Anchor News

Serving the Central Texas Community

Celebrating 13 Years!

JANUARY 2016

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Free



G&G Greens & Cornbread – Soul food cuisine in the heart of Killeen

BY W.B. GUNTER

Nestled in the heart of downtown Killeen, G & G Greens & Cornbread Café & Catering is dishing out home style, falling off the bone, soul food. With a menu that includes banana pudding, macaroni and cheese, stuffed peppers, sweet potatoes, pork chops, fish, greens, salads, and other wholesome favorites, the owners of this establishment have combined dining out with the feel and comfort of eating at home. In business since November 2015, the list of regulars has increased and the aromatic breeze in the air is irresistibly delightful.

Owners, Sylesha Tidwell, Swayne Jordan, and Kevin Roberts Church, are at the core of the restaurant's success. Within weeks of find-



SYLESHA TIDWELL

ing the location at 815 N. 8th Street, the doors opened for business. The aroma of good food is like sitting in the heart of a kitchen filled with love and family. Tidwell states, "My vision was to open a small soul food all you can eat buffet that has a home like

atmosphere, where the food is good, people come to eat, share, laugh, and want to stay. I want people to come for the atmosphere and stay for the food."

The road to restaurant ownership began preparing her for success years ago. "I have an old soul with the same values as my grandmother, and if I eat, you eat. My grandmother cooked for 10 kids, plus 5 from my mom, and the whole neighborhood. I was 8 years old when I learned to cook well. My mother told me, 'If you want to learn to cook, then get in here and watch.'"

"One day, I woke up and realized it was time to write the vision and make the plan. I had a plan, but for some reason, things were not in place.

See **SOUL FOOD** pg. 2

Teneshia Clemons, owner of Ne Ne's Creations

BY W.B. GUNTER

Born and raised in Killeen. Teneshia Clemons is a true native Killeenite. It's an unusual advantage that allows her to be keenly aware of trends and transitions of the city. Killeen is a multi ethnic and culturally diverse city where more than half the population arrived from other places. Unlike other Central Texas communities, Killeen consists of many different cultures, where people can commonly hear 50 different languages spoken among the residents. Rarely do people meet someone who was born and raised in the city that is often described as transient



TENESHIA CLEMONS

and globally immersed. What sets this business owner apart is that at the age of 23, Clemons, also known as Ne Ne, has opened her first brick and mortar business. Ne Ne's Cre-

ations opened December 12, 2015.

In November, 2014, Clemons walked across the stage to receive her diploma. Shortly after, when she made the decision to open her own business, some people discouraged her, telling her to wait, but she had already accumulated her own equipment and merchandise. and knew she had to do this for herself. Clemons' mother worked as a beautician, so Clemons had some knowledge of the business and spent 10 years behind the scenes learning. "My mother encouraged

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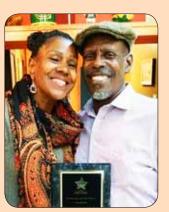
Waco's Sascee's Southern Style Food makes Trip Advisor list

BY LINDA CRAWFORD

Since they opened on Valentine's Day almost one year ago, John and Marcia Neal have experienced what some might call instant success. Sascee's (pronounced Sassy's) Southern Style Food, located in the heart of Downtown Waco at 416 Franklin Avenue, opens its doors to a standing room only crowd several days a week, and especially on Sundays.

In December, Sascee's received a congratulatory certificate from Trip Advisor for being on Waco's Top 10 restaurants list for a solid month. The Neals received The Business of the Year award for 2015 from the Centex African American Chamber, and out of 1400 online reviews, 1397 are positive ones, literally.

Some might ask what keeps Sascee's Southern Style Food on the top of everyone's list, including California travelers, Florida visitors, and Georgians just passing through? Perhaps the answer might be John's Famous Banana Pudding or Miss Lynn's Peach Cobbler. This writer knows from experience that both dishes are addictive, even to our daughter who was visiting during the holidays. She moaned and groaned as she ate the pudding, not because she was too full, but because she was experiencing awful visions of having one last drop of the banana pudding in her bowl. "I don't want it to end," she



JOHN & MARCIA NEAL

said with distress.

"These two items have put us on the map," explained Marcia. But perhaps it is also the grilled salmon on a bed of collard greens layered on a corn cake. Most definitely it could be the tender, perfect, fall off the bones smothered pork chops, or the oh so delicious mac and cheese, or the neckbones, or the sweet potato pie or the fried chicken, or baked Talapia or the fried Catfish. This list just goes on and on, and most recently, the Neals added a baked corn dish that everyone is talking about. Whatever the reasons, Marcia has her own ideas.

"I think it helps that our customers can tell our food is made from scratch and not out of a can." John Neal agrees, but adds that he thinks it is because the restaurant has that "good, make yourself at home" feel with its southern hospitality.

Marcia spoke of work-

See SASCEE'S pg. 2



Photo by Any Given Day Photography

J.L. AND LINDA CRAWFORD

A co-owner of The Anchor News, J.L. Crawford is the director of operations for the paper. He is also an instructor at McLennan Community College, a Bible teacher, and a LegalShield Manager. Linda Crawford is co-owner and editor of The Anchor News. She is an instructor at McLennan Community College, a Bible teacher and a conference, workshop and motivational speaker.

I would be ready to do something towards my goal, and something would happen to block it. I had gotten to the place where I was ready to give up trying. Then God

spoke, and said to me, 'Go,' and I obeyed."

Tidwell explained that she literally walked into the business. The plans were made long before they found a building. They were prepared to put in a lot more time getting things ready, but God made it possible, so dining tables, a display counter, and chairs were already in place. Within a few weeks, the owners opened the doors of G & G Greens & Cornbread Café & Catering. The Grand Opening Celebration is scheduled for Monday, January 18th from 11:00

SOUL FOOD

Continued from page one

AM to 6:00 PM.

"When you walk into your calling, it's surreal. People will come. Everything dreamed is now realized."

Soul food cuisine is known for its richness. Sylesha clearly understands dietary concerns. She uses spices, not an over abundance of salts to enhance the flavors. "I will accommodate dietary needs. I can fix a no salt meal. Just let me know."

Tidwell believes that "Peace and unifying love" brings her customers back. "When you eat well and converse with others, it takes your mind off of things. Be it a good meal, a friendly smile, or a conversation, it goes a long way and can make a difference."

To enhance family enjoyment, studying, and meal time relaxation, the restaurant is equipped with WiFi, and plans are in the making for having various genres of music playing at different times. "You may be listening to jazz one night, blues another, and maybe, on an occasion, live music."

Davion Sherald, a student and a regular at G & G's, plans to graduate at the end of this year. In the meantime, he says the food and atmosphere keep him coming back. "It's the first spot that hits home for me. The green beans have a taste. Most places just serve foods that taste bland. ... This food reminds me of home."

Catering and delivery services are available. G & G Greens and Cornbread will deliver orders totaling at least \$25.00 in the Killeen area. For details, contact the restaurant by phone at (254) 213-4918. The doors open at 11:00 Monday through Saturday. Closing times vary. G & G offers punch cards with special deals, and for active duty personnel,, G & G offers 10% discounts as the Military Monday deal. Dine in or pick up, but by all means, show up and enjoy the taste of delicious food. Please contact the restaurant about future events and catering needs.

SASCEE'S

Continued from page one

ing in restaurant businesses where customers were not treated as if they were important. "We vowed that we would give each of our guests personal attention." And it is so, said one of the regulars at Sascee's. "I have witnessed Marcia even spending time talking to little children, carrying on a conversation as if they were part of her family."

The Neals said they vowed to be respectful and courteous at all times to all of the customers, even the grumpy, rude ones who are obviously having a bad day. "We serve everyone a home cooked meal with a good spirit, giving each person an all-around good experience.

Marcia strolls around the restaurant, talking to each customer, no matter how crowded it is. She is definitely confident and sassy, representative of the nickname Sassy that has stayed with her since birth. "My mother pinned me with that name, and it stuck. All of my relatives and childhood friends call me Sassy."

Marcia has an interesting account of how the spelling changed to Sascee. Marcia recalled meeting a little 5 or

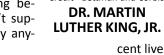
6 year-old boy when she was just 21 years old, who on Valentine's Day, asked, "What's your name?" He then ran to his room and returned with a "Be my Valentine" card addressed to Sascee. "That touched my heart," she said, "and I have been spelling my name that way ever since. I think it is ironic, too, that Sascee's opened on Valentine Day in 2015. I often wonder where that little boy is. He would be about 30 now."

Sascee's has new hours of operation now, hoping to serve the many who wait in lines or who have shown up on Mondays and Tuesdays, when the restaurant was closed . The New Year has delivered 7-day a week service: Monday and Tuesday, from 11 a.m. to 3:00; Wednesday and Thursday, 11 a.m. to 9:00 p.m. Fridays from 11a.m. to midnight; Saturdays from noon to midnight, and Sundays from 12 to 5 p.m. Enjoy live jazz on Friday nights from 6 to 8 and from 11:30 a.m. to 1 p.m. every first Friday. Check out the menu at sascees.com and call in your order at 254-339-1455. Like Sascee's on Facebook.

From the Crawfords...

I Have a Dream

Dr. Martin Luther King, Jr. had a dream. Dr. King's dream is not for a few people. It is for you, and me, and that child who lives with fear everyday. It is for that woman who can't pay her rent or that man who is hurting because he can't support his family anymore.



It was and is for those who need hope, who will sleep on the streets tonight, or who will be forced to leave their homes



Credit - Bettman and Corbis

tomorrow. Dr. King's dream must live in our hearts in the toughest of times when the economy says things aren't likely to change when people look at you and conclude that your side of the tracks won't cut it.

And for those who are fortunate enough to live de-

cent lives, who have good jobs, nice homes, and successful careers, we must lend a hand to help those in need, lest we fall into their shoes.

Anchor News

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PURPOSE

The Anchor News, dedicated to ing areas, focuses on positive news and accomplishments of minorities.

Anchored on the principles

The Anchor News is a free, month- no time publish information that and articles should be e-mailed. ly publication of Crawford Publishing, is potentially libelous material or Letters should be no longer than 200 E-T-C, located in Waco, Texas, (254) intentionally malicious, derogatory or irrelevant

EDITORIAL POLICY

serving the community and surround-necessarily reflect the opinion of the editorial staff. Unsigned editorials reflect the opinions of the editor.

LETTERS AND ARTICLES POLICY

The comments and opinions of of scripture, Anchor News will at our readers are welcomed. Letters

words and must include a name and phone number. Article submissions should be no longer than 450 words and should include an original head Signed opinion articles do not shot (in jpeg format) along with your name, address and phone number. We reserve the right to edit for grammar, space, potentially libelous material and copyright infringement. We also reserve the right to refuse derogatory, irrelevant and malicious submissions.

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The Anchor News | JANUARY 2016

Let LegalShield handle your legal issues

J. L. CRAWFORD, LEGALSHIELD MANAGER

A recent study revealed that nearly 60 million Americans have some type of legal issue. According to the information reported, these working Americans dealt with at least one legal issue in the last year. However, a high percentage of these people could not afford the assistance of an attorney to help them with their dire situations. The highest area of needs included auto and traffic problems, specifically accidents and tickets. Another high need area included family issues, such as child support, adoption and divorce. A third area involved



J.L. CRAWFORD

trust funds, wills, estates, and rental contracts. One particular

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problem that is sweeping the nation is Identity Theft.

Look at the list below (from http://www.legalshield.com/top25legalissues/) If you are experiencing or have experienced or could experience one of the issues on the list, you need to give me a call, so I can help you "live more and worry less."

- Automobile accident
- Identity theft
- Execution of a contract
- · Inherited property
- Secured a home mortgage/ refinanced home
 - Filed bankruptcy
 - Divorce
- Friend who owes you money files for bankruptcy
- Speeding ticket or traffic violation
- Injured someone accidentally
 - Prepared a will
 - Leased a vehicle
 - Marriage
 - Challenged a will
- Leased an apartment or home or bought a time share
- Creditor taking legal action
- Set up a trust
- Adoption of a child/Child Support
- Became executor of parents' estate
- Property was damaged while in storage
 - Was subpoenaed
 - Dog bit someone
- Vehicle damaged while parked on street
 - Sued by tenant

Is your challenge listed above? Preexisting problems are covered, so give me a call at 254-717-4927. Hurry. With LegalShield, "...we can help you worry less and live more." J.L. Crawford, LegalShield Manager.

Church Directory

High Point Church



SERVICE TIMES:

Early Service ~ 9:30 a.m. Second Service ~ 11:00 a.m.

Children's church and nursery available at 11 a.m. service

4600 Sanger Ave. in Waco (Texas Christian Academy Building) **John Rambeau, Senior Pastor**

Temple of Christ Church

Matthew Reed Ministries, Inc.

Sunday School: 10 a.m.
Worship: 11:15 a.m.
Evening: 6:00 p.m.
Monday Bible Study: 7:00 p.m.
Wednesday Prayer Worship: 7:00 p.m.

609 N. 5th Street • Waco, Texas 76701 (254) 753-0772







Ministries

Sunday Worship 10:00 a.m. Tuesday Bible Study 7:00 p.m.

1121 N. 18th St. Waco, TX 76707

Church: (254) 754-2102 Mobile: (254) 498-1707

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Saturday, 8-3

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EVENT	DATE	TIME	PRE- PAY	AT DOOR	SUPER DEAL	STUDENT RATE
Take CHARGE of YOUR LIFE	02/05/16	9AM to 4PM	\$47.00	\$57.00	\$109 Advanced Pay Take CHARGE of YOUR LIFE	\$47 INCLUDES Take CHARGE of YOUR LIFE
Sunbelt Conference and Training		9AM to 4PM	\$79.00	\$89.00	Sunbelt Conference Lunch Fri & Sat One-year Membership	Sunbelt Conference Lunch Fri & Sat One-year Membership

REGISTRATION	CONTACT	LOCATION
www.sunbeltglasser.com Click on Registration	Mona Dunkin 254-749-6594 mona@monadunkin.com	Fairfield Inn & Suites 4257 North IH-35 Waco, TX 76705 254-412-2535

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Jesus, the most gracious one

BY PAM TURNER

Grace. If you're a non-believer and someone began to speak to you of God's wonderful grace, would you completely understand just what it means? I've been a believing, born again, Spirit filled Christian for over 45 years and I learn something new about grace every day. Most of those years were spent believing that once I became saved, I had to work to stay saved. I excepted Christ into my life with a misconception that I had to give up all of life's pleasure and walk the straight and narrow. I understood the sacrifice Jesus made at the cross and what the shedding of His blood meant for mankind, and what happens when you come to Him and ask for His forgiveness of sin.

However, Idon't think I understood just what was given to me that night at that alter, the gift I had received. I knew I had received the gift of the Holy Spirit, and that I had a comforter to lead and guide



PAM TURNER

me.

The night I was baptized, I came up out of the water a new person, totally in love with Jesus and ready to go to work for my Savior. My mistake that night was not understanding I was saved that day forward, not based on my works, but saved to do a work for Him. There was no amount of work I could do or sacrifices I could make from that day forward that could ever pay for the price He had already

paid at Calvary.

Please don't get me wrong; Jesus wants us to take up our cross, follow Him, and spread the good news of salvation to all the world. I went forth that day as a "works thinker," someone who had to get involved with as much church activity as possible to stay saved. I was a young teenager who enjoyed everything I got involved in. I loved spending time working for God and being in His house. However, my walk seemed to be centered more around rules and outward appearance rather than walking in the freedom of His love and Grace.

Grace brings freedom, a freedom to share God's love, not a fear of God's wrath of eternal hell for not carrying the weight of lost souls on your shoulders. I wanted people saved so badly, and have Jesus happy with me that I almost felt desperate when I would witness to whom I felt was lost. I think back now and I feel Jesus wanted to stop me, pull me off to the side, wrap His loving arms around me and say "Pam, it's not your job to try and judge who is lost and who is not. I want you to allow my grace to flow through you and allow your testimony to show my love is a gift, and there is freedom and joy in a walk with me."

I was like a runner who wanted to take off with a message, but I didn't have the

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Linda McDonald, ABR

complete message and took off with it anyway. I had the message of salvation, but not the message of grace and how it can flow through our lives. As my walk with Jesus has matured, I've come to understand more about Jesus and His grace. The great thing is I'm now living in it and if you

would take a moment and invite Jesus into your life, you can enjoy that wonderful love and grace also.

May God bless you and fill you with His loving grace.

Pam Turner is a freelance devotional writer. She is a member of High Point Church in Waco.

CLEMONS

Continued from page one

Temple of Church

Matthew Reed Ministries Inc.

609 N. 5th St., Waco, TX. 76701 • (254) 753-0772

Church Services

Sunday School
10:00 AM

Morning Worship
11:15 AM

Sunday Evening
6:00 PM

Monday Bible Study
7:00 PM - 8:30 PM

Wednesday Prayer Worship
7:00 PM

Pastor Matthew Reed and Wife Helen

me to follow my dreams." Within a year of graduating, Ne Ne found a location, and with her husband's support and skills, business opened.

Ne Ne's Creations is open from 8:00 a.m. to 8:00 p.m, located at 815 N. 8th Street Suite 200 in downtown Killeen. Clemons touts the fact that they really do work by appointment. "Your appointment time is your time, and we work on one head at a time." For clients who have challenges with their hair, Ne Ne's Creations works to find the problem and fix it. "We work hard to maintain healthy heads of hair. Every style isn't for everyone. By attempting to do everything can be detrimental to the health of the hair. Protection of hair and skin is our number one priority."

Ne Ne's Creations offer a wide variety of services including fairy tale hair, consultations, faux locs, weaving, Havana Twists, natural styles, coloring, waxing, and more. Ne Ne's offers on and off site styling.

Ne Ne's Creations plans to host several specials. In February, the Valentine's special is an all night pajama party session. Ne Ne's offers incentive discounts for referrals, punch cards, and calming scalp massages for children who have hair appointments. Each year during prom season, Ne Ne's

will provide one winner with a prom giveaway package that includes a complete hair make over, a dress, and more. "Helping a young lady make it to her prom has proven to be a life changing experience," explained Clemons. Clemons has big dreams, which include a 10-year plan to open multiple franchises. As the revitalization projects continue in Killeen, Teneshia Clemons, owner of Ne Ne's Creations, is contributing to the economic growth and stability of Killeen.

Be sure to book your appointment today for fashion shows, bridal parties, stage performances, and other hair servicing needs by calling (254) 458-6449.

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2016 and time to take charge of your life

BY MONA DUNKIN

"Consider that you personally have an internal force driving you to succeed? That you have a heat-sensing mechanism that pulls you like a moth to a flame? That everything you do is actually your choice?

I love ironies. How fitting (?) that in the dead of winter's cold and bleakness, we human beings are spurred to look beyond the immediate and project a better tomorrow.

Ah, the unyielding spirit of mankind. We have internal drives that push us to tackle another mountain or face another day or simply breathe another breath. These forces are internal and are not controlled by external powers, people or past experiences.

Dr. William Glasser, founder of Choice Theory Psychology, states that all human beings are motivated by five genetic instructions.

Survival or self-preservation (the need to have a full tummy and be safe)

Belonging (the need to fit in; to love and be loved)

Power or achievement (the need to be the winner or the first



MONA DUNKIN

or the best; or at least not lose)
Freedom or independence
(don't tell me what to do!)

Fun or enjoying (the need for pleasure and entertainment)

These needs are universal. All seven-plus billion being currently living on planet earth, all those that ever have lived and all those that ever will live – all have these five needs. All have the same needs, just different expressions of getting the need fulfilled. We all eat. Universal tastes and menus are mucho varied.

Even though DNA has previously been said to mean "Do Not

Alter", the science of epigenetic are proving otherwise. Noit alter in its entirety – the survival instruction is still there to keep you alive – but – through training - may be modified to cooperate rather than to dominate. The pleasure need never goes away. Through discipline and counsel, the obese can slim down, the addict can be restored to sanity and the perverse can live well behaved.

This is nothing new. People have been changing up or down the spectrum from time immortal. What is relatively new is a simplified correction course pioneered by Dr. William Glasser. Choice Theory Psychology - everything we do is a choice (whether we are conscious of it or not) - Take Charge of Your Life strategies - easy to learn, easy to apply and with amazing results — and Reality Therapy method of counsel and self-evaluation.

We can take charge of our own life by listening to and heeding our own wisdom heart. By becoming aware of our genetic instructions and how they may have run amok. By realizing we are choosing every action we

take and re-think, thus reprogramming and reinventing ourselves – becoming our best self.

"Whether you think you can or think you think you can't -- you're right."

Henry Ford, Founder of Ford Motor Company

Ah, yes, the unyielding spirit of mankind. I like to look at Spirituality as being a sixth need, thus making our internal motivators a purring six-cylinder. Spirituality (the need to connect to the invisible; Divinity, dreams, goals, generations past, generations future and mysteries of life. Register for February Seminar: glassersunbelt.com

Need a speaker? Mona Dunkin is a Motivational Speaker, Corporate Trainer and Personal Success Coach. Read past articles www. monadunkin.blogspot.com. Contact her at mona@monadunkin.





Community Service

BY MARSELO "SELO" LOZANO

COMMUNITY SERVICE - A service that is performed for the benefit of the public or its institution; an unpaid service for the benefit of the public that is performed by lawbreakers as part (or all) of their sentence.

The general idea of community service plagues about half of the young people as time served to get out of trouble. The other half sees it as an opportunity to gain required high school or college credit. Adults think of Community Service as free labor. In the past generations community service used to be an honor to those with ability to help or make a difference in a community. In today's culture, community service seems to be left to those who would not serve outside a guaranteed paycheck or compensation. Now, I'm not saying everyone who does community service does so because they are required. What I am saying is community service does not always change a perspective or attitude. If we look at helping others as work without pay then we already have an attitude problem. Young people from 6th to 12th grades are able to give but are trapped by laziness.

Some employees will not work harder than what they believe they are getting paid for. This thought process directly effects the community involvement in our up and coming generation. Often an employee will only put forth the effort in to a job or work based on what they value it at. So, if minimum wage is \$8.00 an hour the employer is only going to get about 5.00 worth of work per hour. "When I was between the age of 11 and 17, I was taught, "whatever you put into your community is the value it has with you." I remember helping folks repair roofs, put up fences, mow grass, repair broken down cars - services.

See, that's what I mean! Many young people think, "How much did you get paid?" and "That's crazy! Why do something to help someone you don't know?" One year I took a group of students out to paint a build-



MARSELO "SELO" LOZANO

ing that was tagged with graffiti. We paid for the paint, the brushes, everything. The owner asked the same question most folks ask. "What's it going to cost me for your help."

They think this way because young people are taught to charge for everything. I am amazed at how we push community service for credits or time served but outside this, it's time to get paid. Almost every young person thinks they are doing the company or business a favor by working for them. The fact is that if we as older adults do not teach the coming generations a simple principle, they won't learn it. People came in looking for a job and when you leave, you will be looking for a job. Some students have never been taught that being able to work is a gift.

Yes, work is a gift. Have you ever wondered why police officers, fire fighters, Government officers, EMTs, teachers and pastors get paid so little? Well, it's because these are considered community service jobs, or public servant jobs. Notice the words servant - service. What would you charge to run into a burning building that you may not come out of? What would you charge to face an angry man who hates police officers, has a gun, and is holding a stranger hostage? What would it cost to get you to teach disrespectful, disobedient teenagers English for eight hours a day? Yep thought so!

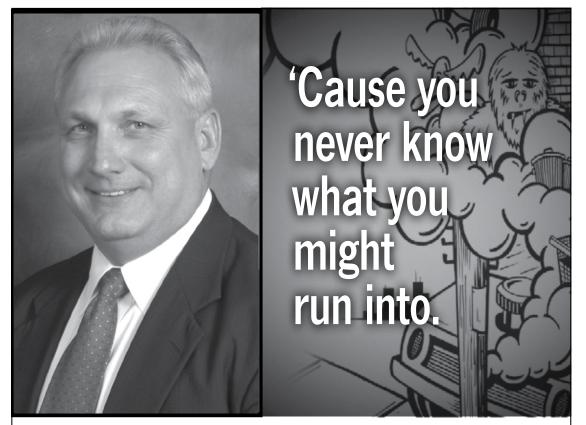
Many have a price so high, it's ridiculous. Others are thinking "Nope couldn't pay me enough to do that job." This is why not everybody

understands why community service is so important. They are not doing it because of the amount of money they get paid but because they value the community more than time or money. So don't serve or do community service to be seen, rewarded, collect credits, or pay debit for misbehavior.

I challenge you to take

some time to serve your community because it's a gift you were given and because you truly care about your community. Otherwise go back to sleep after you watch all your Hulu, Netflix, RedBox, and play all your video games and surf the entire web.

Marselo "Selo" Lozano has been around the block a few times. His experience gives him a trusted voice in helping youth leaders understand how to reach and raise the future generations. Don't hesitate to contact Marselo and Mia Lozano. They are quality people, and they'll help you reach the young people of your community. Contact them at 254.756.1240 or P.O. Box 423 Waco, TX 76703.



Richard Kruger, Agent 7213 Sanger Avenue Waco, TX 76712 Bus: 254-776-4593 richard.kruger.pkib@statefarm.com

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All men are endowed by their creator with certain unalienable rights, Part 1

BY RUBY MCCRAY

I just re-visited the Declaration of Independence and am recording the first sentence in the second paragraph.

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

Please don't read this article in a mean-spirited tone; that is not my intention. I don't want to cause anyone hurt, grief, shame or feelings of insecurity that your very purpose for being created. But I must point out some things that should cause all of us to take a second look and re-think some happenings that are going on right before our eyes.

Allow me to set the stage! If you have no spiritual convictions, no doubt, this teaching will not have the same effect on you as it will on the ones who do. Nonetheless, truth is truth and facts are facts.

The Declaration of Independence even declares that mankind has a Creator with a capital "C". That's a reference to God who created the heavens and the earth (Genesis 1:1-31).

"Then God said, 'Let us make human beings in our image, to be like us. They will reign over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground. So God created human beings in his own image. In the image of God he created them; male and female he created them'" (Genesis 1:26, 27).

"In the beginning the Word [Jesus the Christ] already existed. The Word was with God, and the Word was God. He existed in the beginning with God. God created everything through him, and nothing was created except through him. The Word gave life to everything that was created, and his life brought light to everyone. The light shines in the darkness, and the darkness can never ex-

tinguish it" (John 1:2-5).

'Christ is the visible image of the invisible God. He existed before anything was created and is supreme over all creation, for through him God created everything in the heavenly realms and on earth. He made the things we can see and the things we can't see—such as thrones, kingdoms, rulers, and authorities in the unseen world. Everything was created through him and for him. He existed before anything else, and he holds all creation together" (Colossians 1:15-17).

"Long ago God spoke many times and in many ways to our ancestors through the prophets. And now in these final days, he has spoken to us through his Son [Jesus]. God promised everything to the Son as an inheritance, and through the Son he created the universe" (Hebrews 1:1, 2).

These Scriptural passages are enough to prove that mankind was created by God. All creators are called owner. We all understand ownership—except for when it comes to God. I've made a few things for my purpose and even have the copyrights to prove my ownership, and I even say that they are mine. But when God creates things—especially human beings, we claim them as being our own, when in reality,



EVANGELIST RUBY MCCRAY

we are just stewards (Genesis 1:26-31).

"Bring all who claim me as their God, for I have made them for my glory. It was I who created them" (Isaiah 43:7).

"What sorrow awaits those who argue with their Creator. Does a clay pot argue with its maker? Does the clay dispute with the one who shapes it, saying, 'Stop, you're doing it wrong!' Does the pot exclaim, 'How clumsy can you be?' How terrible it would be if a newborn baby said to its father, 'Why was I born?' or if it said to its mother, 'Why did you make me this way?' This is what the LORD says—the Holy One of Israel and your Creator: 'Do you give me orders about

the work of my hands? I am the one who made the earth and created people to live on it. With my hands I stretched out the heavens. All the stars are at my command" (Isaiah 45:9-12).

It appears that, as a whole, all of God's creation loves to praise Him except for mankind (Psalm 148:1-14). He loved us so, that He created us with a free will, knowing that we would use our will to even disobey and reject Him (John 1:11, 12). He created us. Adam sold us out to the devil (Genesis 3:1-24), then He purchased us back with the price of His own blood on the cross (1Corinthians 6:12-20). His torn body was

beyond recognition as a human (Isaiah 52:13-15). So "TWICE" we are His! He created us, then He bought us back. Sorry to be the barrier of bad news, but your body is not your own body.

I've laid the foundation on which we will begin building in February, the Lord willing. Please read these passages in your Bible. You may not believe me; but...just what if I'm right?

Evangelist Ruby McCray is the founder of A City of Refuge Ministries. For questions or comments e-mail rubyacorm@yahoo.com or write to A City of Refuge Ministries, P. O. Box 2025, Waco, Texas 76703



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Author, Artist & Contributing writer for *The Anchor News*

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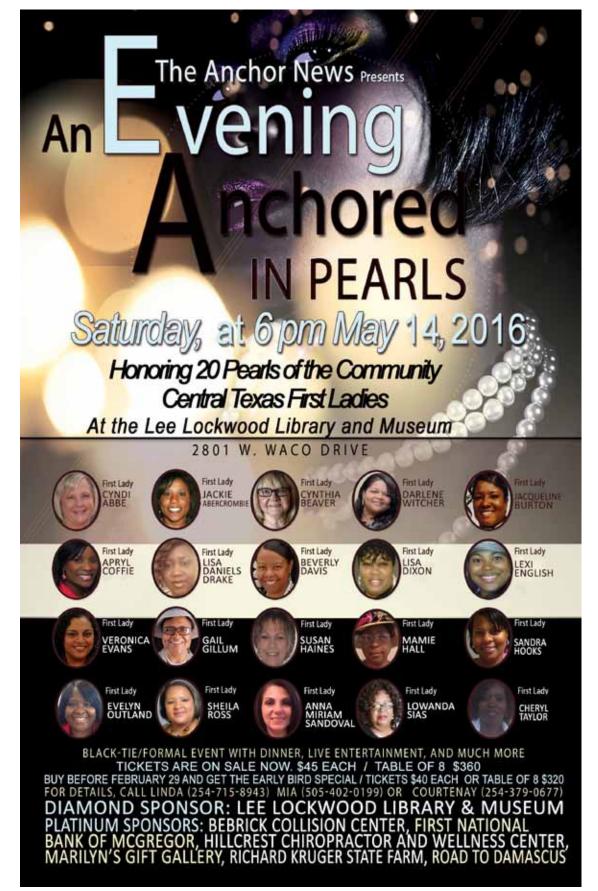






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And they were offended

BY MATTHEW REED

Now days everybody is offended about something, sometimes rightly so. Christ's church has come to a place where people are offended at the word of God. The homosexuals are offended because the bible declares homosexuality is sin. The church is offended because God's word declares homosexuality is sin and we don't won't to upset anyone. The Church needs to understand there are no two ways about it; we are either with him or against him. People are offended because Jesus said in Mark 10:7-- For this cause shall a man leave his father and mother, and cleave to his wife. It is also found in Genesis 2:24, therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh. You can find this in Ephesians 5:31 and Matthew 19:5. These scriptures establish the truth that marriage is between a man and a woman. This is the way God designed it and you can't change that.

Then there are those that are angered because we the Christians declare that the real and only God created all things. They are angered because we declare his name to be Jehovah and there were those who knew him only as God Almighty. In any case there is only one God and the Jews are his people. If that offends you, too bad; that's the way it is. Mark 12:32 says the scribe said unto him, Well, Master, thou hast said the truth: for there is one God; and there is none other but he: Mark12:29And Jesus answered him, The first of all the commandments is, Hear, O Israel; The Lord our God is one Lord:) If we the church stay with the scriptures we cannot err.

Then there are those that say there is no God. So they are offended because we declare Jehovah to be God. Now the unbeliever is offended. The church must continue to declare that Jehovah is God and Jesus is Christ whether they are offended or not.

To the meat of this article, today's Christians especially in this country have been walking thru on beds of ease because of works (battles fought and won) by previous generations of Christians. As in everything the dog has returned to his vomit and the church is in the midst of a battle again. We are going to have to prove to this generation that God Jehovah is God and that he's right and men are wrong. Some of us just don't seem to have the stomach for it. But to help you out they were offended in Jesus's day, too. Matt.15:12 says then came his disciples, and said unto him, Knowest thou that the Pharisees were offended, after they heard this saying? Matt.13:57 says and they were offended in him. But Jesus said unto them, A prophet is not without honor, save in his own country, and in his own house. Men have been offended of, in, and at Jesus and God for a long time.

You and I should be careful that we are not offended because of Him or His words. Matt



PASTOR AND MRS. REED

24:10And says then shall many be offended, and shall betray one another, and shall hate one another. Peter was offended and said "I don't know him." In John 6:55-63, they were offended because H said "You must eat of my flesh and drink of my blood." Some are offended because of the scripture spare the rod and spoil the child. Now you have the homosexuals and those with strange Gods and the unbelievers trying to intimidate the people of God.

I refuse to be offended or

intimidated by these people or at the teachings of Christ. Homosexuality is sin; there is only one God and his name is Jehovah. He has a son named Jesus; he is the savior of the world and God is. I ain't taking it back!

Throughout a Christian's life, if you got saved at age eighty or age ten, students of the scriptures have been taught that people will get offended at the Gospel of God. These days the church wants to stick its head in the sand. It's time to put up or shut up.



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Top Anchor Stories from 2015

From August 2015...

Simon receives leadership scholarship from Baylor

WRITTEN IN PART BY LINDA CRAWFORD WITH S. TRUNELL

He was a single child in a single parent household. He was an humble child whose story has an humble beginning. He was a child destined to lead those who were destined to follow. Born to a single mom in college, Simon remembers moving several times in a year as his mother tried to find the best housing locations that would offer the best opportunities for her son. Trials such as these helped to build good and strong character in Malik Simon, teaching him to adapt, adjust and communicate in any setting. "The diversity I was exposed to was truly inspiring, moving from Mississippi, to Texas, to Washington and now back in Texas. I have had exposure to many intellectual people, and that's a reason I am so open minded to different ideas and not so quick to deem many things wrong without justification," explained Simon. "This type of environment helped polish my leadership skills, social interaction skills, and decision making skills," he said referring to his clarity of career choice.

Now as a recent graduate of Rapoport Academy-Meyer High School, he is entering the college of his choice in the fall, Baylor University. The polishing has paid off indeed. Simon recently received Baylor's LEAD-LLC Academy for Leader Development Award. According to the website (www.baylor.



MALIK SIMON

edu/leadership/) the program "aims to graduate students who will not only be leaders and influencers, but also instruments of change. This scholarship gives students an opportunity to offset the cost of their edu-

cation while making a difference."

The 17-year old has definitely much evidence pointing to his leadership qualities. The son of Robert Morgan and Shamonica Trunell Morgan, Simon recalled his emotions as he left a comfortable school environment to transfer to Rapoport Academy. He was extremely nervous about the new setting and not having his friends by his side. He was surprised at how quickly he adapted and made close, caring friends because of the Rapoport family atmosphere.

His father was not surprised at all. "He is a remarkable young man, with deep convictions and very high morals and standards. I was not surprised at all."

According to his mother, whom many Wacoans know as Dr. Trunell, owner of Hillcrest Chiropractic, Simon stepped into the role of leader almost immediately, not only at the school but also within the community. He served as the Vice President of Student Government, was a member of the National Honor Society, was the team manager on the Rapoport Raven's athletic teams and represented Rapoport as a student ambassador. Simon was also named the Alpha Psi Alpha Outstanding African American Student, served as an intern at The Law Office of Simer and Tetens and as a mentor and big brother figure at Quinn Middle School. He was a Jack and Jill Regional Conference teen representative and Charismatic Practice Representative at Hillcrest Chiropractic. In addition, Simon received the first place area science fair award, and though he chose Baylor, he was also accepted into Howard University. He has played baseball since he was 5 and was on many traveling teams. And

while the Morgans attribute Simon's success to Simon, he places the credit on his parents.

"My mom has made the biggest impact on me and the great motivation for me to achieve anything that I have. Every since I was young, my mother was both parental roles. She played mom and dad until we found my blessing of a step-dad, who motivates me and supports me. My mom taught me about morals, and how to be respectful and mindful of my peers. She carried me through most of her college career and showed me that anything was possible, with the right guidance and most importantly with listening to your God. She taught me everything."

Simons is also grateful for the caring teacher and staff at Rapoport, who gave him one on one attention whenever he needed it. As part of Rapoport's Dual Credit program, Simon enrolled at Texas State Technical College. He recently graduated from high school with 32 college credits. Simon plans to obtain a bachelor of science degree in biology with a minor in pre-medicine. After his under graduate studies, he will attend law school or chiropractic school. "My mother taught me at an early age to get as much education as possible because no one could ever take my education away from me. My mother also told me in order to be successful, you must surround yourself with successful individuals. I have done that and I plan to continue to follow her wisdom of experiences."

Simon says he does not worry about tomorrow. "God is already there! 'For I know the plans I have for you,' declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11.

From September 2015...

Kathy Washington receives HEB leadership award

"Serving our customers and Partners requires more than just executing well within the store," says Jeff Thomas, Senior-Vice President/General Manager of H-E-B. The following excerpt is part of Thomas's letter to H-E-B's Central Texas Region Leadership Team.

The vitality and continued success of our communities requires a commitment from our Partners to become involved in and personally support community endeavors. This value has been demonstrated so powerfully that our customers expect "their H-E-B" to be much more than just a place to shop. Each year H-E-B selects a few partners that represent this spirit of community giving. Kathy Washington, Customer Service Specialist at Waco 5 and 24-year Partner, has been selected as this year's recipient of the David Ashworth Award for community



KATHY WASHINGTON

leadership in Central Texas.

If you've ever had the good fortune to meet Washington, you'll remember it! She is a tremendous asset on the sales floor, a highly regarded Partner on her team and known for her helping hands and talented leadership in the community. Washington was born and raised in Waco along with 8 siblings. She learned early the power of teamwork and helping others. She is a member of the

Waco Diversity Council and Spirit Corps. can be found serving at community events including the JDRF Bowl-athon, the Waco Veterans Parade, and at March of Dimes. She also serves as the children's area lead for H-E-B's Feast of Sharing Dinner and at the Heart of Texas Rodeo.

Washington manages event and volunteer coordination for the MLK Community Service Day, the Sickle Cell Anemia's Telethon, RGIII Salute to Fitness and on and on. When asked how she motivates so many other Partners to join her in community service, she replied, "I don't ask anything that I'm not willing to do." And then with a sly smile and her years of experience she added, "Their job is to keep up with me in the community." Washington is abodies the adage, "If you want to go fast, go alone; if you want to go far, go together."

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Top Anchor Stories from 2015

From December 2015...

New aesthetic medicine - African American breakthrough

Typically, people with darker skin types must travel long distances for effective laser services for the skin. Well, travel no more! The Anchor News is introducing a new business, Revitalize Skin Care & Aesthetics. Revitalize is a new cosmetic and skin care clinic located in Salons by JC in the Central Texas Marketplace in Waco, Texas.

Having opened in October of this year, the company offers certified specialists who provide laser services for the removal of unwanted hair, sun spots and spider veins in patients of all skin types. They also offer physician-administered botox and dermal filler injections, certified microneedling, PCA chemical peels and other services in conjunction with a free consultation process, customized to the needs of the individual.

Dr. Vikas Patel, is the medical director for Revitalize. He personally administers all the



DR. VIKAS AND PRITI PATEL

cosmetic injections. His wife, Priti (which means "love"), is certified in laser and cosmetic services. The Patels' Indian heritage gives them first-hand knowledge of how sensitive dark skin types can react to laser and chemical peels. With the latest in laser technology, hair removal at Revitalize utilizes two different lasers. Without burning the skin, which is typical for dark skin treatments, these hair removal methods

specifically designed to treat skin types that range from light to very dark. After a series of customized laser hair removal treatments, permanent hair reduction rates of 85% and higher have been achieved to the satisfaction of many clients.

Revitalize offers collagen induction therapy with microneedling, another effective treatment modality that targets fine lines, acne scars and skin irregularities. This treatment allows the skin to become smoother and even and improves its overall appearance. The specialists at Revitalize are certified in microneedling and utilize the Eclipse Micropen, which was nationally recognized on The Doctors television show and Good Morning America.

At Revitalize Skin Care & Aesthetics, the Patels' mission is to offer the safest, most effective laser and cosmetic services at an affordable price to all of

Central Texas. For more information, please call Priti Patel

at (740) 527-3763 or (740) LA-SERMD.

From March 2015...

Anchor News owner among men honored

The Women's Ministry of New Hope Baptist Church of Waco will host its Annual Women's Day on March 22, 2015 at 3:30 p.m. Traditionally, the New Hope Women's Ministry honored women in the community on this annual day; however, this year, men in the community will be honored for their Christian endeavors in the home, church, and community. Rev. Dr. Jimmy Hunter and the Toliver Chapel Baptist Church are the invited guests. The public is invited to attend this momentous occasion.



ANCHORNEWS OWNER, J.L. CRAWFORD IS AMONG THE HONOREES.

From March 2015...

Waco NAACP celebrates nearly four decades of service

The Waco NAACP celebrated seventy-nine years of service in the McLennan County community at its annual banquet on Saturday, February 28. Held on the old Paul Quinn campus in the City of Waco Multi-Purpose Building, the banquet was attended by nearly 200 people. Waco NAACP vice-president Nellie Elarms gave a warm welcome to attendees. Among those attending were the Texas State Conference of NAACP Units president Gary Bledsoe, State Youth and College NAACP president Erin Gaddis, and Baylor University NAACP President Deandra Dyer. Also in attendance was Dan Richards, who stood in for his father civil rights attorney David Richards who was unable to speak as planned due to illness.

Special guests include former Anderson County Commissioner Rodney Howard of Palestine and Waco City Councilman Wilbert Austin. Both men were recognized for their courageous roles as plaintiffs in two important civil rights cases tried by Richards. Howard is the last surviving plaintiff in the Robinson v. Commissioners Court which resulted in singlemember voting districts in Anderson County. Austin was one of the plaintiffs in the Derrick v. Mathais which resulted in single-member voting districts in Waco.

Mistress of Ceremony, Waco NAACP president, Peaches Henry opened the program by giving a special recognition award to Rev. and Mrs. Larry Brown, immediate past president and secretary, respectively. The Browns served the chapter faithfully during the past years when membership was low. Shavonne Na'Tey, winner of the first Waco's Got Talent Mission Waco contest and a contender on Sunday's Best, performed beautifully during the evening. Gail Mays



PASTOR GAYLON FORE-MAN AND WIFE, YVETTE

and Marilyn Bell oversaw the early bird raffle which included the tickets of those who purchased banquet tickets early. The proud winner left with a 23" flat screen television.

A highlight of the evening came when Nina LeBlanc Moore, Waco NAACP Education Chairwoman, announced the Dr. Mae Jackson and Rev. Robert L. Gilbert Scholarships. The scholarships will be open to students are graduating seniors and to current college students. LeBlanc Moore also announced the Waco NAACP essay contest for sixth, seventh, and eighth graders. The scholarships will be presented and the essay contest winners announced at the Waco NAACP Scholarship Banquet on May 8.

Gaylon Foreman, pastor of Carver Park Baptist Church, received the Waco NAACP's Community Service Award. Foreman received the award for the help he provided the NAACP as it worked to fulfill its initiative to educate the community about the Affordable Care Act and his commitment to serving the Waco community. Mrs. Bettie Beard was awarded the Waco NAACP Outstanding Member of the Year Award for her work as

Health Committee Chairperson during 2014.

State NAACP President Bledsoe schooled the audience on various lawsuits the NAACP is involved in around the state including a gerrymandering case in Anderson County which seeks to reverse the work that David Richards succeeded in doing forty years ago. Dan Richards delivered the speech his father wrote, endearing himself to many who remembered his father, his mother Ann Richards, and his grandmother who helped found the Waco chapter of the League of Women Voters.

Henry closed the banquet by reminding the crowd that of the upcoming scholarship banquet which will feature Phyllis Jones, the Texas State Conference of NAACP Units Education chairwoman, as speaker. The theme of that banquet will be "The Importance of Education in Keeping the Dream Alive."

Top Anchor Stories from 2015

From April 2015...

Christian Brothers Moving Services earns Angie's List award

BY LINDA CRAWFORD

The letter begins, "Christian Brothers Moving Service has earned the service industry's coveted Angie's List Super Service Award, reflecting an exemplary year of service provided to members of the local services marketplace and consumer review site in 2014."

Yes, you read it correctly. Waco's Christian Brothers Moving Service, owned and operated by Janet Chisom, has been awarded the Angie's List Super Service Award. The letter continues, "Only about 5 percent of the moving companies in Waco/ Temple have performed so consistently well enough to earn our Super Service Award," said Angie's List Founder Angie Hicks. "It's a really high standard.""

Christian Brothers located in Waco was founded on August 15, 1995 by the late Willie Chisom, Jr. who had a vision for helping others and for revolutionizing the

moving service industry. With his passion, coupled with his search for knowledge, he was able to begin meeting the demands of service needed in the moving and delivery industry. During this process, he and his wife, Janet, began to learn more about the industry and use their outgoing personality to forge important relationships and alliances with other moving and delivery companies.

This timely strategy earned the company outstanding referral ratings from homeowners, professional organizations, and other businesses. These ratings allowed them to quickly position their business, build its reputation, employ multiple people and soon take it to a new place in the industry by providing reliable services at an affordable price.

Christian Brothers Moving Service, has proudly served Waco, TX and its surrounding communities and cities for over twenty years. This business has



JANET CHISOM

always prided itself on providing exceptional service and has become a leading force in the moving and delivery services.

In 2008, Willie's untimely death propelled Janet to transform the business structure, taking Christian Brothers to the next level of performance. With

her hard work and determination to keep the business going, she spent hours streamlining every phase of the business to increase efficiency. Chisom enhanced administrative processes, employed more people, offered resources for employee development, and acquired additional equipment to provide service to more clients.

In the midst of her grief, Chisom picked up the torch and has since earned a place and respect in a highly male dominated line of business. On June 15, 2008, a local Waco news affiliate recognized the business, and the company has continued to flourish.

Chisom has received notable recognition among the National Association of Professional Women, and as a full service moving business, Christian Brothers holds a BBB Seal as an accredited business with the BBB. Christian Brothers continues to receive a large volume of referrals and maintains a top rated standard among moving and delivery ser-

vices in Waco and surrounding cities.

Just recently Chisom received the notification that Christian Brothers Moving Service had earned the 2014 Angie's List Super Service Award. According to Angie's List, this "award reflects the company's consistently high level of customer service.... It was given an "A" rating for services provided during 2014 based on favorable consumer reviews and the professionalism it exhibits."

What began as a vision nearly two decades ago has now become an icon for excellence in the moving service industry. "I look forward to increasing the company's range," said Janet Chisom. "We provide exceptional service at affordable prices. My heart is to carry out the company's vision for excellence. If you call us, we will make it happen." For more information, contact Christian Brothers Moving Service at 254-757-0505.



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Top Anchor Stories from 2015

From August 2015...

Spirited vice president leaves legacy at MCC

BY LISA WILHELMI

After seven years at Drake State Technical College in Huntsville, Alabama, Alvin "Al" Pollard was comfortable in his position as Dean of Technical Education. But, after interviewing at McLennan Community College, he knew his world and career were about to change forever. "The campus and people were very impressive. Everyone was very cordial and nice. I knew it would be a challenge, and I had some anxiety about taking the position," says Pollard.

In 1973, Pollard accepted the Dean of Technical Education position at this newly established community college on a serene, beautiful campus in north Waco, and moved to Texas with his wife, Luwenda and son, Alvin Jr. (Avery, their second son, was born in Waco.) It was a long way from his hometown of Biloxi, Mississippi, but it would become home to Pollard and his family for over 40 years.

Pollard is currently Vice President of Program Development, Equal Employment Opportunity (EEO) Officer and Title IX Coordinator at McLennan.

He has worked alongside all three college presidents and holds a wealth of historical information about the College and Waco. Even more valuable is the mentoring Pollard has offered to college professors, administrators and students.

Growing up in segregated Biloxi, Pollard had humble beginnings. He held various jobs as a young man in the vacation town on the southern beaches of Mississippi. His parents and teachers obviously saw a wealth of potential and encouraged him to attend college. "The teachers called me 'prof' because they said I would be a college professor one day."

As a junior in high school, Pollard attended a recruiting event at Tennessee State Uni-



ALVIN "AL" POLLARD

versity in Nashville, where he saw a beautiful campus with students going to and from classes, lots of pretty girls and people having fun. He just knew he wanted to attend this University. This is where he would meet his major adviser and lifelong mentor, Dr. Calvin O. Atchison, as well as his future bride. Dr. Atchison asked Pollard what he wanted to do with his life. Pollard replied, "I want to be like you, a psychology professor. I want to work in higher education."

Upon graduation with his master's in psychology, Pollard received a teaching position offer from Lincoln University in Jefferson City, Missouri. It was the summer of 1963, and Martin Luther King, Jr. was planning the March on Washington for Jobs and Freedom. Pollard had taken part in several nonviolent civil rights demonstrations while in college and planned to attend. However, the march was scheduled for the same day Pollard was set to start his new job. It was a tough decision for this spirited man, but Pollard took the advice of his father who said, 'You'd better take the job after everything we have done getting you through college." Pollard doesn't regret his decision but still wishes circumstances had allowed him to participate.

Pollard's imminent retirement at the end of August has

many of his colleagues fretting over what they will do when he is gone. The college's president, Dr. Johnette McKown, struggled with this dilemma and has asked Pollard

to remain the EEO Officer for a few more years. He will also teach a class for freshmen that prepares them to be successful in college. Pollard has this advice for new students: "Believe and have confidence in yourself. If you have the ability, believe it, and always realize there is a higher authority. Don't forget that. Be grounded."

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MAKE SURE YOU WORK WITH THE BEST

Not all licensed real estate agents in Texas are the same. Only those who pledge to uphold the strict code of professional ethics established in 1913 can call themselves Texas REALTORS.

When you hire me, you can feel secure knowing you have someone on your side. Someone who will help you achieve your goals.

I WILL ALWAYS PUT YOUR INTERESTS FIRST

I measure success by creating satisfied clients. To do that, I focus on your real estate needs.

COMMUNITIES MATTER

REALTORS don't just help people buy and sell real estate. We also volunteer in the community to make it a better place for all of us.

REALTORS ARE ON THE SIDE OF ALL HOMEOWNERS

We work with legislators to create favorable laws for homeowners. We also fight rules that would restrict property owners' rights.

MY EDUCATION NEVER ENDS

Laws change. Markets shift. I take courses to increase my expertise so I can better serve you in such an important transaction in your life.

OPENING DOORS

REALTORS work hard to create more opportunities for people to afford homes.

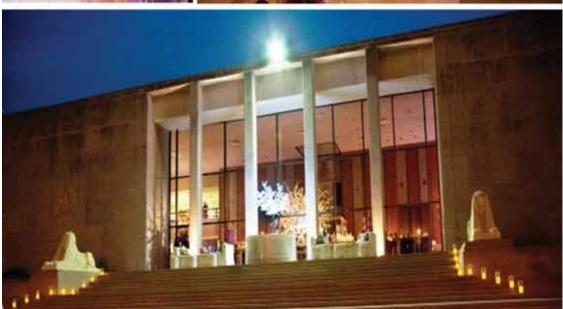
I HOLD MYSELF TO A HIGHER STANDARD

All real estate agents must follow laws. But as a REALTOR, I also abide by a strict code of ethics. That means I have additional responsibilities to the public, my fellow REALTORS and to you.

You have a lot at stake in a real estate transaction. I owe it to you to be more than just an ordinary real estate agent. That's why I am a Texas REALTOR.









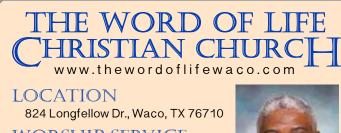


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WORSHIP SERVICE Sunday at 10 a.m.

BIBLE STUDY Wednesday at 7 p.m.

CONTACT INFO.

Church - (254) 772-1371 E-Mail - twolcc@grandecom.net



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