

# THE Anchor News

## Education Issue Continued

*Celebrating 18 Years!*

SEPTEMBER 2020

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Free



### Assistant Principal Vicki Stone wears many hats

BY IDA WILLIAMS

Vicki L. Stone, an accomplished, professional educator and assistant principal with the Waco Independent School District, has experience in teaching, team building and supervision. She epitomizes integrity, energy and hard work.

Stone gives credit to her family for instilling in her positive values that have served her throughout her life.

Growing up in Waco, she attended the Waco Independent School District graduating from University High School. While Stone worked as a secretary, her mentor, Cleoda Bables, a WISD educator, inspired her to pursue her educational goals. Following his leadership, she enrolled in Baylor University and received a Bachelor of Science degree in elementary education with a specialization in reading. This specialty supports her leadership and teaching approach, as she views literacy as a foundation



VICKI L. STONE

of academic progress.

Empowered with a strong desire to maximize her impact on students and the community, Stone pursued a path of educational leadership by earning her master's degree in Educational Administration and Principal Certification from Tarleton State University.

Stone is a long time employee of the Waco Independent School District having served in the capacity of clerk,

secretary, classroom teacher, Campus Reading Coach, Math/Reading Interventionist, Instructional Specialist and presently serves as the Assistant Principal at West Avenue Elementary School. Her educational philosophy is based on her uncompromising belief that all students can learn, given a positive learning environment, a committed and focused educational team, an encouraging community and supportive family. She has impacted the lives of many students over the years by nurturing, counseling, disciplining and educating them.

Stone was the recipient of the Waco Independent School District's Outstanding Teacher Award - 2002-2003.

In addition to being an educator, she is a dedicated and devoted member and First Lady of Pleasant Grove Baptist Church. She willingly serves in many roles in the church including, but not lim-

See **STONE** pg. 7

### Meet Tabatha Shelby, Midway ISS teacher

BY JAMIE BEAVERS

When teachers and staff at Midway High School see Tabatha Shelby walking toward them in the hallway, they know their day is about to get better. As the ISS teacher, one may expect her to be serious and authoritative, but her calming and positive nature are just what makes her a successful educator and coworker.

This is her second year as Midway's ISS teacher. Students are sent to ISS (in school suspension) after accumulating infractions for disrespect, not following dress code, and other negative behaviors. Before Midway, Shelby was at LaVega ISD for 11 years. She worked at the high school for eight years as an assistant principals' clerk, at the George Dixon campus for one year in ISS, and two years at the primary campus as a pre-K assistant.

As an ISS teacher she has made a great impact on her students.

"I tell the students right from the start that we all make mistakes," she said, "and now what are we going to do to not make that mistake again? Because you need to be in class learning."

She added the most challenging thing is making sure the students stay on task. Teachers rely on her to make sure students keep up with their assignments while temporarily away from their normal learning environ-



TABATHA SHELBY

ment.

"Working at the high school, I feel like we are family here," Shelby said. "I feel wanted and needed. That means a lot to me."

Outside of school, she is a busy lady.

"I love watching Hallmark, sports, and going to Cato and Hobby Lobby," she said. "I love to do scrapbooking and coloring. I find peace and relaxation doing both."

Activities at Pleasant Olive Missionary Baptist Church also keep her busy.

"While in church I love being an usher," Shelby said. "I served as a chair for the church Family and Friends Day for eight years."

On her school campus she receives praise for her above and beyond service.

"I was voted in as a staff member of the week my first year at Midway," she said. "I was jumping

See **SHELBY**, pg. 2

### Killeen's virtual black art & film festival celebrates success

BY W.B. GUNTER

In 2019, plans were underway for presenting to the public an art and film festival from the perspectives of Black artists and filmmakers. Luvina Sabree's vision was to create a space for black filmmakers to tell their stories from their perspectives. Sabree is founder of the Armed Forces Natural Hair and Health Expo, held annually in Killeen. It has been a huge success with celebrity guests, entertainment, and seminars. She is no stranger to big events and packing a ven-



LUVINA SABREE

ue. The Art and Film Showcase is another part of that evolution of bridging community engagement and the business of art and film together. The film festival was set to open in March, 2020 but had to be postponed due to COVID-19. It had to be rescheduled until September 5, but to save money and lives, Sabree made the decision was made to bring the showcase virtually.

Sabree met with filmmaker, director, and owner of KZa-

See **FESTIVAL**, pg. 2





Photo by Any Given Day Photography

**J.L. AND LINDA CRAWFORD**

A co-owner of *The Anchor News*, J.L. Crawford is the director of operations for the paper. He is also an instructor at McLennan Community College, a Bible teacher, and a LegalShield Senior Manager. Linda Crawford is co-owner and editor of *The Anchor News*. She is an instructor at McLennan Community College, a Bible teacher and a conference, workshop and motivational speaker.

**FESTIVAL** | Continued from page one

more Entertainment, Kerry-Ann Zamore Frazier to discuss the festival and how to ensure the production would align with the vision. Frazier connected Sabree with people she collaborated with on some of her productions. After meeting with everyone, a dynamic team of individuals worked independently to encompass the vision and establish a blueprint for future endeavors, but why a Black art and film festival?

Sabree says, "I want us to tell our own stories. Clearly, we have to provide a place to create and show our stories from our perspectives and in a positive light. I didn't want those stories that bring us down or the typical stories we often see and hear."

Perhaps her insight is cut from the same cloth that created The Harlem Renaissance, and The Hughes Brothers. That's the type of vision John Singleton and Barry Gordy evoked. The theme of this production was, "Telling Our Stories."

The team, Sabree, Frazier, Vic Hall, Kisha C.G. and Antonio and Serenity Edward,

rolled up their sleeves and got busy. Each member of the team has a "can do will do" work ethic, exhibits the utmost professionalism, and leadership qualities that exceed expectations. Initially, the plan was to sell 100 tickets through Eventbrite. The workshop tickets sold out and more sold out for general admission tickets. In the virtual world, guest capacity matters as well.

The festival opened virtually the morning of September 5th with writing and acting workshops for children and adults. Presenters included Erik Bernard, Danyelle Weatherford, Kerry-Ann Zamore Frazier, and Kaylynn Wilkerson. Saxophonist, AD Bonner delighted the audience with beautiful music, and the feedback was phenomenal. Artists who spent time creating live art included Wanda Gunter, Devan Mingo, Dreka, Ayden, and Greyson Thomas, Jean-Pierre Verdijo, and Teshelle Zamore-Combs. To learn more about this event, please visit, <https://shiz.tv/wp-content/uploads/KilleenArtFilmShowcase2020Public.pdf>.

If you would like to participate in future art and film events, continue honing your crafts, upload examples of your talents, and allow your body of work speak for you even before the interview and audition process begins. Next year will be here before you know it, and pandemic or not, Luvina Sabree said, "a virtual component will be a part of other events." Our stories are a part of our legacy.

**Ensuring justice, fairness, and equality in Falls County**

Attorney DeAndrea "Missy" Petty is a native of Marlin, Texas, who from a young age knew she wanted to practice law. After receiving her Bachelor's degree from Baylor University in 2013, three years later, she received her Doctorate of Jurisprudence from South Texas College of Law in 2016. In 2017 DeAndrea "Missy" Petty started her own law firm where she practices Criminal, Family and Juvenile Law. In 2019 she was appointed to be the City Attorney for the City of Marlin. DeAndrea "Missy" Petty's passion has always been to return home and help her fellow citizens of Falls County.

When she is elected Falls County District Attorney, Petty will work hard to ensure the public is protected, victims' rights are protected, and defendants' Constitutional rights are protected. She knows that the Oath taken by the District Attorney is to see that Justice is done, and not just to obtain a conviction. That is what she plans to do—seek out Justice.

As a Write in Candidate, Citizens will have to write: "D E A N D R E A M I S S Y P E T T Y" completely out. This slight inconvenience would open the door for change in Falls County, Texas. So, if you are a Citizen

**ATTORNEY DEANDREA PETTY**

of Falls County, Texas and you are registered to vote, please vote DeAndrea "Missy" Petty as your 2020 Falls County District Attorney. Your support is greatly appreciated.

For more information about DeAndrea "Missy" Petty and ways to support her, go to <https://www.deandreamissyforda.com/>. To make a contribution to her campaign go to <https://secure.actblue.com/donate/pettyfallscode>. Again, your support in anyway, volunteering, monetary, and of course voting is greatly appreciated.

Remember Early Voting Starts October 13, 2020 and Election Day is November 3, 2020.

**MESSAGE FROM THE EDITOR...****More educational heroes**

We recently celebrated our 18th year in the community with the Anchor News. August is the traditional anniversary and education issue, but this month, we have

more articles on some of our Heroes in Education. That means the September issue spotlights "all things education," too. Well, not all things, but you know what I mean.

**SHELBY** | Continued from page one

around like a little kid. What a day that was!"

Speaking of jumping around, her "claim to fame" story involves just that.

"I once tried out for the Dallas Cowboys cheerleaders," she said. "I didn't make it."

Dallas' loss is Waco's gain.

# THE Anchor News



*The Anchor News* is a free, monthly publication of Crawford Publishing, E-T-C, located in Waco, Texas, (254) 715-8943. All rights reserved.

**PURPOSE**

*The Anchor News*, dedicated to serving the community and surrounding areas, focuses on positive news and accomplishments of minorities.

**POLICY**

Anchored on the principles of scripture, *Anchor News* will at

**EDITORIAL POLICY**

Signed opinion articles do not necessarily reflect the opinion of the editorial staff. Unsigned editorials reflect the opinions of the editor.

**LETTERS AND ARTICLES POLICY**

The comments and opinions of our readers are welcomed. Letters

and articles should be e-mailed. Letters should be no longer than 200 words and must include a name and phone number. Article submissions should be no longer than 450 words and should include an original head shot (in jpeg format) along with your name, address and phone number. We reserve the right to edit for grammar, space, potentially libelous material and copyright infringement. We also reserve the right to refuse derogatory, irrelevant and malicious submissions.

**SUBSCRIPTIONS**

Subscriptions are \$39 a year (12 issues) and can be paid by check or money order. Send all correspondences to *The Anchor News*, P.O. Box 1206, Hewitt, Texas 76643 or email to [theanchornews@aol.com](mailto:theanchornews@aol.com).

**ADVERTISING RATES**

To request advertising rates, contact the office at (254) 715-8943 or visit our website at [theanchornews.com](http://theanchornews.com).

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Advisor

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**SCOTT KNAPEK NEFF**

Design/Layout

**STAFF**



# 18 MMS students receive State honors for Duke Tip



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PICTURED ON THE BOTTOM ROW (LEFT TO RIGHT) ARE HAILEY-JANE HOLDER, LYDIA JOHNSTON, EMRY DEIVANAYAGAM, STELLA DAVISON, AND RACHEL DAVENPORT. ON THE MIDDLE ROW ARE ETHANSELF, ELLIOTT KREY, LUCY LU, ELLIE ATKINSON, DACEY DOUGHERTY, AND ESTHER KIM. ON THE TOP ROW ARE CHRISTOPHER HIATT, WILLIAM GORHAM, LUKE GIBSON, JULIAN CHOUNG, AND ALASTAIR MCGRATH. LILLIAN GOODMAN IS NOT PICTURED. GRAND RECOGNITION WENT TO RACHEL DAVENPORT, LUCY LU AND ALASTAIR MCGRATH.

Eighteen Midway Middle School students have been recognized by Duke University for their SAT and ACT scores that they earned last school year as seventh-graders.

Duke TIP students are selected nationwide each year based on their high-level performances on grade-level standardized test scores, and only

those who score at or above the 95th percentile qualify for the honor. This year, eighteen students earned state honors, with three students also qualifying for Grand Recognition — earned by scoring approximately at or better than 90 percent of recent high school graduates on at least one part of the ACT or the SAT.

## HIGH POINT CHURCH

MEETING AT 10:30 A.M. ON SUNDAY MORNING,  
SEPTEMBER 20, AT THE PHOENIX BALLROOM,  
DOWNTOWN 401 S. 3RD STREET, WACO, TEXAS

*For the safety and respect of all, please  
follow CDC guidelines: WEAR A MASK*

# KEITH GUILLORY

FOR WACO ISD SCHOOL BOARD AT-LARGE, PLACE 6

**Your Advocate for Excellence**

**VOTE**  
November 3

[www.keith4wacoisd.com](http://www.keith4wacoisd.com)  
visit us on facebook-facebook.com/keith4wacoisd

## The Time is Now!

#KEITH4WACOISD  
[www.keith4wacoisd.com](http://www.keith4wacoisd.com)

### Why I'm Running

I am running for the Waco Independent School District School Board At-Large, Place 6 position as a parent and partner of the district who believes in the students, teachers and administrators. I will bring fresh eyes and a new fresh vision. I want the community to know that I will be a strong advocate who supports them to ensure that Waco ISD will be successful and excel in every arena of education. More importantly, I will spend time investing into the families to elevate the district as a whole.

### Your Advocate For

- Ensuring Mastery of Essential Skills at the Primary Level
- Building Student College and Career Readiness
- Equal Access to Resources
- Supporting Greater Community & Business Partnerships for Workforce Development
- Promoting Stronger Teacher Recruitment and Retention
- Preserving and Improving Neighborhood Schools
- Secure and Safe School Environments



# Author Linda Mason Crawford shares excerpt from her book, *God, Destiny, and a Glass of Wine*

All chapters begin with one of her own “true-story” personal narratives that she later connects to a point that is relevant to this journey called destiny. The book is an easy read. Several readers have told her that they couldn’t put it down once they started. It is available on Amazon.com for \$15.99. You can also go to [lindacrawford.org](http://lindacrawford.org) to order there. *God, Destiny, and a Glass of Wine* is sure to open your heart to receive healing, encouragement, and a different outlook on life.

## CHAPTER 1: THIS TOO SHALL PASS, BUT WHEN?

I was almost out of breath by the time I made it to the car. Though it was just a few feet away, it seemed like 100 miles. I had parked my car in the back yard to hide it from the bank. Let’s face it. It was an old piece of stick-shift junk, but it was all I had, and I was behind on the payments. But tonight, in my panic to get out of the house, maybe the backyard wasn’t so smart. Dressed in a gown, house shoes, and a thin jacket, I gripped the keys that were pinned inside my bra. Oh yes, my bra. That was the safest place to keep my valuables, like my car keys and what little money I had. I had learned

a lot in my 29 years. With lightning speed, I dashed out the backdoor, tripping over the threshold, but still holding my balance and determination. Thank God my boy was spending the night with a friend. It was pitch-black dark outside, as I had no time to flip on the outside lights. I just needed to get out. Once inside my car, I let out a sigh, unaware that I had been holding my breath. Quickly locking the car doors, I knew I was on my way. The car was run down and bent up, but it was my path to freedom tonight and my only means of transportation. I’ll never forget it. It was a gray and black Toyota, well...a fading gray and a fading black, a hatchback, about 8 years old at the time, and a stick. Ha! A stick. That could be a holdup since I was still in the learning stage, but I could handle it. I tried to crank the old trap, but it just clicked. I tried again, combining my efforts with a plea. “Please God, I need my car!” Just as the motor turned over, I heard that dreadful sound, a swatch-type sound, like an old screen door dragging. My God! He knew I was going to try to get away. He knew, so he had unlocked the hatch back, ahead of time! He was in the back



LINDA MASON CRAWFORD

so fast; all I could do was bite my lip and jerk forward. “Stop the car, Lynn, and give me the money!” he yelled, as he swiftly crawled into the back seat. He lurched through the bucket seats so fast that my head literally seemed to spin, like the girl in the Exorcist. Grabbing the steering wheel, he yelled again, “Gimme the money, Lynn!” The Exorcist...I was sure that his voice changed. But tonight...no, not tonight. I kept driving, the car swerving across into the other the lane and back again as he, too, gripped the wheel. We came

within inches of hitting a minivan. I saw head lights of an 18 wheeler that we also barely missed as we sped into the oncoming traffic. Hands pinned to the wheel, I was driving to my pastor’s house, and no one was stopping me. That was the life I lived for most of my 16 years of marriage to a crack addict, one that was much different from my single days of the quiet, country, church girl. I had never touched drugs in my life. I smoked only one cigarette that nearly killed me. And here I was, 29 years old, married to a drug addict. I had so many similar stories to contend with, jumping fences to get my car back from the drug dealers, standing toe-to-toe and nose-to-nose with dealers who threatened to kill me if I didn’t leave them alone about getting my car back, knocks on the door in the middle of the night from thugs demanding money my husband owed them, stealing my own car back and driving backwards, trying to miss the flying bullets. You name it; I just about dealt with it. Many times over the years, I walked into my house to find that every piece of furniture and every appliance was gone—sold in exchange for drugs. I remem-

ber waking up one Christmas Day to find that my babies’ gifts were gone, sold for drugs. Once, I frantically searched the streets of Tampa because my husband put our 6-year-old out of the car since it was “too dangerous to take him to the crack house,” he said. This was before the days of cell phones. I don’t even remember how I found my baby boy. I could go on and on, but the only thing that matters is that one day, I accepted the truth that I had to forgive if I expected to move on with my life. I have since come to grips with the truth, that my now ex-husband was a good person, who loved people. When he was straight, he would give away his last. When he was not, he would take another person’s last. I literally saw him take his shirt off and give it away. Once he pulled off his watch and gave it away, and then took my watch and gave it away, too. He had a heart of gold, but in addiction, he was the devil. Still, I had to find a way to forgive. I owed it to myself, my children, and my God.

To order *God, Destiny, and a Glass of Wine*, paste the following into your browser: <https://www.amazon.com/Destiny-Glass-Linda-Mason-Crawford/dp/069211761X>.

## 5.0 OUT OF 5 STARS | INSPIRING & ENCOURAGING | KINDLE CUSTOMER

(Reviewed in the United States on August 20, 2019)

“I absolutely love this book! I could not put it down and read it in two days. There is so much good stuff in this book that I am reading it again. It is inspiring, encouraging and will bless you.”

## 5.0 OUT OF 5 STARS FIVE STARS | AMAZON CUSTOMER

(Reviewed in the United States on May 21, 2018)

“This is an amazing book. It is entertaining, compelling and convicting. A definite must-read for everyone!”

## 5.0 OUT OF 5 STARS | EASY READ AND APPLICABLE TO MY LIFE

(Reviewed in the United States on March 27, 2019)

“After *God, Destiny, and a Glass of Wine*, I felt like I could take the author’s response to certain circumstances and apply to my own life. Each chapter is a life learning lesson of praising God through hard times, and walking into God’s plan for my life. It may appear as an easy read, because I read it in one day my first time reading it. Then I had the opportunity to re-read and breakdown each chapter week by week.”

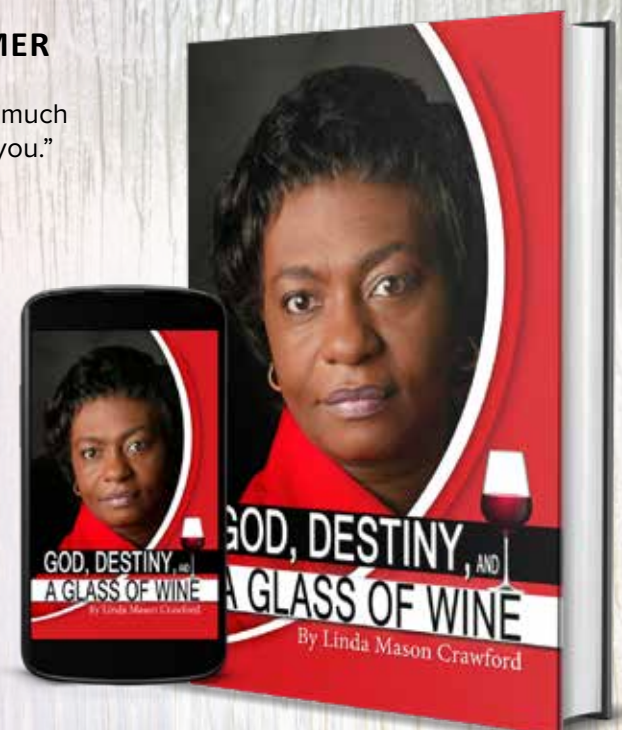
Rey

## 5.0 OUT OF 5 STARS | EXCELLENT BOOK

(Reviewed in the United States on June 13, 2020)

“This is an amazing book. I found it helpful in navigating my fear of not reaching my full potential. It helped me understand how I can have a positive God-ordained destiny. Excellent work!”

Dr. Mia Moody-Ramirez



**GOD, DESTINY, AND A GLASS OF WINE  
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## CITY OF WACO HOUSING AND CODE ENFORCEMENT

### PUBLIC NOTICE AND REQUEST FOR PUBLIC COMMENT FROM ALL INTERESTED CITIZENS AND ORGANIZATIONS IN WACO REGARDING THE

#### 2020-2021 DRAFT ANNUAL ACTION PLAN

FOR USE OF FEDERAL FUNDS FROM  
THE U.S. DEPARTMENT OF HOUSING & URBAN DEVELOPMENT (HUD)  
UNDER THE FOLLOWING PROGRAMS:

COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG) PROGRAM  
HOME INVESTMENT PARTNERSHIPS (HOME) PROGRAM

**Public Comment Period**  
**September 10, 2020 to October 9, 2020**

The City of Waco is providing a two-day public comment period regarding the submission of its proposed Draft Annual Action Plan for the 2020 - 2021 program year. This proposed plan meets federal requirements under the Community Development Act of 1974 and the National Affordable Housing Act of 1990, as amended. The final approved plan will be submitted to the U.S. Department of Housing and Urban Development (HUD) by October 23, 2020 to meet application and regulatory requirements for the Community Development Block Grant (CDBG), and the HOME Investment Partnership Program Funds. The full draft Action Plan will be available on the City of Waco's website and at libraries listed below.

The 2020-2021 Draft Annual Action Plan for the City of Waco summarizes the major quality, affordable, accessible housing and community development activities, economic development activities and proposed expenditures of CDBG and HOME Program funds for the upcoming program year. The program year begins on October 1, 2020 and ends on September 30, 2021. Activities and/or programs which receive funding during the year must contribute to the attainment of goals outlined in the City's Five Year (2019-2023) Consolidated Plan. The purpose of these funds is to benefit low and moderate-income individuals and areas throughout Waco in McLennan County. The total amount of grant funding to be allocated for the 2020-2021 Program Year is \$2,082,261. This includes \$1,366,582 in CDBG funds and \$715,679 in HOME funds. A further detailed listing of how these funds will be allocated among different priorities and agencies can be obtained from the City of Waco Housing and Code Enforcement Department by contacting the staff persons referenced at the end of this notice.

**Public Hearing Dates**  
**September 15, 2020 6:00 p.m.**  
**October 6, 2020 6:00 p.m.**

In accordance with social distancing guideline, the Waco City Council meeting will be closed to the public attending in person for a public hearing on September 15, 2020 and October 6, 2020. These meetings will be streamed live at [www.wccc.tv](http://www.wccc.tv). The purpose of the hearings will be to solicit public comment on the Draft Annual Action Plan. The plan is scheduled to be adopted by City Council on October 20, 2020 and then submitted to HUD by October 23, 2020.

The following is a list of proposed activities:

#### ESTIMATED AMOUNTS BY ACTIVITIES AND/OR PROGRAMS

COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG)	AMOUNT
<b>CDBG PUBLIC SERVICES</b>	
Inspiration, Inc. – Kindergarten readiness and Parent Education	\$ 30,000
Talitha Koum – Older Infant Classroom	\$ 35,050
Mission Waco – My Brother's Keeper – Homeless Shelter	\$ 36,394
Family Abuse – Domestic Violence Shelter	\$ 16,000
City of Waco – Small Business Education New	\$ 100,000
<b>Subtotal CDBG Public Service Agency Budget</b>	<b>\$217,444</b>

<b>CDBG HOUSING PROGRAMS</b>	
Code Enforcement	\$250,000
Waco CDC – Roof Repair Program	\$66,500
Rehab/Reconstruction Program City of Waco	\$250,000
Down payment Delivery	\$ 61,000
Rehab & TBRA Delivery	\$ 45,100
<b>Subtotal CDBG Housing Programs Budget</b>	<b>\$672,600</b>

<b>CDBG Non Housing Funding/ Public Facility</b>	<b>AMOUNT</b>
City of Waco – Site Development New	\$103,222
CDBG Administration (20%)	\$273,316
<b>Total CDBG Budget</b>	<b>\$1,266,582</b>

<b>HOME INVESTMENTS PARTNERSHIP PROGRAM (HOME)</b>	<b>AMOUNT</b>
Rehab/Reconstruction Program	\$200,000
Housing Development/Acquisition/Rehab City of Waco New	\$344,111
TBRA - MHMR	\$100,000
HOME Administration (10%)	\$71,568
<b>Total HOME Budget</b>	<b>\$715,679</b>

<b>Economic Development Program</b>	<b>AMOUNT</b>
Small Business Loan Fund New	\$100,000

**TOTAL CDBG/HOME BUDGET \$ 2,082,261**

Estimated PY 2019 - 2020 HOME program income of \$48,402.00 will be allocated to homeownership and Tenant Based Rental Assistance programs, with 10% being designated for Administration. Estimated PY 2020 - 2021 CDBG program income of \$97,465.87 will be allocated to Housing Rehab Programs.

### DRAFT ANNUAL ACTION PLAN 30 DAY COMMENT PERIOD AND PUBLIC HEARINGS

Beginning September 10, 2020, drafts of the 2020-2021 Draft Annual Action Plan will be available on the City's website at [www.waco-texas.com](http://www.waco-texas.com). Copies will also be available for public review at the following locations:

**Housing and Code Enforcement**  
City Hall Ground Floor  
300 Austin Avenue  
Waco, TX 76702

**Main Library**  
1717 Austin Ave.  
Waco, Texas 76701

**East Waco Library**  
901 Elm Street  
Waco, Texas 76704

**West Waco Library**  
5301 Bosque Blvd., Suite 275  
Waco, Texas 76710

**South Waco Library**  
2737 South 18<sup>th</sup> Street  
Waco, Texas 76706

**City Secretary Office**  
City Hall First Floor  
300 Austin Avenue  
Waco, Texas 76702

The thirty-day public review and comment period for the Draft Annual Action Plan will commence on Thursday, September 10, 2020. All comments must be received no later than 5:00 pm on October 9, 2020.

To submit written comments please write to the City of Waco, Housing and Code Enforcement Department, 300 Austin Avenue, Waco, TX 76702, Attention: Raynesha Hudnell, Interim Director.

To request additional Draft Annual Action Plan information or to request a copy, please contact, Raynesha Hudnell at (254) 750-5601 or Vinh Dang at (254) 750-5443 or by email at: [RayneshaH@wacotx.gov](mailto:RayneshaH@wacotx.gov) or [VinhD@wacotx.gov](mailto:VinhD@wacotx.gov).

Written comments may also be faxed to (254) 750-5604.

## CITY OF WACO HOUSING AND CODE ENFORCEMENT

### AVISO PÚBLICO

Y

### SOLICITUD DE COMENTARIOS PÚBLICOS DE TODOS LOS CIUDADANOS Y ORGANIZACIONES INTERESADOS EN WACO CON RESPECTO AL

#### PROPUESTO PLAN DE ACCION ANUAL 2020 - 2021

PARA EL USO DE FONDOS FEDERALES DE  
EL DEPARTAMENTO DE VIVIENDA Y DESARROLLO URBANO DE LOS ESTADOS UNIDOS (HUD)  
BAJO LOS SIGUIENTES PROGRAMAS:

PROGRAMA DE SUBVENCIONES DE BLOQUES DE DESARROLLO COMUNITARIO (CDBG)  
PROGRAMA DE ASOCIACIONES DE INVERSIONES EN CASA (HOGAR)

**Periodo de Comentarios Públicos**  
**10 de septiembre 2020 a 9 de octubre 2020**

La ciudad de Waco está proporcionando un período de comentarios públicos de dos días con respecto a la presentación de su proyecto de plan de acción anual propuesto para el año del programa 2020 - 2021. Este plan propuesto cumple con los requisitos federales bajo la Ley de Desarrollo Comunitario de 1974 y la Ley Nacional de Vivienda de Salud Asequible de 1990, en su forma enmendada. El plan final aprobado se presentará al Departamento de Vivienda y Desarrollo Urbano (HUD, por sus siglas en inglés) de los Estados Unidos antes del 23 de octubre de 2020 para cumplir con los requisitos de solicitud y regulación para la Subvención del Bloque de Desarrollo Comunitario (CDBG, por sus siglas en inglés), y los Fondos del Programa de Asociación de Inversión HOME. El borrador completo del Plan de Acción estará disponible en el sitio web de la Ciudad de Waco y en las bibliotecas que se enumeran a continuación.

El Proyecto de Plan de Acción Anual para la Ciudad de Waco 2020-2021 resume las principales actividades de calidad, asequibles y accesibles para la vivienda y el desarrollo comunitario, las actividades de desarrollo económico y los gastos propuestos de los fondos del Programa CDBG y HOME para el próximo año del programa. El año del programa comienza el 1 de octubre de 2020 y termina el 30 de septiembre de 2021. Las actividades y/o programas que reciben financiamiento durante el año deben contribuir al logro de las metas esbozadas en el Plan Consolidado de la Ciudad (2019-2023). El propósito de estos fondos es beneficiar a individuos de ingresos bajos y moderados y áreas en todo Waco en el Condado de McLennan.

El monto total de la financiación de subvenciones que se asignará para el año del programa 2020-2021 es de \$2,082,261. Esto incluye \$1,366,582 en fondos CDBG y \$715,679 en fondos HOME. Puede obtener una lista detallada de cómo se asignarán estos fondos entre diferentes prioridades y agencias del Departamento de Vivienda y Cumplimiento de Códigos de la Ciudad de Waco poniéndose en contacto con las personas del personal a las que se hace referencia al final de este aviso.

**Fechas de audiencia pública**  
**15 de septiembre 2020 6:00p.m.**  
**6 de octubre 2020 6:00p.m.**

De acuerdo con la directriz de distanciamiento social, la reunión del Ayuntamiento de Waco se cerrará al público que asista en persona para una audiencia pública el 15 de septiembre de 2020 y el 6 de octubre de 2020. Estas reuniones se transmitirán en vivo en [www.wccc.tv](http://www.wccc.tv). El propósito de las audiencias será solicitar comentarios públicos sobre el Proyecto de Plan de Acción Anual. Está previsto que el plan sea adoptado por el Ayuntamiento el 20 de octubre de 2020 y luego presentado a HUD antes del 23 de octubre de 2020.

La siguiente es una lista de actividades propuestas:

#### CANTIDADES ESTIMADAS POR ACTIVIDADES Y/O PROGRAMAS

SUBVENCION DE BLOQUE DE DESARROLLO COMUNITARIO (CDBG)	CANTIDAD
<b>SERVICIOS PUBLICOS CDBG</b>	
Inspiration, Inc. – Kindergarten readiness and Parent Education	\$ 30,000
Talitha Koum – Older Infant Classroom	\$ 35,050
Mission Waco – My Brother's Keeper – Homeless Shelter	\$ 36,394
Family Abuse – Domestic Violence Shelter	\$ 16,000
City of Waco – Small Business Education New	\$ 100,000
<b>Subtotal CDBG Public Service Agency Budget</b>	<b>\$217,444</b>

<b>PROGRAMA DE VIVIENDA CDBG</b>	
Code Enforcement	\$250,000
Waco CDC – Roof Repair Program	\$66,500
Rehab/Reconstruction Program	\$250,000
Down payment Delivery	\$ 61,000
Rehab & TBRA Delivery	\$ 45,100
<b>Subtotal de presupuesto Programas de Vivienda CDBG</b>	<b>\$672,600</b>

<b>FACILIDAD PUBLICA / FINANCIAMIENTO DE VIVIENA NO CDBG</b>	<b>CANTIDAD</b>
City of Waco – Site Development New	\$103,222
CDBG Administration (20%)	\$273,316
<b>Presupuesto total de CDBG</b>	<b>\$1,266,582</b>

<b>PROGRAMA DE ASOCIACION PARA INVERSION EN CASA (HOME)</b>	<b>CANTIDAD</b>
Rehab/Reconstruction Program	\$200,000
Housing Development/Acquisition/Rehab City of Waco New	\$344,111
TBRA - MHMR	\$100,000
HOME Administration (10%)	\$71,568
<b>Presupuesto total de HOME</b>	<b>\$715,679</b>

<b>Económica Desarrollo Programa</b>	<b>CANTIDAD</b>
Small Business Loan Fund New	\$100,000

**TOTAL DE PRESUPUESTO CDBG/HOME \$ 2,082,261**

Los ingresos estimados del programa PY 2019 - 2020 HOME de \$48,402.00 se asignarán a los programas de propiedad de viviendas y asistencia de alquiler basada en inquilinos, con un 10% designado para administración. Los ingresos estimados del programa PY 2020 - 2021 CDBG de \$97,465.87 se asignarán a Programas de Rehabilitación para Viviendas.

### PROYECTO DE PLAN DE ACCIÓN ANUAL PERIODO DE 30 DÍAS DE CARGO Y AUDIENCIAS PUBLICAS

A partir del 10 de septiembre de 2020, los borradores del Proyecto de Plan de Acción Anual 2020-2021 estarán disponibles en el sitio web de la Ciudad en [www.waco-texas.com](http://www.waco-texas.com)

Las copias también estarán disponibles para revisión pública en las siguientes ubicaciones:

**Housing and Code Enforcement**  
City Hall Ground Floor  
300 Austin Avenue  
Waco, TX 76702

**Main Library**  
1717 Austin Ave.  
Waco, Texas 76701

**East Waco Library**  
901 Elm Street  
Waco, Texas 76704

**West Waco Library**  
5301 Bosque Blvd., Suite 275  
Waco, Texas 76710

**South Waco Library**  
2737 South 18<sup>th</sup> Street  
Waco, Texas 76706

**City Secretary Office**  
City Hall First Floor  
300 Austin Avenue  
Waco, Texas 76702

El período de revisión y comentarios públicos de treinta días para el proyecto de plan de acción anual comenzará el jueves 10 de septiembre de 2020. Todos los comentarios deben ser recibidos a más tardar a las 5:00 pm del 9 de octubre de 2020.

Para enviar comentarios por escrito por favor escriba a la Ciudad de Waco, Housing Department and Code Enforcement, 300 Austin Avenue, Waco, TX 76702, Atención: Raynesha Hudnell, Directora Interino.

Para solicitar información adicional del Propuesto Plan de Acción Anual o para solicitar una copia, comuníquese con Raynesha Hudnell al (254) 750-5601 o Vinh Dang al (254) 750-5443 o por correo electrónico a: [RayneshaH@wacotx.gov](mailto:RayneshaH@wacotx.gov) o [VinhD@wacotx.gov](mailto:VinhD@wacotx.gov).

Los comentarios escritos también pueden enviarse por fax al (254) 750-5604.

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## Baylor Journalism, Public Relations and New Media chair shares thoughts on women and race

*Continued from the August Education issue.*

Since the 2016 presidential elections, activism on social issues has been common with some people publicly weighing in for the first time, explains Moody-Ramirez. "This is particularly important as millennials are prone to voice their concerns whether it is through social media or other public forums. They increasingly demand social justice. People of color in particular have used social media platforms

to address such topics."

She continues that the topic of Black Twitter is important as Black Twitter offers an alternative narrative voice for the black community. The popular platform is characterized as a community of Black users who focus on issues of interest to the U.S. black community, such as police brutality, racism and social injustices. "Clapbacks," or responding to a criticism with a strong comeback, are particularly common on Black Twitter.

Moody-Ramirez is the co-author of the new book *From Blackface to Black Twitter: Reflections on Black Humor, Race, Politics, & Gender*.

This text also explores high-profile Black Twitter cases along with the history and impetus for the popular platform.

In 2013, she co-authored "The Obamas and Mass Media: Race, Gender, Religion, and Politics" and authored "Black and Mainstream Press' Framing of Racial Profiling: A Historical Perspec-



**DR. MIA MOODY-RAMIREZ**

tive."

Moody-Ramirez has presented papers at numerous regional, national and international conferences and has been published in publications such as *Public Relations Review*, *Journalism Educator* and the *Journal of Magazine & New Media Research*.

Professionally, she has served as the Director of Graduate Studies, Director of American Studies and Professor of journalism, public relations and new media in the Baylor University College of Arts & Sciences.

Moody-Ramirez 's writing about media as an academic comes as a veteran of the media industry, having worked as a writer and columnist for the *Waco Tribune-Herald*, and as an editor and publisher for two magazines and one publishing company. She has also served as an officer for three different divisions of the Association for Education in Journalism and Mass Communication, a nonprofit, educational association of journalism and mass communication educators, students and media professionals.

She is head of the Minorities and Communication Division, served on the AEJMC Strategic Plan Implementation Committee from 2013 to 2016, and is a member of the AEJMC Elected Standing Committee on Professional Freedom and Responsibility.

Moody-Ramirez is an editorial board member for *Mass Communication and Society Journal*, *Howard Journal of Communication* and *The Journal of Social*

*Media in Society*.

She believes it is "important to participate in organizations to become more connected with individuals. To network. To share research ideas. Define collaborators."

Moody-Ramirez is the recipients of several awards. In 2018, she won the Barrow Award for diversity in teaching and research and was named the 2016 AEJMC Commission on the Status of Women Outstanding Woman of the Year.

She has also received several honors and awards for her research and teaching efforts. She participated in the Scripps Howard Academic Leadership Academy at LSU in 2014, was the recipient of the third-annual Baylor University Diversity Award, and was a 2016-17 Academy of Teaching & Learning Baylor Fellow.

Frequently finding inspiration in words of Dr. Martin Luther King, Moody-Ramirez finds his message about dreams particularly poignant, and she refers to it. She believes this excerpt from his speech is particularly relevant, "...in spite of the difficulties and frustrations of the moment, I still have a dream. It is a dream deeply rooted in the American dream."

Moody-Ramirez received her B.A. in journalism from Texas A&M University, M.A. in journalism from Baylor University, M.S. in Educational Psychology, and Ph.D. in journalism from the University of Texas at Austin. She plans to continue to teach and write as she enjoys these two constants in her life immensely.

While it is important to dream, it is even more important to have the skills, intellect and support of others necessary to achieve one's goals, says Moody-Ramirez. "Baylor helped me reach my goals. I wanted to be a well-respected teacher and scholar and Baylor has given me to tools to reach this goal, but as educators," says Moody-Ramirez, "one thing we must realize is leaders don't create followers; they create more leaders."



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## Random acts of faith

BY MONA DUNKIN

There is universal encouragement to perform Random Acts of Kindness. Do something nice for someone that is unexpected and unplanned. Make their day. Or at least add a little joy.

I suggest we also incorporate random acts of faith, as in trusting that your child does respect you., believing that your life choices were based on good reasoning, or imagining that 'we the people' are getting it (kindness, love, appreciation of differences).

Civil Rights leader, John Lewis, said the question he was asked the most is, "How did you do it? How were you peaceful and kind in the face of so much violence?"

John Lewis's reply? "Faith. Faith has power. It often does not become meaningful until it is tested by a challenge that we may not survive. It is then that we experience how transformative our capacity to believe truly is."

Do you want a transformed life? Practice random acts of faith. When a person is stripped down to the core, life becomes simple. Things that did matter, matter less and things that do matter, matter more.

When we are looking for corrective measures, it benefits us to look first at self. There was friction between a co-worker and me. She said, "I'm sorry. I didn't mean to do that." My response was a perfunctory, "Okay."

As I walked away, I noticed my thoughts: "If she had only listened, she doesn't care." I was placing blame, not letting my okay really be okay, not holding her in high regard.

I turned back to her and said, "You know what. I'm going to believe you."

I chose to believe she was sorry, and that she did not intend the error. In a small way I experienced the power of transformative faith. It enabled room for both of us to grow. It allowed me to respond kindly. Overtime I developed a Trifecta of Faith that proves itself over and over. Desire + Belief + Awareness = Faith.

Faith is looking forward to something that has not happened yet. And yes, you do have faith. (Have you ever bought a lottery ticket?) Holy Scripture says everyone has been given a 'measure of faith.' A mea-



MONA DUNKIN

sure. How much is a measure? Enough. Everybody has enough faith to listen to their wisdom heart. You have heard it. It is the guidance that directs you to do the right thing. The gentle voice that does not yell, does not condemn, and does not lead astray.

Desire + Belief + Awareness = Faith. Search your wisdom heart to see who you truly desire to be. Lock into belief that as God planted that desire within you, you can be it. Become aware of hints that the faith seed is growing.

Recognize that all encounters are a two-way street. What will you receive from others and what will you leave behind? We mirror each other. Somewhere inside us is their pain. Equally true, somewhere inside us is their joy and their competency. Love yourself and touch everyone with random faith.

"Always be on the lookout for the presence of wonder." E. B. White

DON'T COPE. OVERCOME. We can never be certain of absolutes. Perception is what we think we see. To us that perception becomes a reality; only it may not be real. Often it is more assumption than viewpoint. Find your true north. In driving, you set your GPS for where you want to go. Then follow the directions as they become available. So too by faith. Live by compass, more than a roadmap.

*Invite Mona to speak to your group. Whether business, organizational, civic or faith-based, you will be entertained with her humor, challenged by her gift of uncommon insights and motivated by her thought-provoking poems. monadunkin@gmail.com www.monadunkin.com Call today 254-749-6594*

## Emerson promoted to Deputy City Manager

Reprinted by permission from City of Waco's E-letter.

Deidra Emerson, recently promoted to Deputy City Manager with the City of Waco, began her career in public administration with the City of Fort Worth in 1995. She began as a temporary employee and advanced to increasingly responsible positions of: administrative assistant, Contract Compliance Specialist, Contract Compliance Supervisor, Assistant Housing Director and Director of Municipal Court Services.

Emerson is active in professional and civic activities. She is a member of the National Forum for Black Public Administrators (NFBPA), currently serving as the local chapter



DEIDRA EMERSON

President. She is a member of the Fort Worth City Cred-

it Union Board, serving as the Secretary and the National Association for Court Managers. She has served on the United Way Tarrant County Educational Council and is a graduate of the NFBPA Mentor Program and Leadership Fort Worth.

A member of Delta Sigma Theta Sorority, Incorporated, Emerson has a Bachelor of Arts in business management from Dillard University in New Orleans, Louisiana, and a Master of Business Administration from Texas Wesleyan University in Fort Worth, Texas. Emerson is a native of Richmond, California.

She enjoys spending her free time with her family, mentoring young adults and traveling.

## What you don't know about chiropractors may surprise you

(NewsUSA) - Sponsored News - You know how comforting it is to see a degree framed on the wall when you visit some professional's office?

Well, next time you consult a doctor of chiropractic, get ready to feel very, very comforted.

That's because his or her degree attests to the rigorous training -- a minimum of seven years of higher education, including clinical patient management -- that doctors of chiropractic must complete. Not everyone, though, apparently realizes what that means in terms of better health outcomes for patients.

"Doctors of chiropractic are not only trained in problems dealing with the spine, but are formally educated in clinical examination and diagnosis -- with a focus on conservative health care interventions for the well-being of the whole person," explains Sherry McAllister, DC, executive vice president of the not-for-profit Foundation for Chiropractic Progress.

Among the required coursework:

- \* Basic sciences of anatomy, physiology, neurology, biomechanics, microbiology and pathology.
- \* Ethics and integrity.
- \* Clinical sciences, including



DR. SHAMONICA TRUNELL-MORGAN

nutrition, rehabilitation and therapeutic procedures.

\* Research methodology. The importance of qual-

ity education for chiropractors was recognized as early as 1935, when the National Chiropractic Association created a Committee on Educational Standards. That ultimately led to the formation of the Council on Chiropractic Education, which is recognized by the U.S. Department of Education as the accrediting agency for schools' educational and clinical programs leading to the award of a doctor of chiropractic degree.

"They must also serve a rigorous clinical internship," explains Dr. McAllister.

*Learn more at FACP.com. To make an appointment with Dr. Shamonica Trunell, call 254-754-4000.*

## STONE

Continued from page one

ited to the Mission II Ministry President, Chairperson of Women's Day, BTU Coordinator, Deaconess Ministry, Sunday School Women's Class teacher and Media Ministry. She spends much time in prayer and has a special place in her heart for the elderly.

She is the wife of Rev. Brill R. Stone, Sr., Pastor of Pleasant Grove Baptist Church and the mother of Rev. Brill (Bre-

ana) Stone, Jr. and doting grandmother to Jaubrey. She enjoys Bible study, shopping, traveling and spending quality time with her family.

Stone is quite excited to continue her adventure in education -- in service to the students, families, teachers and staff at West Avenue Elementary School for the 2020-2021 school year!



## 728 LENOX AVENUE: HALIBURTON HOME SQUARED

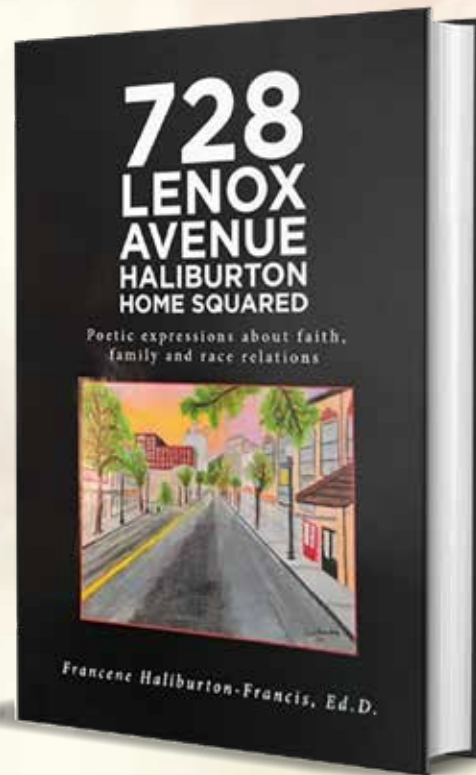
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## Get started at McLennan Community College



BY PHILLIP ERICKSEN

McLennan Community College provides a safe and welcoming learning environment where five core values guide us: People, Inclusiveness, Integrity, Communication, and Excellence. Home to about 9,000 students each semester, MCC is here for anyone ready to pursue the next step in education.

On-campus and online options for associate degrees and certificates prepare students for stable careers that increase earning potential. These courses transition into bachelor's degree plans at other universities. MCC's University Center offers bachelor's degrees through Texas Tech University, Tarleton State University, and more. Master's and doctoral degrees are also offered at the University Center.

Students enrolled at MCC choose one of six academic pathways designed to provide a glimpse of a field of study: Business & Industry, Creative Arts, Health Professions, Liberal Arts, Public Service, and STEM (Science, Technology, Engineering, and Mathematics.)

Students have access to resources that lead to success, including academic advising, tutoring, and opportunities for learning outside of the classroom. The campus counseling center, fitness center, food pantry, and mentors who connect students to resources are free-of-charge and available. These resources increase students' likelihood of graduation and completion of their goals.

MCC also offers community-oriented services for all in McLennan County. Continuing Education, Corporate Training, the Community Clinic, and other programs make MCC a community-centered institution. McLennan Athletics has a storied history of success and attracts fans from around the county.

There many ways to get in touch with MCC. To get started at MCC, contact the staff of Highlander Central. Students will be guided through the process of enrollment, financial aid, advising, and each resource available to them.

Follow us on Facebook, Twitter, Instagram, and LinkedIn. Call 254-299-8622 or email [highlandercentral@mcclennan.edu](mailto:highlandercentral@mcclennan.edu).



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### Plan to Vote

#### Plan A: Vote by Mail/Absentee

Request a vote-by-mail/absentee ballot application **NOW** by calling **254-757-5043**.  
Return the completed, signed application ASAP to **P.O. Box 2450; Waco, TX 76703**.  
Complete, sign, and return your ballot (with **appropriate postage**) as soon as you receive it.  
Check (**before November 3**) that it has been received by calling **254-757-5043**.

#### Plan B: Vote During the Early Voting Period

**Early Voting Dates: October 13-October 30, 2020**

#### Early Voting Centers

**(You may vote at any vote center in the county.)**

Waco Multi-Purpose Community Center (1020 Elm Ave; Waco, TX 76704)  
Elections Building (214 N 4th Street, Suite 300; Waco, TX 76701)  
Hewitt City Hall/Library (200 Patriot Court, Hewitt, TX 76643)  
Robinson Community Center (106 W. Lyndale Ave., Robinson, TX 76706)  
First Assembly of God Church (6701 Bosque Blvd; Waco, 76710)

#### Plan C: Vote on Election Day

**Election Day is Tuesday, November 3, 2020 from 7AM-7PM**

**If you are in line to vote by 7PM on Election Day, you must be allowed to vote.**

**By law, senior citizens and handicapped individuals go to the front of the line.**

Secure your voter identification (or alternative ID info) before Election Day.

Understand that you can vote at any of the 34 Vote Centers in the county.

Come prepared to stay in line until you cast your vote.

Bring water, a hat, a lawn chair, hand-sanitizer, snacks, & a phone charger.

**TO VOTE CURBSIDE CALL 254-757-5043**

**CALL THE NAACP FOR HELP: 254-754-7001**



# Will your online history come back to haunt you?

SUBMITTED BY J.L.  
CRAWFORD,  
SENIOR MANAGER

Many people falsely assume the personal information they email or post online is private. It is important to understand how your online history can be used against you in a legal proceeding, jeopardize your employment or even put children at risk. The following information will help you understand how your online presence can expose you to risk and how to avoid key mistakes.

- **Anonymity** – Posting comments to online forums, news outlets or blogs may give you a false sense of anonymity and privacy. There is no anonymity online; everything can be traced back to its source. Before posting anything online consider the very real possibility that it will be traced back to you. In addition, anything you post online may be used against you in court. You should never assume that information you post online is private or confidential.

- **Attorney-Client Confidentiality** – Attorney-client confidentiality protects direct communication between you and your attorney. These communications whether in person, by phone or online cannot be used against you in court. You can jeopardize your confidentiality by talking about your legal matter with anyone other than your attorney. A breach of attorney-client privilege can seriously harm your case. Do not discuss the details of your case with anyone other than your attorney and avoid discussing legal matters online.



J.L. CRAWFORD

- **Children** – Child predators use social networking sites to find victims. Talk to your children about online safety. Even uploading pictures of your children to social media or photo sharing websites could put them at risk. Most smart phones and many newer digital cameras use GPS to tag your pictures with the exact location where they were taken. Predators can locate your child within a few feet using this information. The best way to avoid this danger is to

disable GPS tagging on your smart phone or camera.

- **Teens** – Online bullying can have tragic consequences. It is important to talk to children about how to handle being bullied, as well as the importance of reporting and not participating in the bullying of other children. It is also important to teach teens about the dangers of posting or transmitting illicit photographs or videos. In recent years teens have been convicted of child pornography charges for possessing nude photographs of underage peers. Explain to teens the legal risks of taking, transmitting or even receiving such images.

- **Your Job** – Employers are increasingly turning to social media to learn more about applicants. Applicants should be aware that their profiles and posts could be used for this purpose. Employers must be careful not to unlawfully discriminate based on age, gender, race, religious beliefs or sexual orientation. Employees who make negative comments

about customers, co-workers or their employer could end up losing their job.

- **Family Law** – Facebook profiles and Twitter posts are being introduced as evidence more and more frequently in divorce and child custody cases. No matter what your intention when posting something online, consider how it could come back to haunt you. The best advice is to take a break from Facebook or other social media during a divorce or custody dispute.

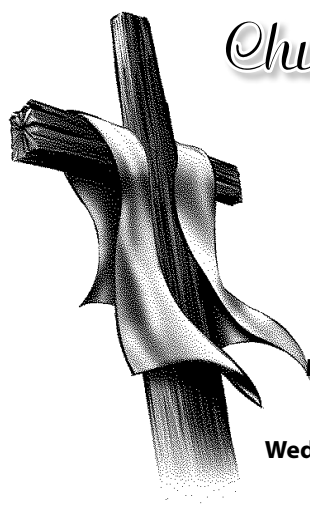
- **Criminal Law** – In addition to divorce court, the digital trail created through social networking is becoming increasingly common in criminal cases. Discussing illegal activity, even as a joke could land you in hot water.

*LegalShield can help you with your legal issues. Preexisting problems are covered, so give me a call at 254-717-4927. Hurry. With LegalShield, "...we can help you worry less and live more." Please see the ad in this issue of The Anchor News. J.L. Crawford, Senior Manager.*

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*Pastor Matthew Reed and Wife Helen*

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**Wanda B.  
Gunter**

Author, Artist &  
Contributing writer  
for *The Anchor News*



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Linda McDonald, ABR



## Easy ways to alleviate allergies in the Central Texas area

BY JERRY SNIDER

As the owner of All In Health and Wellness, I'm excited to offer a Health Q&A column for the readers of the Anchor News.

**QUESTION:** Hi ! We moved to the Waco area just a few years ago and it seems the longer we are here, I'm having more and more allergy issues. I've heard Central Texas is notorious for bad allergies. I don't want to move our family again but it's really hard to deal with these allergies. Can you give me any advice on handline allergies? Thanks, Emily M.

**ANSWER:** Hi Emily,  
First, welcome to Central Texas! It's a great place to live even though the allergy season can be tough for many people here. There are some things you can do to alleviate some, if not all of the allergy issues in the area.

Possibly the easiest potential fix is to eat a spoonful of raw, local honey every morning. If the allergies are triggered by pollen, grass, etc. then consuming raw, local honey can help introduce those allergens in a small safe way to build up your im-



JERRY SNIDER

mune system to the allergen. When the amount of pollen in the air goes off the charts, people with allergies start seeing issues. Their immune system is lagging behind and working overtime trying to catch up. If you are constantly introducing small amounts of pollen into your system via honey, it keeps your immune system on guard for when the onslaught comes. It is important that it is local

honey because it will be made from the same local pollen that triggers your allergies.

Another potential fix, or at least it will bring some relief, is to use a nasal rinse daily. This will help remove potential allergens from the nasal cavity before they can trigger a response in your body.

For allergies that are more food related, which can definitely be related to a part of the country, you need to look at your overall diet. The root cause of the allergic reaction is often not the actual food that shows up on an allergy test. For instance, a large portion of human beings have a sensitivity to gluten. This means that they have a very slight reaction to gluten but in having that reaction it could bring with it an issue to many other types of foods including milk, corn, peanuts, shellfish, etc. Think of it as gluten is the key that opens the door to the allergic reaction. Oftentimes, someone who tests positive for several food allergies is actually having a sensitivity issue with gluten that's allowing too much of the other foods into areas of the body they aren't

supposed to be which triggers the allergic response from the immune system.

Keep in mind with any allergy, it will take a little time for your body to re-calibrate. I recommend trying an idea for at least 30 days before giving up. Write down with great detail how you feel on day 1 and then compare that to how you feel on day 30. If you don't write it down, it becomes hard to remember ex-

actly how bad it was before you tried to fix it. Just don't give up. Once you find an answer to the allergies, Central Texas becomes even more beautiful.

*Have a question for ? Send it to @allinhealthandwellness.com. Visit [www.allinhealthandwellness.com](http://www.allinhealthandwellness.com) to learn more about Snider. You can also purchase his book Confidence Through Health on Amazon.*

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## Mike Selby's Freedom Libraries: The Untold Story of Libraries for African Americans in the South

BY JIM MCKEOWN

I recently received a book which opened the window on a frightening and horrific story. *Freedom Libraries: The Untold Story of Libraries for African Americans in the South* is by Mike Selby. Mike "is a professional librarian. He received his MLS from the University of Alabama, which is where he first unearthed the story of the Freedom Libraries. He has published over nine hundred articles about libraries, reading, and print culture—much of it covering libraries during the Civil Rights Move-

ment" (Jacket). The book recounts a number of anecdotes and the people who suffered and risked their lives to bring books to children.

Selby writes, "Freedom Libraries were originally a project of 'Freedom Summer—the voting registration campaign launched by various civil rights organization in Mississippi during the summer of 1964. They were not contained to the Magnolia State, though, and Freedom Libraries appeared throughout the Deep South, and even as far north as Philadelphia. While the Stu-



JIM MCKEOWN

dent Nonviolent Coordinating Committee—[known as SNCC] would play a part in establishing a large number of these libraries, some were created by people not affiliated with any official organization. Local citizens including mothers and grandmothers simply saw a need and filled it, no longer expecting the society they lived in to do so. // Information about these libraries has been extremely limited, so much so that their

very existence remains 'virtually unknown even within the American Library community" (xii). Literature about these libraries is barely mentioned even in examples of Civil Rights literature and not at all in American Libraries.

One pioneer of developing these libraries was Gwendolyn Robinson. Selby writes, "Getting books into Mississippi was one thing. For Robinson, getting herself to Mississippi was quite another. A scholarship student from Atlanta's Spelman College, she was departing for the Freedom Summer Project from the campus when her parents suddenly appeared. Having learned of her plans, they forced her to return to Memphis, locking her in her bedroom and intercepting all of her mail and phone calls" (27).

The myriad stories contained in this book are amazing from the story of the 10-year-old Martin Luther King, who was fortunate enough to have a library

card of his own. Unfortunately, the librarian refused to allow the young man to borrow two books on Mahatma Gandhi, an astounding event that surely influenced his life in many ways.

After reading Mike Selby's incredible story, *Freedom Libraries: The Untold Story of Libraries for African Americans in the South*, I realized how fortunate I was. My love of books began at a very early age. I have vivid memories of visiting the Public Library in Philadelphia when I was somewhere around six years old. Not having that privilege never crossed my mind until I read this book. This is something I have taken for granted my whole life. Mike Selby's *Freedom Libraries: The Untold Story of Libraries for African Americans in the South* is an incredible story. 5 Stars.

English Professor Jim McKeown recently retired from McLennan Community College after 26 years. *Likely Stories* is a production of KWBU.

*Ty Campbell*  
President

*Portions of the proceeds will be donated to a charity.*

**GODONE & APPAREL**

*Isaiah 44:6, Thus saith the Lord the King of Israel, and his redeemer and the Lord of hosts, I am the first, and I am the last, and beside me there is no God.*

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# The hypocrisy of America

BY MATTHEW REED

According to Webster's Dictionary, the definition of hypocrisy is as follows:

a feigning to be what one is not or to believe what one does not; behavior that contradicts what one claims to believe or feel; the false assumption of an appearance of virtue or religion.

The scriptures speak of a time when men would depart from faith (1 Timothy 4:1 Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils;

Speaking lies in hypocrisy; having their conscience seared with a hot iron;). In Luke 12:1 Jesus warned his disciples beware of the leaven of the Pharisees which is hypocrisy.

In America we have gone all



PASTOR MATTHEW AND LADY HELEN REED

over promoting civil rights and fair and free elections proving ourselves to be hypocrites. While we champion civil rights in other countries, we trample on the rights of our own citizens. We promote fair and free elections and the right to

vote in other countries all the while practicing the opposite in America. That's hypocrisy!

In America we say "In God we trust" while we totally ignore his teachings such as doing "unto others as ye would have them do unto you." He teaches to judge righteous judgment but we look like the people who judged Jesus: lying, falsely accusing at every opportunity we get. That's hypocrisy.

We pray "God bless America," yet we refuse to repent from our ungodly deeds and become obedient to God's word. We ask God to be a hypocrite and bless those things he comes against. That hypocrisy.

The bottom line is we are a nation of hypocrites and are reaping what we have sown. The solution is to repent and practice what we preach! Amen!

## Doris Miller Memorial Park

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The Cemetery was established in 1949. The first burial was that of Doris Miller's father, Connery Miller. The Cemetery is named in honor of Doris Miller, the WWII hero. It has been under the present ownership since 2001.

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Sadie L. Henderson  
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Waco, TX 76707

Church: (254) 754-2102  
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# Walking in divine health and blessings, Part 13

BY RUBY MCCRAY

*Continued from the August issue of The Anchor News.*

"Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers" (3 John 2).

To review the precious articles, please go to: [www.theanchornews.com](http://www.theanchornews.com), click Archives, then the year and finally the months.

Last month, I pointed out two individuals that the Bible plainly showed that their sicknesses were caused by their sins. Jesus told one of them to stop sinning or perhaps a worse thing would come upon him. John 5:14

Jesus knows that when a demon is cast out of a body, it tries to find another body in which to live in order to continue its evil deeds. In Luke 11:24-26, Jesus said, "When an evil spirit leaves a person, it goes into the desert, searching for rest. But when it finds none, it says, 'I will return to the person I came from.' So it returns and finds that its former home is all swept and in order. Then the spirit finds seven other spirits more evil than itself, and they all enter the person and live

there. And so that person is worse off than before."

I truly believe that that's why when people are healed in certain crusades, it won't be long afterwards before some of them are sick again with the same sickness which sometimes returns with vengeance. They label the ones who administered the healings as FAKE HEALERS, not FAITH HEALERS. Truly, mankind can heal nobody.

Pay strict attention to what James 5:14-16 says. "Are any of you sick? You should call for the elders of the church to come and pray over you anointing you with oil in the name of the Lord. Such a prayer offered in faith will heal the sick, and the Lord will make you well. And if you have committed any sins, you will be forgiven. Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results." Do you see how SIN gives the devil legal rights? If you've not committed a sin and you get sick, then the devil is trespassing. He has to GO, in Jesus's name!

In Mark 5:1-20, there is an



EVANGELIST  
RUBY MCCRAY

account of a man who had at least 2,000 demons, because when they were cast out, they drowned about 2,000 pigs. I assume that it was one demon per pig. The demons begged Jesus not to cast them out of that region. I call them FAMILY demons.

What sin caused this man to have so many demons? I heard Katie Souza say that she believes that it was UNFORGIVENESS. After she explained it, I tend to agree with her, because it makes sense. He lived among the TOMBS with their tombstones. A tombstone is placed to make sure people

REMEMBER. She thinks that he couldn't forget and forgive what was done to him. The deed or deeds were like memorials. If one doesn't forgive, not only will he/she be tormented in this life, but also in the life to come.

In Matthew 18:21-35, Jesus tells us about a man who owed a king a tremendous debt. He was not only going to cast him into prison, but his wife, his children and ALL of his assets. The man pleaded with the king, the king had compassion, and forgave that great debt. However, that same man wouldn't forgive a man who owed him much less, but had him put in prison. When the king heard what he had done, he was summoned again and severely reprimanded. The king put the debt back on him, had him put in prison and tortured until he could pay it all. Verse 35 says, "That's what the heavenly Father will do to you if you refuse to forgive your brothers and sisters from your heart."

Do you see that not only you will suffer, but your entire household, and your assets. No matter how you try, it appears that you can never suc-

ceed. Perhaps you need to forgive someone.

I've found only two places in the Bible where Jesus went to heal the sick, because they couldn't go to Him: the demoniac in Mark 5:1-20 and the paralyzed man at the pool of Bethesda in John 5:1-15. People who wanted healing either went to Him, was taken to Him, or someone went in proxy for them, like in Matthew 15:21-28. They were never denied; He healed them all!

It takes FAITH to get healed. God is neither moved by our TEARS nor our FEARS, only by our FAITH as written in Hebrews 11:6. In Luke 18:35-43, Jesus even asked a blind beggar what he wanted when He could plainly see that he was blind. He had to get a confession from him.

Please join me in October as we continue to prove that it is SIN that gives the devil LEGAL RIGHTS. You may not believe me, but...just what if I'm right!

Evangelist Ruby McCray is the founder of A City of Refuge Ministries. For questions or comments e-mail [rubyacorm@yahoo.com](mailto:rubyacorm@yahoo.com) or write to A City of Refuge Ministries, P. O. Box 2025, Waco, Texas 76703.

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# Plan to Vote, Says the NAACP

**LINDA JANN LEWIS,  
WACO NAACP POLITICAL  
ENGAGEMENT  
CHAIRWOMAN**

With so much turmoil, misinformation, and downright dishonesty surrounding the 2020 electoral process, the Waco NAACP is encouraging voters to develop a plan to vote. "The strategies that are being employed in 2020 are the same ones that have been deployed against African-American voters since the Jim Crow era," declared Waco NAACP president Dr. Peaches Henry. "Nevertheless," Henry insisted, "African Americans shall do what we have always done in the face of attempts to suppress and deny our right to vote. We shall vote—by any means necessary!" That's why the NAACP is urging African Americans to make a plan to vote.

First, get registered. Pick up a voter registration card at the post office or at the Elections Office. The last day to register to vote is Monday, October 5. Call 254-757-5043 to check that you are registered. Then plan to vote.

## **PLAN A: VOTE BY MAIL**

The Elections Office will start sending mail ballots to voters September 18.

Mail-in ballots can be returned to the Elections Office at 214 N. Fourth St.

Call 254-757-5043 and someone will come to the curb. Bring ID.

If you are eligible to vote by mail which is the same thing as voting absentee, request a vote-by-mail/absentee ballot application immediately. The United States Postal Service is already seeing slower and delayed mail delivery. The way to combat such delays, says Waco NAACP Political Engagement chairwoman Linda Jann Lewis, is to request a vote-by-mail/absentee application for November's election now and once it arrives complete and return it. You may return it by mail or deliver it to the Elections Office. Note: If you change your mind and want to vote in person, you are free to do so. You do not have to have the ballot with you.

Those who are eligible to request a vote-by-mail ap-

plication and vote absentee include: voters who are 65 years of age or older by Election Day, voters who will be absent from the county during early voting and on Election Day, voters confined in jail but not convicted, and voters who are disabled. Concerning voters who are disabled, Chapter 82 of the Election Code says if a voter has a sickness or a physical condition that is likely to do harm to her health if she votes in person, then she is entitled to vote absentee.

In May, the Texas Supreme Court ruled that having underlying conditions that make a person vulnerable to COVID-19 could be considered a factor as part of a voter's medical situation. The court left it up to voters to determine if they meet the election code's definition of disability. The Texas Supreme Court also ruled that voters make their own individual decisions about whether they have a physical condition such as the COVID-19 underlying conditions listed by the Centers for Disease Control.

The Supreme Court also held that election clerks have a ministerial duty to accept a voter's request for an absentee ballot, and they have no discretion to question, challenge, or deny a voter's request to vote by mail because of the disability that is the basis of their concern. Speaking to the Waco Tribune, McLennan County Elections Administrator Kathy Van Wolfe said no one will track how many voters claim a disability out of fear of coronavirus exposure.

## **PLAN B: VOTE DURING THE EARLY VOTING PERIOD**

*Early Voting Dates: October 13-October 30, 2020*

*TO VOTE CURBSIDE CALL 254-757-5043.*

If you prefer to vote in person, vote during the early voting period when lines will be shorter or nonexistent and social distancing will be easier. You may vote in person even if you requested and received a vote-by-mail/absentee ballot. Parents: Make sure that your child who is away at college requests a vote-by-mail/absentee application. And you should certainly vote

in person if you have not received your vote-by-mail/absentee ballot. During the early voting period, five vote centers will be available. Voters may vote at any vote center in the county no matter where they live in the county. Curbside voting is available if you are physically unable to enter the vote center without personal assistance or the likelihood of injuring your health. If you have signs or symptoms of COVID-19, consider curbside voting. To get curbside assistance send a companion in to the vote center to alert the election judge or call 254-757-5043.

To maintain social distancing protocols, the NAACP will lead two Souls to the Polls caravans on Sunday, October 18 and Sunday, October 25 at 2PM. Caravans will start in church parking lots and voters will wait in their cars to keep crowding down.

## **PLAN C: VOTE ON ELECTION DAY**

*Election Day is Tuesday, November 3, 2020 from 7AM-7PM.*

*If you are in line to vote by 7PM on Election Day, you must be allowed to vote.*

*By law, senior citizens and handicapped individuals go to the front of the line.*

*TO VOTE CURBSIDE CALL 254-757-5043.*

Vote in person on November 3, Election Day. Identify three vote centers and put their addresses in your phone. The Elections Office will not serve as a vote center on Election Day. There will be 34 vote centers available on Election Day. Some of them are Bellmead Civic Center, Carver Park Baptist Church, Dewey Community Center, Mart Community Center, McLennan Community College, Waco High Performing Arts Center, University High School, & Waco Multi-Purpose Community Center. Voters may vote at these and any other vote centers. Secure the appropriate voter identification (or alternative ID info) before Election Day. Come prepared to stay in line until you cast your vote. The wait could be hours. By law, senior citizens and handicapped individuals go to the front of the line. If

you cannot stand in line for a lengthy time, consider voting curbside. Bring water, snacks, hand-sanitizer, a hat, a lawn chair, and a phone charger. Bring a slate card (a list with the candidates you want to vote for already printed). These are already available. Voters can no longer vote a straight party ticket, so having a slate card will decrease the time it will take to vote.

If you have trouble getting your absentee ballot or have other election concerns, call us.

Please inform the NAACP if you receive any harassing or annoying calls seeking to inquire about any application that you make for an absentee ballot. You should talk

with the NAACP before you respond to any such inquiry that seems to go beyond verifying what is on the absentee ballot application. And if you go to vote in person and feel that it was unsafe or that there was bias, hostility or other irregularity, the NAACP is asking that you call and inform them about immediately. Do not wait till after the election is over. The NAACP has lawyers ready to help you on Election Day. Call Linda Jann Lewis at (254) 754-7001.

Individuals wishing to join the Waco NAACP, may do so by using PayPal or CashApp (\$WacoNAACP) or mailing payment to P. O. Box 20511; Waco, TX 76702.



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# Which upgrades are worth it when selling?

(NewsUSA) - Is it finally time to sell your house?

That's the question on homeowners' minds as house prices just posted their largest annual gain since 2005 -- congrats to those no longer "underwater" on their mortgages -- even as interest rates remain tantalizingly low. But here's the catch: Those same higher prices can make buyers as choosy as a Michelin restaurant reviewer.

"A house with a \$1,600 mortgage payment last year now has a \$2,000 mortgage payment," one broker told the Wall Street Journal. "Buyers are saying, 'I better like it.'"

To increase your home's "like" quotient, read on to see which upgrades are worth making and which aren't.

**Worth It:** A new front door. Strictly in terms of return on investment, a steel one topped the list of Remodeling magazine's annual Cost vs. Value Report for 2014 -- recouping 96.6 percent of the average price. But a fresh coat of paint can work wonders, too.

**Not Worth It:** A home-office remodel. We know what you're thinking: With so many more



LINDA McDONALD

people working from home, wouldn't it be brilliant to rewire the space for electronic equipment, say, and install commercial-grade carpeting? Not really. The magazine gave it the lowest return on investment (48.9 percent), and the guy who oversaw the study says, "Home offices don't sell houses."

**Worth It:** A back-up power generator. It's the biggest gainer in the study, jumping 28 percent over last year, and plays especially well in areas brutalized by storms.

**Not Worth It:** Major bath-

room work. "You could install the most spectacular jetted tub, and it still might not suit a buyer," says Patsy O'Neill, a sales associate with Sotheby's in Montclair, NJ. "Meanwhile, you'd have spent tens of thousands of dollars." That explains why it made Bankrate.com's list of "6 Worst Home Fixes for the Money" and why you should stick to things like re-grouting the shower.

**Worth It:** Roofing replacement. There's a reason this ul-

timate "curb appeal" enhancer consistently makes Remodeling's list and is up 11.2 percent over even last year: A roof is the first thing prospective buyers notice even before exiting their cars, and you can kiss that sale goodbye if yours looks like it's been through hell.

"It's a huge turn-off," says O'Neill, "and makes buyers predisposed to find even more things they don't like." For the look of luxury at very affordable

prices, check out the Value Collection Lifetime Designer Shingles from GAF ([www.gaf.com](http://www.gaf.com)), North America's largest roofing manufacturer.

**Not Worth It:** Major kitchen renovations. Again, the key word is "major," and again it's a "taste" issue.

Call Linda McDonald, ABR, CRS, GRI, PMN, SRS, TRLP, "The Real Estate Lady," for all of your real estate needs: Coldwell Banker/Apex Realtors, 254-855-1717.

## CITY OF WACO RENTAL ASSISTANCE AND Foreclosure Prevention Program

**NEED HELP PAYING RENT, MORTGAGE OR UTILITIES**  
The City of Waco will help eligible citizens pay up to three months of rent, mortgage and utilities due to COVID-19 hardships.

To Qualify:	Required Documents:
✓ Must be a City of Waco resident at least 6 months.	✓ Driver's License or ID
✓ Make less than 80% of the Waco - McLennan area median household income	✓ Social Security Card and Birth Certificate
✓ Have not received additional housing assistance from the federal stimulus program known as CARES given from another agency.	✓ Copy of Lease or Mortgage Statement,
✓ You are not currently on a voucher program.	✓ Delinquency letter from landlord or Mortgage Company
	✓ Two months of check stubs
	✓ Copy of sources of income
	✓ Six months of bank statements
	✓ Proof of hardship

Visit website to see full program overview and apply for assistance.  
The process takes approximately 14 day to receive assistance.

To apply go to [covidwaco.com/rental-mortgage-assistance/](https://covidwaco.com/rental-mortgage-assistance/)

## CIUDAD DE WACO PROGRAMA DE ASISTENCIA PARA RENTA Y Prevención de Ejecución Hipotecaria

**¿NECESITA AYUDA PARA PAGAR FACTURAS DE ALQUILER, HIPOTECA O UTILIDADES?**  
La Ciudad de Waco puede ayudar a ciudadanos elegibles a pagar hasta tres meses de alquiler, hipoteca y servicios públicos debido a las dificultades causadas por el COVID-19.

Para Calificar:	Documentos Requeridos:
✓ Debe ser residente de la ciudad de Waco al menos 6 meses.	✓ Licencia de conducir o identificación
✓ Ganar menos del 80% del ingreso familiar promedio del área de Waco-McLennan	✓ Tarjeta de seguro social y certificado de nacimiento
✓ No haber recibido asistencia adicional para la vivienda del programa federal de estímulo conocido como CARES otorgado por otra agencia.	✓ Copia de la declaración de arrendamiento o hipoteca,
✓ Actualmente no está en un programa de cupones.	✓ Carta de atrasos del propietario o compañía hipotecaria
	✓ Talones de cheques de dos meses
	✓ Copia de fuentes de ingresos
	✓ Seis meses de extractos bancarios
	✓ Prueba de dificultad

Visite el sitio web para ver una descripción completa del programa y solicitar asistencia.  
El proceso tarda aproximadamente 14 días en recibir asistencia.

Para aplicar visite [covidwaco.com/rental-mortgage-assistance/](https://covidwaco.com/rental-mortgage-assistance/)