better than many today with all the modern technology.

Civics? We lived it. Barn-building or hog-killing people showed up with tools and food in hand because we were family. Election Day the schoolhouse – all decked out in red-white-and-blue bunting – became a hub of community activity. The school bus and a few private vehicles scoured to the ends of the county providing travel so everyone would be able to perform their civic duty. Decoration Day produced a flurry of activity cleaning cemeteries and paying homage to our local world-citizen heroes. Our soldiers kept us safe at home while putting themselves in

harms way to protect our unknown neighbors 'over there'.

Not only were we taught, we were also allowed to learn on our own. Our small library contained timeless renowned classics. We taught each other. Beginning in third grade – while the teacher taught the older kids inside - I was allowed to take the first and second graders outside under the big tree (a super special place) and help them learn their phonics and practice reading. This student teaching continued all through grade school. Little did I know that was career building?

Those were days of structured study and discipline. They were coupled with wild and wonderful days of unstructured play and imaginative minds let loose to dream and create.

Oh, such wonderful, wonderful memories. Not only are memories forever, they are foundations to build upon. The simplicity of those days continues to haunt me, overshadow me, protect me and compels me to replicate the love of relationship and the fun of learning into everything I do.

There is a special place in my heart for all my former classmates, grades 1-8; and for my two teachers, Mr. Frank

Brown and Miss Gladys Neely. Thanks for the memories.

Don't Cope. Overcome. The romance and simplicity of my early years may have stirred memories in you. Write them down for future generations.

Or it may have awakened sadness. Although that rhythmic cadence of love-marriage-baby-carriage may seem removed from the standard of today, I suggest the principle remains a founding truth. Whether formal or casual, planned or impulsive, loving or unloving, union has holiness to it. The office is untarnished.

The child, regardless of the circumstances surrounding conception, is innocent and came from the original source of divine love. Whether the home produces benevolent leaders or malevolent dictators, all of us share in the propagation of light and darkness. The human condition is a complicated mix of good and evil. Correcting the slippery slope or climbing to a higher plane is all 'Thanks Be To God'.

Mona Dunkin, CT/RT/LM, motivational speaker and trainer. Visit her website at www.monadunkin.com, visit www.monadunkin.blogspot.com, or mail her at PO Box 774, Elm Mott, TX 76640. © February, 2015

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How to be an advocate for my child's education

BY PHYLLIS JONES

As parents, we can't tell our children to do well in school and then fail to support them when they get home. Parents can't just contract out parenting; in order for our children to excel, we have to except our responsibility to help them learn. That means putting away the games and putting our children to bed at a reasonable hour. It means attending those parent-teacher conferences, reading to our children and helping them with their homework.

There are some helpful guidelines you can follow in being an advocate for your children.

1. Know your child's strengths and weaknesses;
2. Let your child know you care about his/her education;
3. Let your child's teacher know you care about your child's education;
4. Ask your child the right questions when he/she comes home from school. Ask questions like, "How was music?" "How was PE?" "How did lunch go today?" In addition, always find ways to find out what your child is learning in each class.
5. Ask your child who are the smartest children in the class?
6. Ask your child about the teacher: (on good days and bad days).
7. Ask if there are any bullies in the class, and if yes, ask what the teacher does about this situation.
8. Remember teachers can also be bullies, but you can protect your child through a number of ways. First, devel-



PHYLLIS JONES

op open teacher parent communication. You will need to find out the best time to visit the teacher. Ask the teacher for his/her email address, and never take sides until you hear both stories. When you meet with the teacher, prepare to listen and take notes. Write down your questions before you go. Ask for specific information about your child's work and progress and check back with the teacher to see how things are going.

9. Ask the principal for the school's report card.

Be Positive

Be Patient

Be Attentive

Be Precise

Be Responsible. Make education a priority in your home.

Be Committed. Once you have begun to work with your child, continue doing so throughout the year. Be mindful of mistakes; record your child's performance, and look over all work that your child brings home from school; keep it in a folder for future reference.

Be result oriented, and be there. Be a Volunteer when you can.

so they want to try it out, want to learn, and want to solve the question that is appealing to them.

According to research, people don't like to think; they enjoy doing mental work not because of doing the problem but because of what they feel when they solve it. Now this

ENELI | Continued from page one

doesn't mean you should give them easy work. It just means it needs to be right in the middle and a little challenging so that once they boost their self-esteem from being able to solve problems you can challenge them more. Yes, there are ways that we can make learning appeal to a kid's brain.

Kosi Eneli is a 12-year-old 7th grader and the author of How to set and Achieve Goals for Kids. Her book is available on Amazon.com, Barnes & Nobles and everywhere books are sold. She is available for speaking engagements. For more information contact kosi@ayaeneli.com.



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Steps to changing your lifestyle

BY MARSELO
"SELO" LOZANO

A lifestyle is the bi-product of habits. Habits come in so many different forms and aspects and most of the time, they sneak up on you without you even knowing it. Of all my years of working with young people and helping to develop leaders, I've never had a person say he wanted to be an alcoholic, on the verge of divorce or strung out on dope.

If you ever look around and see just where people are and what they actually believe, then you will understand the choices and attitudes alone will impact your lifestyle in the years to come. A small percentage of everything you experience is outside influences trying to get you to stand up or sit down with your beliefs. The larger percentages are the choices you make and attitude you have which lead to habits. Almost every person you meet would say if he knew then what he knows now his past choices would have been different.

Right now you should evaluate all the things you spend



MARSELO "SELO" LOZANO

time doing. The thing people spend time doing right now is what builds value in them. This in turn develops into habits. There are things you want to do. Then there are things you want to stop doing. These are the things that benefit you or slow you down from reaching the dreams placed inside of you. If you have the habit of putting 75 cents or a dollar into every vending machine you see, you'll never have the extra cash you want. It's one thing to want to stop smoking and an entirely different thing to never

start.

Every habit costs somebody money, time or emotions. Let's just look at one day in the life of the average person. Most have the habit of brushing teeth, putting on deodorant, doing edge ups, putting clean clothes, having fresh hair, doing nails and make up. These needs created a habit and a lifestyle. Back talking, sarcasm, rolling eyes, quick cut downs, mocking and under your breath comments are all habits of self-expression; are they not? Lifestyles are created by the very being of our values.

Those who value education have habits of studying. Those who value money make a habit of counting on it. The list goes on and on. Values lead to habits, habits lead to addictions, and addictions lead to a lifestyle. This is why people can't understand the crack head or the guy addicted to porn or the woman who thinks she needs attention.

You have to create new values in order to develop new habits. These habits lead to an addiction and a lifestyle. It takes about 21 consecutive days to

create a new habit and an additional 12 days to reinforce the removal of an old habit. So, we are looking at total 33 days of repetitive behavior to just begin a new lifestyle.

Now, this means consecutive and repetitive without any breaks or stops in the behavior. So, if you are at day 20 of creating a new habit and you miss one day this means the very next day you start all over at day 1. What? That's crazy! Just know a lifestyle, addiction and a habit that have a high value, are not made overnight. It's over a period of time that lifestyles are formed. You can't "try" to change your lifestyle. You either change it or you don't.

MarseLO "Selo" Lozano has been around the block a few times. His experience gives him a trusted voice in helping youth leaders understand how to reach and raise the future generations. Don't hesitate to contact MarseLO and Mia Lozano. They are quality people, and they'll help you reach the young people of your community. Contact them at 254.756.1240 or P.O. Box 423 Waco, TX 76703.

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Survivors and Thrivors on Purpose providing cancer support in Central Texas

BY W.B. GUNTER

When the diagnosis is cancer, what happens next? The doctor is talking, your mind is processing, your body is in crisis, and decisions must be made immediately. Who will be part of your support team, and where will help come from when you're in treatment or on the days when you're not feeling your best?

If these questions seem overwhelming, try to imagine being the patient, the parent, the immediate relative, or best friend? If you are living in locations where treatment centers are not available, travel plans have to be made by someone, and the bills will continue to arrive. Cancer, of any kind is a life changing event for all involved, and Survivors & Thrivors On Purpose understands.

Survivors & Thrivors On Purpose (S.T.O.P.) is a non-profit organization that will centralize all cancer support services for every type of cancer. The goal is to raise awareness, generate funding that will immediately serve the Central Texas community, and disperse information from other resources directly to those who need it most. Yes, there are other agencies with information and resources, but the information isn't always shared with anyone who isn't on their contact list. Certain organizations deal only with certain types of cancers. The S.T.O.P. program establishes connections with all of the organizations without being cancer type specific. The logo is a ribbon wreath representing every kind of cancer.

The Survivors and Thrivors on Purpose program will provide resources, a place to research cancer, on site counseling and support, nutritional services, and through various programs, patients and caregivers are provided with choices to best fulfill their health needs. Founder, Neesy Croft, learned through her own struggles with cancer what some of the obstacles to healing were.

She decided to fill in the deficits that needed to be closed. So she wasted no time developing a model and designing the S.T.O.P. program and initiatives. As she was recovering, she was building a



NEESY CROFT

foundation in the community for others.

The Health On Wheels is one of five programs developed by S.T.O.P. The organization has partnered with So Natural Restaurant and Grocers of Harker Heights. Owner Luvina Sabree, and team, will prepare wholesome organic meals that can be frozen. Each meal is prepared based on the individual dietary needs of the recipient. The meals will then be delivered or picked up by a caregiver.

The Live It Up program offers classes, after care workshops, and information about ongoing studies. With Move It, as part of the Live It Up Program, classes in yoga, pilates, cooking healthy, and more will be offered. Neesy Croft stated, "When you're dealing with cancer, you have to decide you're either going to feed the cancer or get well. When you have cancer, certain chemicals in food can feed the cancer and make you sicker. Cancer can't survive in an oxygen enriched environment."

The Distance Lodging and Transportation Program provides the warriors ride service. They will make sure anyone who needs transportation will have it to and from their treatments as well as appointments with doctors. For patients having to travel over longer distances, services will offset some of the costs associated with travel expenses. In addition to rides and traveling, lawn maintenance and

cleaning services are available.

A Go Fund Me account has been set up online under "We Got Funds." With four levels of community and corporate sponsorship packages, funding will go directly to members of the Central Texas community. Mammogram and early detection can save time, and that's what this program plans on doing. Learn more about funding by visiting www.facebook.com/survivors.thrivors.on.purpose or call Susie (Neesy) M. Croft at (254) 338-4893. Financial contributions are always appreciated and can be mailed to 2384 East Stagecoach Road, Killeen TX 76542, or call (244) 338-4893. Within the next year, S.T.O.P. envisions a building that will allow 24

hour service that will provide ample space for a full industrial kitchen, fitness center, research library, and offices.

Please come to the S.T.O.P. The Silence; Cancer Center Information and Wellness Expo From 9:00AM-5:00PM at the Killeen Civic and Conference Center on WS YOUNG Dr. in Killeen. Admission is free and the event will occur October 10th. If you have questions or are in need of services, help will be available at the S.T.O.P. The Silence Expo. Bring friends, family, and support teams. For more information, go to <https://eventbrite.com/stop-the-silence-tickets-17278643889>. Learn more about S.T.O.P. is making the effort to serve Bell County and surrounding counties in Central Texas.



The Shepherd's Heart
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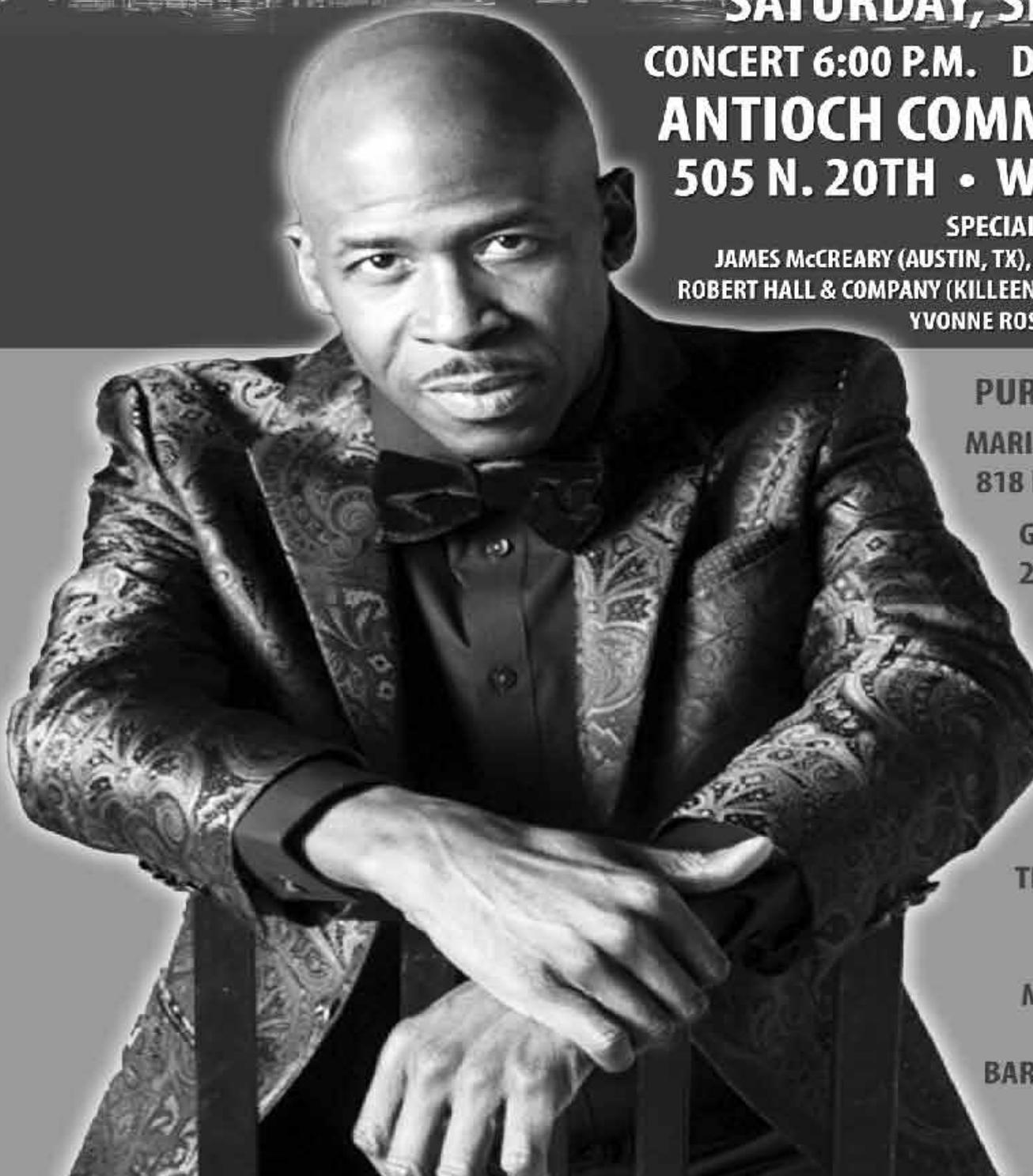
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BANQUET

Continued from page one

member of the Upsilon Delta youth chapter of Zeta Phi Beta Sorority, Inc., Davia helped with the Feast of Sharing, making Christmas bags for senior citizens, and building houses. Davia will attend McLennan Community College and eventually become a teacher, specializing in early childhood education. Davia wrote, "I do know that I will not become all that God has called me to be without preparing myself spiritually, academically and intellectually. Therefore, continuing my education is paramount and an absolute necessity." Davia is the daughter of Delicia and Ivan LeBlanc, III.

The awardee of the Robert Gilbert Scholarships for a senior attending a four-college or university was Trevion Freeman. Trevion graduated in the top five percent of his class at Waco High School. He was an Academic Achiever (97+ GPA) for three years. In 2013, he received the Alpha Phi Alpha Fraternity, Inc. Academic Achievement Award. In 2014, he received the Zeta Phi Beta Academic Award. In addition to being the treasurer of the National Honor Society, he was a member of the Waco City Youth Council. Trevion played football, lettering in his junior and senior years. He was in the varsity band throughout high school and lettered his final three years. A participant in the L.E.A.D. program, he was the LEAD representative for Waco High. His community service included volunteering at Wood-

land Spring Nursing Home, reading to elementary school children, and being a bell ringer for the Salvation Army. Trevion plans to attend the University of Texas at Austin to major in political science and go on to law school. Trevion writes, "I consider myself a leader, a role model, great son, and most importantly a big brother. I will continue to work hard and put forth 100% at everything I do because I know that I am being watched all of the time." Trevion is the son of Alfred Freeman and grandson of Brenda Freeman and Rickey and Darlene Terry.

A 2013 graduate of Waco High School, Fred Corey Roberts is currently a sophomore at the University of Texas at Austin where he is majoring in economics and maintaining a strong grade point average. Fred received two four-year scholarships—the Sigma Pi Phi Fraternity, Inc., Gamma Gamma Boule Scholarship and the Brazos Education Foundation Scholarship. An Eagle Scout, Fred is a member of the Order of the Arrow (National Honor Society of the Boy Scouts). He volunteers with local Austin scouting units, through his membership in Alpha Phi Omega (APO), a national service fraternity, and with SURE Walk, a student-run volunteer group that provides walks to and from campus buildings at night for UT students, faculty, and staff. Fred writes, "Given all that has occurred the past year in regard to the

Black experience in America, I feel it is my obligation to use my post-secondary education to help secure a better future for my people. Recent events have led to what is essentially the civil rights movement of the 2000s. However, in addition to the protests and sharing articles on social media, we have to be informed about how we as citizens can work to influence and change the system. Thus, as an educated Black man in America, I will work to foster intellectual growth and political awareness in other black youth." Fred is the son of Dr. Peaches Henry.

Rev. Robert Lewis Gilbert was a well-known civil rights leader in Central Texas who dedicated his life to "fighting injustice and inequality." Referred to as "Little Giant" by family members due to his small stature yet enormous heart and passion, Gilbert always strove for success and advocated for just change. Despite his decades-long struggle with rheumatoid arthritis that began when he was fourteen, Gilbert was a fighter who wrote: "You can! God says you can do anything. There is nothing on this earth strong enough to hold you back from what you can do for Him, and my life has tested the limits of God's strength and power. Whatever He puts in your heart to do, you can do it."

Thus, it is no surprise that despite growing up in the oppressive segregated environment of the 1940s and 1950s, Gilbert's life was one of successive firsts. He was the first African-American graduate of Baylor University. A student at Baylor from 1963-1967, he graduated with a Bachelor of Arts in 1967. He also attended the Baylor Graduate School of Religion from 1970 to 1971. According to his son, Rev. Dr. Kenyatta Gilbert, his father "was not caught up in being the first black student at Baylor. He was more concerned with not being the last." He accomplished another first by becoming a staff member of Baylor's Upward Bound program helping high school students become academically and socially prepared for enrollment in Baylor and other colleges. In yet another first, Gilbert was the first African-American teacher assigned to a formerly all-white school in the Waco Independent School District (ISD). In 1976, he was the first African-American elected to the Waco ISD School Board. Gilbert fought for justice all his life.



PICTURED ARE TREVION FREEMAN, DAVIA LEBLANC AND FRED COREY ROBERTS.



PICTURED ARE TREVION FREEMAN, MRS. LARUE GILBERT DORSEY AND DAVIA LEBLANC.

Dr. Mae Jackson came from Teague in the heart of segregated Texas to become Waco's first African-American mayor on May 15, 2004. She inspired male and female, young and old, black and white. Former US Representative Chet Edwards wrote of her, "Waco is a better community today because of Mae Jackson's unselfish public service, and for years to come her warm spirit of loving the neighbor will inspire all of us blessed to have known her." According to Leilani Ogujiofor, who met Jackson in 2002 while interning for the Democratic Party, "She will be remembered for her efforts to make voices heard and making sure people were active in politics, especially young people."

Jackson graduated from high school at sixteen and attended Texas Southern University where she earned a Bachelor of Science in social work. As a college student, she protested in Houston during the violent days of the Civil Rights Movement. In her twenties, Jackson worked with the National Council of Negro Women under the tutelage of legendary activist Dorothy Height. As part of that work, Jackson travelled to Mississippi

to help build low-income housing.

Jackson was a strong believer in pursuing education beyond the bachelors. She earned a Masters of Social Work from Our Lady of the Lake University in San Antonio and doctorate from the University of Texas at Arlington. "In Mae Jackson's book, there was no achievement without hard work," explained her friend Karen Matkin. "She could be a taskmaster and very demanding but she asked no more of anybody else than she did of herself. She always believed that you should be the best person that you could be."

According to Dr. Nina Moore, chairwoman of the NAACP Scholarship Committee, the awardees of these awards exemplify the academic excellence and community spirit that Jackson and Gilbert represented. These accomplished students are "strong, talented, and beautiful. We count it a privilege to recognize their academic efforts." The Gilbert awards were presented by Rev. Gilbert's widow, Elwayne Gilbert, and his sister, Larue Dorsey. The Jackson award was presented by Dr. Jackson's daughter, Andrea Barefield.

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Antwonie Betters signs with Richland College

2015 Midway High graduate, Antwonie Betters, recently signed a national letter of intent to play for Richland College men's basketball team. Richland clinched the 2015 National Junior College Athletic Association (NJCAA) Division III men's basketball title after defeating the defending national champion team Rock Valley College (Illinois) in Loch Sheldrake, N.Y. Head coach Jon Havens, leads the team, along with assistant coach Michael Gross (former Midway player).

The son of Anthony (Sr.) and Sharon Betters, Antwonie Betters is a 6' 4" (G/F) 3YL player who played for head coach Mark Patton at 6A Midway High School in Waco, Texas. Earning Midway's Defensive Player of the Year title and Second Team All-District, Betters averaged 10 points, 8 rebounds, 5 blocks and 5 assists per game during his senior year. During one of the school's victory wins, Betters scored 16 points, and had 10 rebounds, 8 assists and five block shots.

He is a multi-talented young man, who is known for his kind and humble spirit. His love for the game began at a very young age, 4, to be specific, when he played on teams that his father coached during the younger Betters' childhood. One of the teams, Waco Wildcat, won the state title in 2005 and 2006. "This was a special team because the players were told they were not advanced enough to play for the better teams in the city," his father explained. The more advanced teams lost and his team won the title back to back. Throughout the years, both of his parents have coached him in local leagues, including basketball, baseball and track. In addition, he also played wide receiver on Midway's football team, which advanced to the semi-finals playoffs.

Betters is also talented in the other areas. Dur-



ANTWONIE BETTERS

ing his junior high years at Midway, he began singing in the school choir and was part of the Spring Street Baptist Church drill team, which his mother coordinated. The choir and drill team traveled in and out of state showcasing their God given talents. "This was a very important time in his life," explained his mother, "because he developed gifts that he didn't realize he had." Once a shy child, Betters began to open up through his participation in extracurricular activities. Doors began to open for him to do other things. For example, he served as a grocery attendant for Shepherd's Heart Ministry.

Betters is now preparing for college and plans to pursue sports communications at Richland College and later transfer to a four year school to earn his bachelor's degree. Though he is open to other 4-year schools, Baylor is definitely one of his picks. With parents who never miss a Baylor game and an older brother, Antony Jr., who played for Baylor and works out with his baby brother occasionally, Betters would be right at home as a Baylor Bear. Betters has been employed with HEB for two years as a grocery attendant and plans to continue his employment there during the holidays and regular school breaks.

His parents and grandparents are really proud of Betters' accomplishments on and off the

Co-signing a loan: Understanding the risks

**J. L. CRAWFORD,
LEGALSHIELD INDEPENDENT ASSOCIATE**

Legal News Issue 9 Volume 4 July 2015

Co-signing on a loan involves a lot more than just your signature. When you co-sign a loan you put your credit history and personal assets on the line. Though it may be difficult to say no to a friend or family member it is important to make sure you fully understand the risk you are taking before you co-sign a loan. Your LegalShield provider law firm can review the terms of the loan before you sign.

- You are responsible for paying back the loan. Consider that any number of emergency situations could cause the borrower to miss or stop making payments altogether. If the primary borrower cannot pay the loan, you will be responsible. Make sure you are prepared to pay off the loan before you co-sign.

- Know the laws where you live. Some laws allow the lender to collect from the co-signer if the primary borrower misses a single payment. In some instances the lender may be able to go after you even if the primary borrower dies. Before you sign make sure you know the law where you live. Call your LegalShield provider law



J.L. CRAWFORD

firm to learn more.

- Review the terms of the loan carefully before you sign. Read the loan documents. Make sure you know the interest rate, duration and terms of the loan. Retain copies of all of the loan documents and copies of checks used to make payment on the loan. Have your LegalShield provider law firm review any loan terms before you sign.

- Do not be afraid to negotiate with the lender. As a co-borrower you may be able to negotiate the terms of the loan including the interest rate, potential late fees and payment dates. Require the lender to notify you if a single payment is missed so you can address problems quickly.

- Failure to pay the loan will damage your credit. In many cases co-borrowers are required because the primary borrower has poor credit. While timely payments on the loan will improve the primary borrower's credit score, consider how late payments will hurt your rating. A drop in your credit score could prevent you from getting other types of credit or increase the interest rates you receive from lenders

- If the primary borrower defaults on the loan be proactive. If you receive a notice to make payment on a loan you co-signed do not wait to contact the lender. You may be able to negotiate a settlement directly with the lender. If the lender is forced to take legal action you may end up on the hook for court costs, late charges and attorney fees. If you need assistance

If you need assistance, call your LegalShield provider law firm and speak with an attorney. LegalShield can help you with your legal issues. Preexisting problems are covered, so give me a call at 254-717-4927. Hurry. With LegalShield, "...we can help you worry less and live more." Please see the ad in this issue of The Anchor News. J.L. Crawford, Independent Associate.

HAPPY BIRTHDAY, EUGENE CARTER!

"Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever." Psalm 23:6



I'm blessed beyond measure because of who YOU are as a loving father, and because of your unyielding faith in Jesus Christ. Wishing blessings abound exceedingly and abundantly all the days of your life. I love you more! - Carmen (aka Candy) Carter

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Credit-by-exam: Higher education's best kept secret

(NewsUSA) - For most college students, the path to earning credit typically involves several weeks of listening to lectures, taking notes, completing assignments and passing a mid-term and final exam. But if you could earn that credit in less time and at a fraction of the cost of taking a formal course, would you be interested? There would be no assignments to complete and no lectures or classes to attend, just an exam to pass. Students looking for a more efficient model to earn a college degree should consider credit-by-exam programs, which have become popular among those who want to accelerate their pace and contain costs.

"Credit-by-exam programs have been used for decades and continue to grow today because they offer real value to students

and enable them to complete degree requirements more efficiently than taking traditional courses," noted Marc Singer, vice provost of the Center for the Assessment of Learning at Thomas Edison State College (www.tesc.edu), which recently aligned several of its credit-by-exam programs with open courses to create new pathways for students to earn credit.

Nearly 3,000 colleges and universities in the U.S. accept credit-by-exam as transfer credit. The programs enable students to earn credit by passing a single exam and tend to be a good fit for independent learners, students who possess college-level knowledge and students who are good test takers. Credit-by-exam programs are not for everyone, especially students who prefer a structured environment and interacting with a professor and fellow students.

Deciding to earn college credit by preparing for an exam that covers a semester's worth of content means you have to be self-motivated and disciplined. This approach appeals to many busy adult students who have compet-

ing demands on their time and who prefer to work independently. Two of the most popular credit-by-exam programs in the U.S. are the College-Level Exam Program (CLEP exams) and DSST exams. "Students considering credit-by-

exam programs should talk with their academic advisor to make sure credits from the exam they are planning to take can be transferred to satisfy a requirement in their degree program," said Singer.

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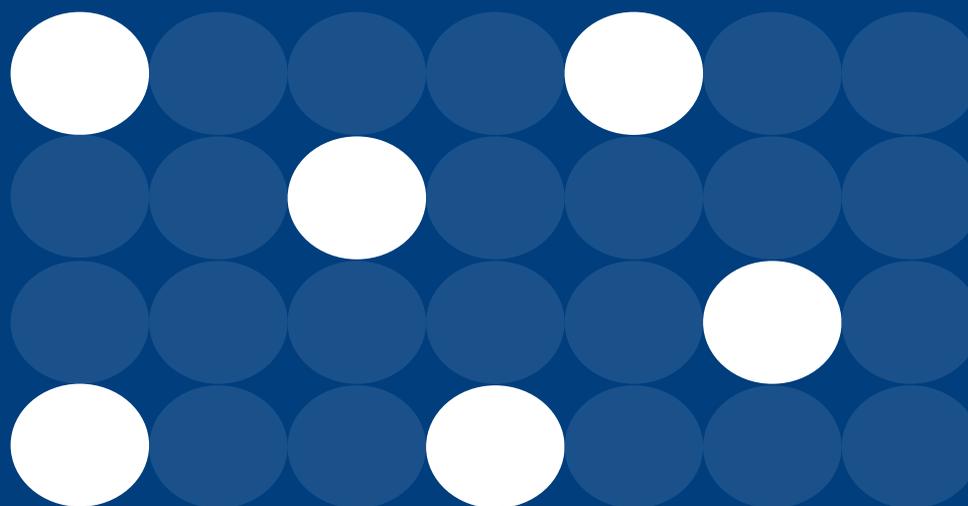
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Baylor receives elite honor for fifth consecutive year

WACO, Texas (July 21, 2015) – For the fifth consecutive year, Baylor University has attained elite honor roll status in the “Great Colleges to Work For” survey released today by The Chronicle of Higher Education. No other university in the history of the survey has made the Great Colleges honor roll more than Baylor, according to ModernThink LLC, the firm that conducts the annual survey of faculty and staff at 281 colleges and universities.

The survey results recognize the universities and colleges that get top ratings from their employees on workforce practices and policies.

“Baylor’s mission states clearly the priority we attach to the caring nature of our community,” said Baylor President and Chancellor Ken Starr. “That commitment is reflected in a deep respect for shared governance; appreciation and support for work-family balance; a spirit of generosity

in our daily work together; and a firm belief in the value and significance of the contribution of every Baylor colleague. These abiding attributes continue to make Baylor a ‘Great College to Work For.’”

Of the 42 national universities awarded Honor Roll status, Baylor is one of only three universities in the large university category (10,000 or more students) to achieve recognition in 11 of the 12 categories honoring specific best practices and policies. Duke University and the University of Michigan at Ann Arbor join Baylor as the recognized large-category institutions.

The results are published today in The Chronicle’s eighth annual report on The Academic Workplace. In all, only 86 of the 281 institutions achieved “Great College to Work For” recognition for specific best practices and policies. Results are reported for small, medium and large institutions.

Baylor was cited in 11 categories this year:

- Collaborative Governance: Faculty members are appropriately involved in decisions related to academic programs.

- Professional/Career-Development Programs: Employees are given the opportunity to develop skills and understand requirements to advance in their careers.

- Teaching Environment: Faculty members say the institution recognizes innovative and high-quality teaching.

- Compensation and Benefits: Pay is fair, and benefits meet the needs of employees.

- Facilities, Workspaces and Security: Facilities adequately meet needs, the appearance of the campus is pleasing, and the institution takes steps to provide a secure environment.

- Job Satisfaction and Support: Provides insight into the satisfaction with job fit, autonomy, and resources.

- Work/Life Balance: Policies give employees the flexibility to manage their personal lives.

- Confidence in Senior

Leadership: Leaders have the necessary knowledge, skills, and experience for institutional success.

- Supervisor or Department-Chair Relationship: Supervisor makes expectations clear and solicits ideas.

- Respect and Appreciation: Employees are regularly recognized for their contributions.

- Tenure Clarity and Process (4-year colleges only): Requirements for tenure are clear, faculty members say.

“The institutions that the Great Colleges program recognizes provide innovative educational experiences – while also offering their employees outstanding workplace experiences – and we are eager to help readers learn more about them,” said Liz McMillen, editor of The Chronicle of Higher Education, the nation’s most important source of news about colleges and universities.

The survey results are based on a two-part assessment process: an institutional audit that captured demographics and workplace policies from each institution, and a survey administered to faculty, administrators and professional support staff. The primary factor in deciding whether an institution received recognition was the employee feedback.

To administer the survey and analyze the results, The Chronicle worked with ModernThink LLC, a strategic human capital consulting firm that has conducted numerous “Best Places to Work” programs, surveying hundreds of thousands of employees nationwide.

Great Colleges to Work For is one of the largest and most respected workplace-recognition programs in the country. For more information and to view all the results of the survey, visit The Chronicle’s Web site at <http://chronicle.com/AW15>.

About Baylor University

Baylor University is a private Christian University and a nationally ranked research institution, characterized as having “high research activity” by the

Carnegie Foundation for the Advancement of Teaching. The University provides a vibrant campus community for approximately 16,000 students by blending interdisciplinary research with an international reputation for educational excellence and a faculty commitment to teaching and scholarship. Chartered in 1845 by the Republic of Texas through the efforts of Baptist pioneers, Baylor is the oldest continually operating University in Texas. Located in Waco, Baylor welcomes students from all 50 states and more than 80 countries to study a broad range of degrees among its 12 nationally recognized academic divisions. Baylor sponsors 19 varsity athletic teams and is a founding member of the Big 12 Conference.

About The Chronicle of Higher Education

The Chronicle of Higher Education is the No. 1 professional source for news, jobs, and information for college and university administrators and faculty. The Chronicle provides institutions with multiple paths to effectively communicate and engage with the largest audience and most influential decision makers in higher education in print and online. Visit <http://chronicle.com> to learn more.

About ModernThink LLC

As a research and consulting leader in workplace issues, ModernThink has supported a wide variety of “Best Place to Work” initiatives. Through these programs, the firm has gained substantial survey and industry expertise, including specific insight into higher education. ModernThink knows what it takes to build a great place to work and shares that know-how with its clients. The ModernThink team of organizational development experts is dedicated to helping colleges follow through and capitalize on feedback from employees and benchmark data from peers to drive meaningful change at their institutions. Learn more at <http://www.modernthink.com>.

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Local educator to represent North America in international conference

What do extraordinary teachers do during their summer vacation? They keep teaching and learning... on a global level!

Tomorrow, Midway Middle School math teacher John Choins will participate in two international technology events for educators across the world. He will first represent the United States for C.M. Rubin's "The Global Search for Education" on EdTech, and then serve as an expert presenter in flipped classrooms at Edmodocon.

"Mr. Choins is an innovative educator who will do whatever it takes to connect with his students," said Debbie Perry, one of Midway's mathematics curriculum coordinators. "He sees a need, looks for opportunities, and says 'we can do that.' For instance, he got rid of desks,



JOHN CHOINS

collected tables for collaborative learning instead, and built shelves with his students as a geometry project. He is an out of the box thinker."

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POLLARD | Continued from page one

classes, lots of pretty girls and people having fun. He just knew he wanted to attend this University. This is where he would meet his major adviser and lifelong mentor, Dr. Calvin O. Atchison, as well as his future bride. Dr. Atchison asked Pollard what he wanted to do with his life. Pollard replied, "I want to be like you, a psychology professor. I want to work

in higher education."

Upon graduation with his master's in psychology, Pollard received a teaching position offer from Lincoln University in Jefferson City, Missouri. It was the summer of 1963, and Martin Luther King, Jr. was planning the March on Washington for Jobs and Freedom. Pollard had taken part in several nonviolent civil

rights demonstrations while in college and planned to attend. However, the march was scheduled for the same day Pollard was set to start his new job. It was a tough decision for this spirited man, but Pollard took the advice of his father who said, "You'd better take the job after everything we have done getting you through college." Pollard doesn't regret his decision but still wishes circumstances had allowed him to participate.

Pollard's imminent retirement at the end of August has many of his colleagues fretting over what they will do when he is gone. The college's president, Dr. Johnette McKown, struggled with this dilemma and has asked Pollard to remain the EEO Officer for a few more years. He will also teach a class for freshmen that prepares them to be successful in college. Pollard has this advice for new students: "Believe and have confidence in yourself. If you have the ability, believe it, and always realize there is a higher authority. Don't forget that. Be grounded."

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And these signs shall follow them that believe, Part 8

Continued from the July issue of The Anchor.

BY RUBY MCCRAY

Allow me to suggest that you get your smart phone or Bible and read these Scriptures whenever you have the time. Please do that for each of these teachings. These passages are taken from the New Living Translation unless otherwise stated.

"And then he [Jesus] told them, 'Go into all the world and preach the Good News to everyone. Anyone who believes and is baptized will be saved. But anyone who refuses to believe will be condemned.

"These miraculous signs will accompany those who believe: They will cast out demons in my name... They will be able to place their hands on the sick, and they will be healed."

"...And the disciples went everywhere and preached, and the Lord working through them, confirming what they said by many miraculous signs" (Mark 16:15-20).

Last month, we talked about unforgiveness being a very common sin that gives the devil legal rights to torment us, our children and our assets. We are not to give place to the devil (Ephesians 4:17). When the Lord tells us to forgive, that's exactly what He means.

"So watch yourselves! If another believer sins, rebuke that person; then if there is repentance, forgive. Even if that person wrongs you seven times a day and each time turns again and ask for forgiveness, you must forgive" (Luke 17:3, 4).

"Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you" (Ephesians 4:32).

"Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. Make allowance for each other's faults, and forgive anyone who offends you. Remem-

ber, the Lord forgave you, so you must forgive others" (Colossians 3:12, 13).

When people do us an injustice, we are told to go to them, even if they'd never planned to come to us. "So if you are presenting a sacrifice at the altar in the Temple and you suddenly remember that someone has something against you, leave your sacrifice there at the altar. Go and be reconciled to that person. Then come and offer your sacrifice to God" (Matthew 5:23, 24). God will not receive our sacrifice of prayer, praise, vow, money, etc. He doesn't want anything between us and another person. We represent Him in this world; therefore, we need to act just like he acted (1 John 4:17).

Jesus became a curse for us when He was hung on the cross (Galatians 3:13). The curse of sin, sickness, poverty and death. "You know the generous grace of our Lord Jesus Christ. Though he was rich, yet for your sakes he became poor, so that by his poverty he could make you rich" (2 Corinthians 8:9). What an exchange! We have to be His obedient children, stop sinning and receive by faith what He has already given us.

He has already deposited everything in His Kingdom, and has given us blank signed checks. All we have



**EVANGELIST
RUBY MCCRAY**

to do is fill them out and deposit them as we need them. He's already healed us on the cross. We love to quote, "By His stripes we were healed," but we need to back up to verse 21. "For God called you to do good, even if it means suffering, just as Christ suffered for you. He is your example, and you must follow his steps. He never sinned, nor ever deceived anyone. He did not retaliate when he was insulted, nor threaten revenge when he suffered. He left his case in the hands of God, who always judges fairly. He personally carried our sins in his body on the cross so that we can be dead to sin and live for what is right. By his wounds, you are healed" (1 Peter 2:21-24).

Since He is our example and never sinned, we are to never sin and retaliate, then we can experience His healing every time—not just some-time.

We also love to quote, "I am the Lord that healeth thee." Although that is so very true, we have to consider the entire verse. "He said, 'If you will listen carefully to the voice of the Lord your God and do what is right in his sight, obeying his commands and keeping all his decrees, then I will not make you suffer any of the diseases I sent on the Egyptians; for I am the Lord who heals you'" (Exodus 15:26).

We, the Church, are the

ones to bring God's Kingdom on earth just as it is in heaven. There is no pain, sorrow, sickness, poverty, no sin of any kind in heaven, not even death. When we really begin to obey God by living holy, believing and applying His Word, we will begin to see miracles. "For nothing is impossible for God" (Luke 1:37). You may not believe me, but...just what if I'm right?

Evangelist Ruby McCray is the founder of A City of Refuge Ministries. For questions or comments e-mail rubbyacorm@yahoo.com or write to A City of Refuge Ministries, P. O. Box 2025, Waco, Texas 76703.

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**Wanda B.
Gunter**

Author, Artist &
Contributing writer
for *The Anchor News*

Separation of state and church; no such thing - not possible

BY MATTHEW REED

In America we profess to be a nation of God Jehovah or of the God of the Holy Bible; we print "In God we trust" on our currency but we desire to separate God from our Government, which is not possible. We are actually saying to God our creator, "We want your blessings but we don't want you to have any influence in our lives." Such thinking is akin to having one of your children say, "I want the new car, but I don't want you in all your wisdom to have any influence over the safe operation of this vehicle."

Rev. 4:11 says, "Thou art worthy, O Lord to receive glory and honour and power: for thou hast created all things, and for thy pleasure they are and were created." Some believers act as if God created us that we might rule him. That doesn't work for you with your children and it doesn't work for God with his children. For mankind to dictate to God what is

right and what is sin would be the same as the tail wagging the dog. We have to make up our minds that God Almighty is our God and his word is rule or he's not our God and his word is not our rule. We can't have it both ways.

I am reminded of a parable in Luke 19:12 He said, "Therefore, A certain nobleman went into a far country to receive for himself a kingdom, and to return. 13-And he called his ten servants, and delivered them ten pounds, and said unto them 'occupy till I come.' 14-But his citizens hated him and sent a message after him saying, 'We will not have this man to reign over us.'" You can't separate God from anything he judges, including church and state and we might as well understand that. Verse 27 says, "But those mine enemies, which would not that I should reign over them, bring hither, and slay them before me." This scripture refers to the judgment of those that would not have Jesus rule over

them.

Jesus is Lord over all and everything. Every generation that recognized God as God and submitted to his rule lived victoriously, abundantly and at peace. When I have opportunity to discuss today's issues and to reference past biblical recorded events, I find that many people have no knowledge of them. The significance of this is that it is hard to live by something we know nothing of and we can never understand it because of a lack of knowledge. Many spend lots of time and money educating themselves in the secular but often these same people don't go to the house of God, where the Bible is taught.

If we are going to claim to be a nation of God, then we as a nation, should invest more time in getting to know God and his word. It doesn't matter how right a word spoken sounds; if it's not of God, it's just a word spoken. It doesn't matter how completely you obey; if it's not of God he will



PASTOR AND MRS. REED

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A life in Christ – Worship or worry

BY PAM TURNER

Each day when I get out of bed, I have two choices about facing the day ahead. I can choose to be thankful, and worship and trust in God for what he has given me, or I can choose to worry and be anxious. My Bible has a topical index of scriptures, and under worry I find 25 verses discussing this subject, and under worship I find 45 verses.

One of the major worries I think we all deal with is if we have enough money to cover all our basic needs in life, plus money to cover some of the extra or unexpected expenses that may arise. Worry or being anxious seems to be one of Satan's biggest bullets he shoots at us. If he can consume our mind with worry, he knows this will take our focus off Jesus and what He does for us each day. As a result, we can also become frustrated in our walk with Christ.

Jesus uses 10 verses in Matt. 6: 25-34 to emphasize that we are not to worry about our needs in life. "Our heavenly father knows all our needs, what we shall eat, what we shall drink, and what we shall wear. Seek first the kingdom of God and his righteousness and all these things shall be given to us."

The remainder of the other 15 verses advises us to cast our cares on him, and that worry is bad for us. In today's world we seem to have more needs than food, drink and clothing. We have to add house, car, phone, utilities, appliances, taxes, and insurance policies to cover our health, house, car, phones, appliances and life in the event we die. Seems very overwhelming at times, but God



PAM TURNER

understands we have these needs also, and he will provide.

We're also bombarded each day with a media that tells us all of the world issues and how it's affecting our life and how it can have a negative effect on our finances. Last night I turned the television to PBS and listened to a program about retirement money in America and how so many of us don't have enough in our 401K's to have a comfortable retirement. I was so uptight after listening to that program I tossed and turned all night with worry. I would have been so much better off had I turned to TBN and watched Praise the Lord. I probably would have gone to bed with a mind full of praise and worship and not worry and aggravation.

This week I heard part of a radio program on the importance of worshipping the Lord. I've never submitted my heart and mind in worship to our Savior and then had trouble sleeping that night or was agitated when I was finished worshipping. Instead there's always a sense of peace and comfort when I submit my time to praise and

worshipping our heavenly father. Scripture tells us he inhabits the praises of his people. At the end of the day if we have focused our mind and heart to worship and praise, we can expect a restful night. I wish I could tell you I have the worry issue defeated, but again it's a choice I have to make: worship or worry.

After a night of tossing

and turning about all the what ifs, and I think you can relate to what I'm talking about, I was very quick to turn the computer on and take a peek at my 401K. I whispered to God, "It is what it is Lord; your will be done."

To my amazement, it has increased by nearly 8% since I last checked on it. My God knows what

he's doing and he's taking care of our needs. Let me encourage you that when you're faced with a choice of worry or worship, one is just as easy as the other. I'd like to encourage you to worship.

Pam Turner is retired. Presently, she is a member of High Point Church in Waco and is a free-lance writer.

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Simon receives scholarship to Baylor

WRITTEN IN PART BY
LINDA CRAWFORD
WITH S. TRUNELL

He was a single child in a single parent household. He was an humble child whose story has an humble beginning. He was a child destined to lead those who were destined to follow. Born to a single mom in college, Simon remembers moving several times in a year as his mother tried to find the best housing locations that would of-

fer the best opportunities for her son. Trials such as these helped to build good and strong character in Malik Simon, teaching him to adapt, adjust and communicate in any setting. "The diversity I was exposed to was truly inspiring, moving from Mississippi, to Texas, to Washington and now back in Texas. I have had exposure to many intellectual people, and that's a reason I am so open minded to different ideas and not so quick to deem many things

wrong without justification," explained Simon. "This type of environment helped polish my leadership skills, social interaction skills, and decision making skills," he said referring to his clarity of career choice.

Now as a recent graduate of Rapoport Academy-Meyer High School, he is entering the college of his choice in the fall, Baylor University. The polishing has paid off indeed. Simon recently received Baylor's LEAD-LLC Academy for Leader Development Award. According to the website (www.baylor.edu/leadership/) the program "aims to graduate students who will not only be leaders and influencers, but also instruments of change. This scholarship gives students an opportunity to offset the cost of their education while making a difference."

The 17-year old has definitely much evidence pointing to his leadership qualities. The son of Robert Morgan and Shamonica Trunell Morgan, Simon recalled his emotions as he left a comfortable school environment to transfer to Rapoport Academy. He was extremely nervous about the new setting and not having his friends by his side. He was surprised at how quickly he adapted and made close, caring friends because of the Rapoport family atmosphere.

His father was not surprised at all. "He is a remarkable young man, with deep convictions and very high morals and standards. I was not surprised at all."

According to his mother, whom many Wacoans know as Dr. Trunell, owner of Hillcrest Chiropractic, Simon stepped into the role of lead-



MALIK SIMON

er almost immediately, not only at the school but also within the community. He served as the Vice President of Student Government, was a member of the National Honor Society, was the team manager on the Rapoport Raven's athletic teams and represented Rapoport as a student ambassador. Simon was also named the Alpha Psi Alpha Outstanding African American Student, served as an intern at The Law Office of Simer and Tetens and as a mentor and big brother figure at Quinn Middle School. He was a Jack and Jill Regional Conference teen representative and Charismatic Practice Representative at Hillcrest Chiropractic. In addition, Simon received the first place area science fair award, and though he chose Baylor, he was also accepted into Howard University. He has played baseball since he was 5 and was on many traveling teams. And while the Morgans attribute Simon's success to Simon, he places the credit on his parents.

"My mom has made the biggest impact on me and the great motivation for me to achieve anything that

I have. Every since I was young, my mother was both parental roles. She played mom and dad until we found my blessing of a step-dad, who motivates me and supports me. My mom taught me about morals, and how to be respectful and mindful of my peers. She carried me through most of her college career and showed me that anything was possible, with the right guidance and most importantly with listening to your God. She taught me everything."

Simons is also grateful for the caring teacher and staff at Rapoport, who gave him one on one attention whenever he needed it. As part of Rapoport's Dual Credit program, Simon enrolled at Texas State Technical College. He recently graduated from high school with 32 college credits. Simon plans to obtain a bachelor of science degree in biology with a minor in pre-medicine. After his under graduate studies, he will attend law school or chiropractic school. "My mother taught me at an early age to get as much education as possible because no one could ever take my education away from me. My mother also told me in order to be successful, you must surround yourself with successful individuals. I have done that and I plan to continue to follow her wisdom of experiences."

Simon says he does not worry about tomorrow. "God is already there! 'For I know the plans I have for you,' declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future.'" Jeremiah 29:11.

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HAPPY BIRTHDAY
ANCHOR NEWS!

- August 5, 2002 -

Midway's Lenoy Jones signs with Baylor

BY LINDA CRAWFORD

Imagine a 9-month-old trying to kick a football, spending hours and hours practicing his kick. Imagine a dad coming home from work, knowing his next few hours will be spent holding that football.

Imagine a 3-year-old sitting in zero degree weather, by choice, watching his daddy play the game. Imagine waking up early in the morning to that 3-year-old's voice reminding everyone that it is his dad's football training practice day.

Who knew that this baby boy was even then paving the way for his destiny? How could a small child know so much about his future? Today, that baby kicker and receiver is reaping the benefits of his labor. Lenoy Jones, Jr., a Midway High senior middle linebacker, recently signed with the Baylor Bears and is the recipient of a full scholarship.

Jones' love for football, no doubt, stems from having very athletic parents. Lenoy Jones Sr. played high school football in Groesbeck, where he won a State Championship and went on to play college football at TCU. He was later drafted into a 7-year career in the NFL, playing for the Houston Oilers, Tennessee Oilers and Cleveland Browns. When Dad Jones was in training camp, Baby Jones insisted on attending every practice.

"We couldn't miss even one," explained his mom, LaJuana Jones. "During training camp, Lenny wouldn't play with the rest of the kids. He spent every second watching every move his father made on the practice field. He was only 3!"

Though LaJuana is her family's greatest football fan, her love encompasses basketball. She played at Temple Junior College. Very competitive, she has been known to win a husband/wife game of basketball with one of her boys on her hip. Playing with one hand and balancing the baby with the other, she owned the game from the beginning to the end.

Most definitely, this love for sports is a family affair, and with a career record of 34-5 and a Regional Championship appearance in 2012, the younger Jones has made



LENOY JONES, JR.

a name for himself at Midway. He finished the season with 377 tackles, 23 for loss and 7 sacks. He was named 12-6A Defensive Player of the Year, two-time All-District linebacker, two-time Academic All-District, two-time Super-Centex Linebacker, smoacky.com 2nd team linebacker, and Associated Press All-State Honorable Mention linebacker. In addition to being the team captain, Jones was also named Midway Panthers' Most Valuable Player.

This three-year varsity football letterman not only sports fantastic stats, but he also touts a 3.3 GPA. Apparently it's not all about playing the game, as Jones is just as interested in getting a quality education.

"Baylor has a top 10 football program, but I will also receive an excellent education there." Plus, Jones sees being 15 minutes from home as an added bonus.

"I can go see my mom any time."

His mom and dad are excited about having him so close. They see him as an excellent role model for his four younger brothers, Landon, 16, Lance, 13, Lawyer, 9 and Lane, 5, but in all honesty, they simply love having Lenoy around.

Mom Jones believes in her child who possesses a sweet and kind spirit. "I have been blessed with a son who loves his mom, adores his father, loves his brothers, loves his family and loves God. He is just a good boy and I love him. I am so proud of him."

This 18-year-old is already

certain about his career path, and his 5th grade math teacher, Marc Almond, is not surprised. He contacted the Jones family as soon as he heard about the scholarship.

"The reason I [contacted] you is because of a football card that he [Jones] gave me back in 5th grade. I have kept it all of these years," Almond explained. "He is one of those students who just stays in your memory. After 18 years of teaching, I still have a group of students that have stayed in my heart. He is one of them." Almond said he was impressed with Jones because he was always so polite and always so hard working.

Shannon Moczygemba, a Midway precalculus teacher, agrees. "He is a hard worker who is dedicated to his tasks, committed to helping others, and very respectful to all." She continued that being a senior in a precalculus class is not an easy feat, but according to Moczygemba, Jones handles it well. "He comes to class every day with a great attitude and a willingness to learn new things. Then, after he finishes his work, it is not unusual for him to be watching game film to improve [his skills]."

Jones will major in Kinesiology, the scientific study of human movement, "because this type of degree will allow flexibility to be a coach, a strength trainer or even a physician assistant," he explained.

Perhaps, indeed, this young gent will follow in one of his parent's footsteps. Lenoy Sr. is a teacher and high school football coach at Midway High School. Perhaps he will go into the medical field like his mother. A nurse, LaJuana works at Baylor Scott & White Hospital as a Magnet Program Director.

At any rate, from a father's point of view, this young man certainly has a bright future ahead. "He worked extremely hard for this scholarship and this opportunity," explained Lenoy Sr. "He deserves it. I love my boy, and I am so proud of him."

From his teacher's point of view, Moczygemba said, "We always want our students to

be successful in and out of the classroom. I cannot speak highly enough of Lenoy. He is a true joy to have in the class-

room, the [type of student every teacher wants]. I think he has a very bright future no matter what he pursues."

5 study tips to curb exam-preparation stress

(NewsUSA) - For college students, the stress of exams is an anxiety-filled final hurdle to overcome before fully relaxing and enjoying the long-deserved break. These exams can be intimidating -- especially for freshmen with an advanced workload -- which is why stress management is key. Use these five stress-relief tips to help ease exam-taking tensions as casual study time becomes cram time.

- Watch a funny movie. There's nothing like comic relief and laughter to get your mind off that chemistry final. Need an idea for a great college-aged comedy? Check out "The Pool Boys," available on DVD, Blu-Ray, streaming and digital download from Seven Arts. The DVD and Blu-Ray include special features that you can save for further study breaks, including interviews and commentary. For a preview, check out the trailer (rated R) at www.ThePoolBoys-Movie.com.

- Hit the gym. Try to schedule regular workouts around your blocks of exam studying time to help keep stress in check. If you are on a sports team, you may still have practices during exam time, but if not, make plans with teammates to do some conditioning. Go for a run, shoot hoops or

lift some weights. If you're on your own for exercise and the weather outside is frightful, try an indoor dance or yoga class, or an exercise video or DVD that you can do in your room.

- Have a snack. It's hard to concentrate if your stomach is growling, but hold off on the celebratory drinks until after exams are over. Instead, have some energy-boosting snacks on hand while studying, such as trail mix or energy bars. Stay hydrated, too.

- Get some air. Does your exam stress mean hours in the library or lab? Go out and walk around the building, or around the block. Clearing your head and getting your eyes away from the screen can work wonders.

- Avoid all-nighters. Sometimes an all-night study session is inevitable, but don't underestimate the value of sleep in keeping exam stress under control. If you have multiple exams in the same week, several days with little sleep will leave you even more stressed. Don't overdo the caffeine, and try to plan your sleep as you plan your exam study schedule. If you are a night person who studies more effectively from 10 p.m. to 2 a.m., make that work for you, but factor in a mid-morning nap the next day.

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