

THE Anchor News

Serving the Central Texas Community

Celebrating 15 Years!

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Free



Global Revive to host first annual MLK empowerment banquet

The Global Revive Center of Excellence wants the community to live a longer and better life. In business for a little over three years, the GRC is all about promoting good health and well-being. Founded in 2013, with Kay Bell as the CEO, the organization lists on Facebook that GRC's goal is "to revive our world back to nature." Part of this effort includes organic gardens, a kids' garden program and the Farm to Church project. "We hope to partner with local churches," Bell, explained, "by providing them with weekly or bi-weekly fresh, organic produce from the garden at a surprisingly reasonable price."

Located in Waco, Texas, the company has made it easy for anyone to have fresh, delicious vegetables at minimum cost. But the company has chosen not to stop there. "We need to get the word out," explained Bell. "We need to let



**FAYEOLA JONES,
BANQUET SPEAKER**

Waco and surrounding areas know that we can help them live a healthier life."

With this concept in mind, Global Revive will host its first Martin Luther King Empowerment Banquet. Planned for January 13, 2018, at the Multi Purpose Center on Elm Avenue, the banquet will begin

at 7:00 p.m. Those in attendance are in for several treats and should be prepared to receive food for the mind, body and the soul.

For the mind, evangelist and public speaker Fayeola Jones of Waco, Texas, will be the evening's keynote speaker. This year's powerful theme is "Empowering the Dream." According to Bell, the banquet is about empowering organizations and senior citizens to keep striving to fulfill their dreams. The speaker was born in Bryan, Texas. The youngest of eleven siblings, Jones always knew that God had a purpose for her life. She attended Bryan Public Schools and is a graduate of the class of 1972. Upon leaving Bryan and moving to Houston Texas, Jones attended Manpower Business Training Institute,

See **BANQUET** pg. 3

Lifestyle Expo planned for February 2018

Mother and daughter, Mia and Mara Thomas, are teaming up to coordinate their first business venture together. Mia, the founder of Road to Damascus, Inc, a 501c3 nonprofit organization that helps at risk children and families, is so excited to be working alongside her daughter, Mara. She is also the owner of Mia Thomas Bailbonds, an agency serving Hill, Bosque, Milam, Freestone, and Burleson Counties. Mia grew up in a Christian and close knit family in Georgia, where her mother and grandparents always instilled in the children that nothing in life comes free. "They would say 'If you want the best in life you, always got to keep God first and line up with his will.'"

Mia's grandmother would often say to her grandchildren, "Never forget where you came from and always treat people with the utmost respect. Do good when it's in your power to do good." According to Mia, they were all taught to never disrespect the family name. "When we went places, people knew that we were the Mobley children because of the way our parents and grandparents trained us."

It is no surprise that Mia raised her children with the same principles that her family instilled in her as a child. "These principles empower them to strive to do better in their



MARA THOMAS

own communities and with the people they come in contact with every day. It's a blessing and much joy to see my kids grow their own businesses and bless others."

Mara is a licensed, certified esthetician and a very motivated eyelash tech and makeup artist. The owner of a local beauty business, Madame Beau', which means "beautiful lady," Mara is a single mom of two-year old Masen Alexander Waggoner. Mara worked hard to finish high school and get her license as an esthetician. And even though she had several obstacles to overcome during the last half of her schooling to get her license, she kept God first and pushed forward.

The Thomas duo is super excited to announce an upcoming event planned for Sunday, February 18, 2018, from 2:00 p.m. to 8:00 p.m. They will host

See **EXPO** pg. 13

Award-winning Waco NAACP ends busy year

On December 14, the Waco NAACP issued its annual report, wrapping up a busy year of programming in the community. Chapter president Dr. Peaches Henry first informed the group that the chapter had received two Thalheimer awards at the NAACP National Convention in Baltimore in July. The prestigious Thalheimer award is given to branches for outstanding achievement in the different areas of the NAACP's work including education, health, political engagement, econom-



DR. PEACHES HENRY

ic engagement, legal redress, and criminal justice. The chapter received the first place Thalheimer Award for Programs and received the second place Thalheimer Award for Publications for its work in 2016. Henry's additional comments discussed the chapter's 2017 programming.

During 2017, the chapter focused much of its attention on educational issues in Waco, especially the hiring of a new superintendent and the plight

See **NAACP** pg. 4



Photo by Any Given Day Photography

J.L. AND LINDA CRAWFORD

A co-owner of *The Anchor News*, J.L. Crawford is the director of operations for the paper. He is also an instructor at McLennan Community College, a Bible teacher, and a LegalShield Senior Manager. Linda Crawford is co-owner and editor of *The Anchor News*. She is an instructor at McLennan Community College, a Bible teacher and a conference, workshop and motivational speaker.

From the Crawfords...

It's that time of the year — time to say good-bye to 2017 and hello to 2018. We have so much for which to be thankful as we give praise to our Father for sending his Son. Because of His sacrifice, we can have a close relationship with the Lord, resulting in a healthy, prosperous, joyful life here on earth.

It is awesome that we serve such a Mighty God, one who gives us the opportunity to serve others and to lead others to Him. Merry Christmas Happy People! It's all about HIM!

An open letter to the voters of McLennan County Commissioner Precinct 2

The School of Public Affairs and Administration at Rutgers University compiled a publication entitled, "A Call to Serve." In its introduction it reads, "We are all public servants at some point in our lives: employees of government and not-for-profits, elected officials, members of boards and community organizations, volunteers, philanthropists, etc. Public service attracts a special kind of individual and is often based on a sense of duty or an intense inner commitment to a cause that extends beyond the pressures of the moment. Public servants achieve internal satisfaction by making a contribution to a society as opposed to a commitment to achieving only personal goals. Those who enter public service do so out of a desire to serve the public interest and link themselves to a larger community. Public service embodies the ethical principles of the common good, service to others and social equity."

As I take this next step in my career journey, many have asked why I am running to be the next County Commissioner for McLennan County's Precinct 2 area. I genuinely believe it benefits all of McLennan County for there to be a voice for the marginalized — those who have been historically absent in conversations where the decisions affecting life and lifestyles are made. I would like to continue to be that voice. I bring a rare perspective in understanding why the system exists, how the sys-

tem works, and why it needs to work for all of us.

Even though one must run for political office to obtain this position, I don't believe the position's priority is to be political. Governmental services should not be politicized. County government is charged with providing public services. Those services should be delivered with the common good in mind. Positioned a level below state office holders and a level above local office holders, the members of the Commissioners Court are among a unique group of local office holders with state authority via the Texas Constitution and as in any arena of power and influence, diversity and a sense of balance ensure equity and equality. I stand firm on my campaign issues and also extend an open door to hear the concerns of the voters.

I plan to begin discussions regarding the program agreement for the Waco McLennan County Economic Development Fund, a fund, established via an alliance of McLennan County, the City of Waco, and the Waco Industrial Foundation, which focuses on the recruitment and retention/expansion of businesses in the Waco, McLennan County, Texas, areas. In order to be eligible for these funds, businesses agree to a minimum hourly wage established in the program agreement. It is important to note that the hourly wage amount has not been adjusted in over fifteen years. Thus, I plan to begin discus-



PAT CHISOLM-MILLER

sions to provide higher wages for the residents of McLennan County while also maintaining active, progressive business/employment growth.

I will advocate for education of the TIF (Tax Increment Financing) Program. TIF was developed as an economic development strategy for assisting in the development or redevelopment of economically distressed or blighted areas of a municipality where such development would not occur solely through private investment within a reasonably foreseeable future. The zones cover portions of commercial properties in East Waco, North Waco, South Waco, and downtown. I will advocate for a corporate alliance between the Greater Waco Chamber of Commerce, the Cen-Tex African American Chamber of Commerce and the Cen-Tex Hispanic Chamber of Commerce for the provision of education and logistic support to

small and minority businesses and aspiring business owners.

I am excited about the economic expansion possibilities of McLennan County especially the current project in Mart, Eastern McLennan County, Texas. As a recipient of USDA Rural Development Funding, the City plans to upgrade its water facility. I believe the county shoulders a responsibility to be a partner in that endeavor. There are economic incentives we can pursue to maximize the fact that local government's initiative has been used in other areas of the county.

I am also encouraged with the county receiving over 190 acres of park land from Luminant. The county has leased the land for \$1 a year since 1969 and will now take ownership. Luminant's energy generation facility at Tradinghouse has been a community partner in McLennan County since the early 1950s. I envision that with full ownership of this land, the county's goals for tourism and park development can be seriously explored and enhanced.

As the former Fred Batts Leadership Luncheon facilitator, when I am elected, I will continue to encourage community meetings and updates. I am convinced that a consistent venue for minority leadership to interact with all local area leaders is not only beneficial but essential to the over-

See **VOTERS** pg. 7

THE Anchor News



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PURPOSE

The Anchor News, dedicated to serving the community and surrounding areas, focuses on positive news and accomplishments of minorities.

POLICY

Anchored on the principles of scripture, *Anchor News* will at

no time publish information that is potentially libelous material or intentionally malicious, derogatory or irrelevant.

EDITORIAL POLICY

Signed opinion articles do not necessarily reflect the opinion of the editorial staff. Unsigned editorials reflect the opinions of the editor.

LETTERS AND ARTICLES POLICY

The comments and opinions of our readers are welcomed. Letters

and articles should be e-mailed. Letters should be no longer than 200 words and must include a name and phone number. Article submissions should be no longer than 450 words and should include an original head shot (in jpeg format) along with your name, address and phone number. We reserve the right to edit for grammar, space, potentially libelous material and copyright infringement. We also reserve the right to refuse derogatory, irrelevant and malicious submissions.

SUBSCRIPTIONS

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Contributing Writer

SCOTT KNAPEK

Design/Layout

STAFF

The turn of a century...well not quite

BY RUBY MCCRAY

I don't know whether or not JESUS was born on December 25, but records reflect that our Uncle Olen Hamilton was born the day after Christmas in 1919. He will be 98-years-young on December 26th.

Uncle Olen, a WW II veteran, is one of the most amazingly "YOUNG" individuals that I know. He is very quick-witted and loves to be with people—not old people though. He is the ninth child of ten and the only one still alive. My dad was the fourth child and Uncle Olen's "Look-A-Like."

My dad was a pastor in this area and Uncle Olen lived in San Francisco, California. Periodically, he'd come down and would always visit the church. You should have seen the people scratching heads thinking that they were losing their minds. Simultaneously, they'd see dad in one place and Uncle Olen in another, which was impossible. Before leaving, he'd sing "How Great Thou Art."

After my dad passed, Uncle Olen went to the church where my first cousin pastored. He was sitting in the pastor's study when Uncle Olen walked in. My cousin said that if he hadn't known that Uncle Olen was expected to worship with them that day,

he would have made another door of escape, of course, because Uncle Olen looks the spitting image of my late daddy.

Quite often when people think that two people look alike, those two people sometimes disagree. However, when Uncle Olen came down from California to attend our dad's Home-Going Celebration, he told me that he would never sleep on his back again. Had he not known, he explained, he would have thought that he was looking at himself in that casket.

The morning that the limousines came to the house for the family, one family member, R. N. McCray, came bursting into the house, holding his chest, breathing frantically. "Does your dad have a brother who looks just like him?" he asked. After I affirmed that he did, R.N. said that he was happy that it wasn't night because there would be two funerals.

Since Uncle Olen's wife has passed away, he moved back to this area, after having driven taxicabs for 25 years. He said it was the only job he ever had and looked forward to going to work every day! Here, Uncle Olen built a very nice home for himself and two of his siblings. He gave the suite to his sister while he and another brother took the small-



OLEN HAMILTON

er bedrooms. That's the kind of Uncle we have!

He is an avid domino player who won a domino championship along with one of his dearest friends, Ernest Dietrich. There was a picture of the two holding trophies on the front page of the Riesel Rustler dated March 21, 2014.

On February 17, 2016, he was rear-ended near his home. I must interject that he didn't like to wear seat belts because there were no seat-belt laws during the years when he drove taxis. Uncle Olen's pickup went to the right in a field and he went to the left into the highway, losing one of his shoes. People were trying to get him out of the highway, and he was telling them that he was trying to find his shoe. He had the paramedics laughing while they were cutting off his clothes and the other shoe. He asked them what were they doing, and what did they expect him to put on in the morning; how did they know he had more shoes and clothes? When he got to the hospital, it was the same. It's always all over when

any medical staff asks him to remove his dentures as he has his original teeth! On this day, the staff couldn't understand how he could have such joy with his banged-up head, hands, legs, and other injuries.

Uncle Olen ended up having part of his leg amputated. Still, that misfortune has not stopped our Uncle Olen! Within a year, he had his prosthesis, another pickup truck, and his daily "gone every day" routine. Seriously. Every day! His medical staff couldn't get over his stamina. Two of his therapists told me that he is the strongest man of his age that they have ever met.

I contribute much of Uncle Olen's stamina and strength to his positive confessions (Proverbs 18:21). He doesn't talk about being old, he doesn't

hang around old people, and whenever he hears those who are younger than he is complaining and talking negatively, he literally leaves.

Most of his friends are from the ages 20 to the early 70. Many are Caucasian and Hispanic, and the younger ones call him "Uncle" and "Grandpa." He goes to several family reunions where he is the only grain of "Pepper" in the shaker of "Salt," and this is the way it should be! He sees God's creations, not color. Those who know him will bear witness to this fact. When he was about to turn 80, he went back to California to celebrate. He said the ones back here are too old and just don't know how [to celebrate, that is.]

Happy birthday, Jesus and Olen Hamilton, too!"

BANQUET

Continued from page one

where she excelled in academics, graduating in 1975. For eight years, she worked for Texas A & M before pursuing her singing career in Las Vegas, Nevada. Singing with the renowned musical group The Platters opened the door for many opportunities to headline on the Las Vegas strip with many well-known celebrities, including Sammy Davis Jr., Liza Minnelli, Lola Falana, and Wayne Newton.

In 2016, The African American Cultural and Heritage Society honored Jones for her remarkable accomplishments. Presented by the mayor of Bryan and signed by the Governor of Texas, this Certificate of Honor fo-

cused on Jones' outstanding, unselfish service and leadership in the community. Recently, Jones released a gospel single entitled, "Haven't Done." The mother of three children, nine grandchildren and one great grandson, Jones describes herself as a Black woman who rocks for God.

For the body, organic vegetables from the GRC gardens will contribute to a delicious and nourishing meal. Participants will learn about an opportunity to eat healthy, fresh vegetables on a regular basis by joining the Community Support Agricultural Program. Those who sign up for the service will receive a box of fresh, in-season vegetables of their choice once or twice monthly. Each box will cost only \$15.00.

For the soul, Houston-Til-leron College's Jazz Band will perform special music for the Jazz and music lovers in attendance. In addition, GRC will present community and citizens awards. For more information on the program and the banquet, contact Kay Bell at bellkay9@gmail.com or call 254- 227-24-888. Tickets are \$25.00. Visit McDowell's Café on Dallas and Waco Drive to get your tickets today, or contact Kay Bell.

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Homeowners Beware: Are termites feasting on your home?

Homeowners across the country are out enjoying sunshine and fresh air while prepping their homes for the warmer seasons. While home improvements on the honey-do list may seem endless, one important task that shouldn't be ignored is checking for termite activity.

Moisture-damaged homes, regardless of make, model or age, are susceptible to termite infestations. Termites are capable of chewing through wood, flooring and wallpaper undetected. These "silent destroyers" can't be eradicated with do-it-yourself measures, and cause more than \$5 billion in property damage annually, costs not typically covered by homeowners insurance.

HOW TO IDENTIFY TERMITES

Termite-spotting likely occurs in spring as they build new colonies for mating and nourishment. As colonies mature, winged termites appear around lights of windows and doors. After mating, termites create nearby colonies, spreading the infestation and disappearing into structures.

While homeowners may see termites, they can mistake them for flying ants. Termites have distinct body types characterized by straight waists, straight antennae and two sets of wings equal in size. Misidentifying termites could delay treatment and cause structural property damage.

Homeowners should be on the lookout for mud tubes on the base of their house, soft wood that sounds hollow when tapped, darkening or blistering of wood structures, small feces piles resembling sawdust near a termite nest and discarded wings near doors or on windowsills.

PREVENTION TIPS

If your home is currently termite-free, you should still take



RICHARD KRUGER

preventative steps to avoid becoming a termite magnet in the future.

Most importantly, eliminate or reduce moisture in and around the home, which termites need to thrive. Below are things you can do to help prevent infestations in your home:

- * Divert water away from the foundation by installing properly functioning downspouts, gutters and splash blocks.

- * Reduce humidity in crawl spaces with proper ventilation.

- * Trim vines, hedges and other vegetation so they don't block vents.

- * Remove old form boards, grade stakes, tree trunks and roots nearby.

- * Maintain 18 inches between soil and any wood portions of your home.

- * Store firewood at least 20 feet away from the house and 5 inches off the ground.

- * Routinely inspect your home's foundation for signs of termite damage.

To rid your home of termites, contact a termite pest control specialist to address the infestation and recommend a proper solution. Please visit www.pestworld.org to find your area's licensed pest professionals.

of five struggling schools. The chapter worked with the Concerned Citizens Coalition to help the community communicate its profile of a potential superintendent to the Waco ISD Board of Trustees during a meeting in February. Ultimately, the chapter and the community were delighted with the appointment of the first African-American superintendent in the district's history, Dr. Marcus Nelson.

Helping Waco ISD schools avoid being shut down by the Texas Education Agency was a major issue for the NAACP. To directly support parents and students, the chapter held its second annual Greet-a-Scholar Day on the first day of school at JH Hines Elementary, one of the schools facing closure as a result of failing state STAAR exams. In addition, the chapter held meetings calling on the community to become engaged in helping JH Hines and four other schools succeed in passing their standardized exams. Further, the chapter held a special meeting to explain the legislation governing the school situation—namely House Bill 1842 and Senate Bill 1882—to the community in preparation for the superintendent's community meetings on how Waco ISD intended to prevent the schools from being closed. Overall, Dr. Henry reported, the chapter's efforts in the area of education were successful.

After winning a National NAACP Health Department

NAACP

Continued from page one

HELP Grant for the second time, the chapter conducted surveys and held a focus group meeting to determine what areas the community felt should be focused on in order to create better health outcomes. Based on the concerns identified by the community assessment, the NAACP identified the lack of adequate activities and facilities that promote healthy behavior for young people in East Waco and hosted a "Place for Our Kids to Play" town hall meeting at the Dewey Community Center on October 10. The goals of the town hall were to raise awareness about the lack of facilities for youth to engage in healthy activity among families, community members, city officials, and local stakeholders; and provide an opportunity for local advocates and experts to share knowledge, identify barriers/challenges, and brainstorm solutions for providing access to physical activity for East Waco youth.

Invited guests included John William, Director of Parks & Recreation; Jeannette Bell, President Northeast Neighborhood Association; Ryan Holt, Chief of Police; Dale Fissler, City Manager; Melvin Carter, Director Doris Miller YMCA; City Councilman Noah Jackson; Shelby Lee, President of East Waco Little League; Shirley Langston, Director of Restoration Haven; and Ramona Curtis, Baylor University Community Engagement Office. There were 103 participants of whom many were East Waco children, teenagers, parents, and senior citizens.

During the evening, the Director of Parks John Williams informed the community the City had won \$300,000 in Community Development Block Grant (CDBG) funds for Hood Street Park that would be used for basic site improvements like adding a water fountain, improving lighting, adding curbs and sidewalk connections, adding electricity to the pavilion, and updating the sport court. Also, the Director of the Doris Miller YMCA announced during the town hall that any East Waco family whose children wanted to attend the YMCA would be able to do so. Parents need only contact the Doris Miller YMCA Director Melvin Carter.

At the conclusion of the meeting, participants were asked to sign partner posters to commit to continuing the dialogue about the parks. Henry noted that conversations with partners will be ongoing regarding improving facilities in East Waco.

The third area of major focus for the NAACP in 2017 was political engagement. Working closely with Project VIER, Henry noted, that the chapter had registered voters beginning with its Juneteenth Block Party and Voter Registration event. During August, Project VIER registered voters at different back-to-school events such as the Waco ISD Family Fest and the Road-to-Damascus Block Party. Registering voters at seven different venues, the chapter had its most successful year as a participant in the National Voter Registration Day in September.

The chapter also had programming in criminal justice, legal redress, and economic development. The NAACP worked to create positive interactions between youth and the Waco Police Department by bringing them together during events such as the Juneteenth Block Party and the Greet-a-Scholar Day. The president held a "Know Your Rights" workshop at the Phi Delta Kappa Sorority Zinos and Kudos State Convention in February. The chapter planned a home buyers education workshop with Wells Fargo.

In 2017, Henry concluded, "the Waco NAACP is continuing in its fight for equality. We have had many partners in these endeavors. As we approach another year, the Waco NAACP, together with its partners, is committed to persisting in the fight that began over eight decades ago in McLennan County." In closing, Henry encouraged members to invite others to join the NAACP on the front line of the war for justice.

Individuals may join the Waco NAACP via PayPal using the email address (waconaacp@gmail.com) or sending the membership fee via regular mail to PO Box 20511; Waco, TX 76702. Membership is \$30 for adults; \$10 for youth under 17; \$15 for youth 18-21. Find the chapter on Facebook.



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Larry & Patsy Reed, Servants

Home for the Holidays Clear the Shelter Day is December 23

MEXIA, TEXAS, DECEMBER 11, 2017 – LARAS House (Limestone Animal Rescue and Adoption Shelter) in Mexia has a fun day planned to kick off a week of free pet adoptions just in time for Christmas. Beginning on Saturday, December 23rd through to January 1st, LARAS House will offer free adoptions of their dogs and cats. Area residents are encouraged to come out and adopt our adorable pets while we are

able to waive the adoption fees.

Some very generous sponsors have joined with LARAS House to help make the holiday happier for both families and people wishing to adopt and shelter pets. Sponsors include: The Marlark Foundation; Propane Energy Company; Alan's Tire and Service; REMAX Premier Properties/Womack Insurance/Bobby Forrest; Classic Paint and Auto Body and Wrecker Service/

Classic Metal Buildings; Tomahawk Live Trap LLC; Reed and Reed, LLP- Attorneys at Law; Herbst and Associates, Shiloh Community Association, Mammoth Pet Products, and several other Friends of LARA House. Our Sponsors help to cover adoption costs (vaccines, spaying/neutering, care and micro-chipping) for pets adopted during the event.

LARAS House participated in the National Clear the

Shelter Day event in August and successfully adopted out 21 dogs & puppies, and 43 cats & kittens. "We hope to have even more adoptions for this event," says Valerie Lang, LARAS House Board President. The 501. C3 no kill shelter has set a goal of raising \$8,000 in sponsorships to cover 80 adoptions. They currently house 85 dogs and 103 cats ready for their forever homes.

LARAS House still has

sponsorship opportunities available. More information can be found on their website: larashouseshelter.org. Sponsors will be benefitting both the animals in need of homes and the families who otherwise may not be able to afford the new companion they long to love.

We do have a limited number of event shirts available for \$20. Funds raised go towards the event.

Church Directory

High Point Church



www.highpointchurchwaco.com

WEEKLY SERVICE Every Sunday 10:30 a.m.	<i>Children's Church</i> <i>Youth Church</i> <i>Nursery</i>
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Hollywood Theater | Highway 84 | Woodway, Texas
John Rambeau, Senior Pastor

Temple of Christ Church

Matthew Reed Ministries, Inc.



Sunday School: 10 a.m.
Worship: 11:15 a.m.
Evening: 6:00 p.m.
Monday Bible Study: 7:00 p.m.
Wednesday Prayer Worship: 7:00 p.m.

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Temple of Deliverance Ministries



Sunday Worship
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Tuesday Bible Study
7:00 p.m.



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Predictability for Your Business

BY: REGINA MARTINEZ,
VICE PRESIDENT
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REGINA MARTINEZ

From wholesalers to retailers, from service providers to manufacturers, no business wants to be limited by cash flow.

Is working capital an issue for you? Is waiting for payments from your customers keeping you from paying your own bills? Do you spend more time and energy on accounts receivables than on growing your business? So, what can you do?

Don't panic. One of the greatest misconceptions about cash flow problems is that they only happen to companies that are doing badly. Most commercial clients, especially large companies, pay invoices in 30 to 90 days. They pay slowly for a very simple reason: it helps their cash flow. Unfortunately, many startups and even growing companies don't account for payment terms when planning their finances.

A whopping 82% of businesses fail due to poor cash flow management skills. You must take positive steps to make sure you don't become a statistic. Knowing how to help yourself is critical to the continued operation of your business.

Some options are better than others. You can finance yourself using your credit card. Typically, not a great idea. Credit card rates can be high, and if your plan to pay it off when the money comes in doesn't pan out, you could be up the proverbial creek. You can get a loan. Small business loans can be a lifesaver, but know what you are getting into. Friends and family? Loans among friends and family can cause more problems than they solve. If you take this route, put everything in writing! You can sell part of your business, but selling when you are under pressure can often be a bad deal for you, and undervalue your business.

Capital Advantage by Incommons Bank can help. Capital Advantage is a part-

nership between your business and Incommons Bank. It is a relationship built around you without forcing you to fit into a program designed for someone else.

Incommons Bank is a locally-owned community bank dedicated to the growth of Waco businesses. Our program fees are lower than factoring companies and we never sell your invoices.

With Capital Advantage, your business automatically gains flexibility. No longer are you at the mercy of your customers when deciding on the future of your business. Capital Advantage works well with online and in-bank services. Plus, you get the added value of back office support—both before and after the sale. Our administrative services and reports will help your business thrive. Capital Advantage includes credit checks and history of your customers, Dunn & Bradstreet reports, statements, summaries, and daily reports all designed to give you the information you need to make your business succeed.

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Meet Channel 6 news reporter, Jasmin Caldwell

Channel 6 News reporter Jasmin Caldwell was born and raised in Omaha, Nebraska. Originally she wanted to be a history teacher, but taking a broadcast journalism class in high school converted her. She finished the class knowing that she wanted to be a news reporter. Caldwell's first professional job was as an associate producer in Tallahassee, Florida. After spending two years in Tallahassee, she moved to Fort Myers, Florida where she worked as a full-time producer.

With four years under her belt as a producer, Caldwell decided to pursue her true dream and become a news reporter. She spent the next two years working as a reporter in Charlottesville, Virginia. It was while she was in Charlottesville that she covered some of the biggest stories in the market, stories that made national headlines.

Caldwell played a pivot-



JASMIN CALDWELL

al role in breaking the story about Charlottesville City council voting to remove the confederate Robert E. Lee monument.

In the summer of 2017, she was featured on a TV show called Evil Twins on the Inves-

tigation Discovery channel, where she was interviewed about a murder trial she covered. For Caldwell, that was a very exciting moment because she has a passion for covering crime and seeking justice for families of murder victims.

Since she was a little girl in daycare, Caldwell has been a huge fan of the 80's sitcom The Golden Girls. She is a dog mom and loves to spend time with her precious Bichon Frise named Malik. Caldwell graduated from the University of Nebraska-Lincoln in 2010 and is an active member of Alpha Kappa Alpha Sorority Incorporated. She loves to give back to the community through volunteer work and other service projects. Caldwell is a member of the National Association of Black Journalist and likes to tell stories about communities that are overlooked. She loves her job as a news reporter for Channel 6 News.

Chiropractors Offer Advice to Those With Diabetes

(NewsUSA) - If current trends hold, 1 in 5 Americans will have diabetes by 2025 -- and 1 in 3 by about a generation after that.

So says the Centers for Disease Control and Prevention, which rightly calls the figures "alarming." But when you think about our lifestyles -- too often sedentary, with unhealthy diets -- should we really be that surprised?

"We simply cannot sustain this trajectory," says the agency's Dr. Ann Allbright.

Certainly genes also play a role in explaining why 29.1 million Americans already suffer from the disease. It's characterized by the body's inability to produce, or properly use, the hormone insulin that's needed to convert sugar, starches and other food into energy.

But when it comes to those lifestyle issues -- which, unlike genes, we can do something about -- perhaps the best advice to limit the growing epidemic of diabetes comes from Dennis Marchiori, DC, PhD, current president of the Association of Chiropractic Colleges: "Simply put, when you live healthier, you have a better chance of managing your blood sugar."

The "DC" stands for doctor of chiropractic. And today's chiropractors, with a minimum of seven years of education



DR. SHAMONICA
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and clinical training, are helping to address the roots of lifestyle-acquired Type II Diabetes through their emphasis on healthy living and natural lifestyles. They're also well-trained in nutrition, enabling them to

construct individualized health regimens for patients that include:

* Eating well-balanced meals that are low in processed sugar.

* Consuming a variety of fiber-rich foods like fruit, vegetables and whole grains.

* Weight management.

"Type II Diabetes is a preventable disease, and choosing a healthy lifestyle is critical," says the not-for-profit Foundation for Chiropractic Progress' Gerard Clum, DC.

Of course, especially if you're new to exercise, a chiropractor's skill in manual care will also come in handy.

For more information or to find a chiropractor in your area, visit www.F4CP.org/findadoc or call Dr. Shamonica Trunell here in Waco to make an appointment today. 254-754-4000.



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VOTERS

Continued from page two

all growth of our county.

And, on a final note, there have been many conversations about transitioning the delivery of road and bridge responsibilities to a county employee under a unified system called the Unit System. McLennan County currently has two options it may choose to deliver its road and bridge responsibilities. The first is the Ex Officio Road Commissioner System, and the other is the County Road Department System Road Engineer or Road Administrator— Unit System.

We currently operate under the Ex Officio Road Commissioner System. Currently, this system allows voters to make one phone call to their commissioner to report issues and concerns and the

commissioner, in turn, schedules and completes those inquiries. I foresee this delivery method as one that is more transparent and with less governmental “red tape.” Under the County Road Department or Unit System, the voters call an appointed county employee with their inquiries. Still, if this is the preferred method, the voters can make that decision. This delivery system is acquired through petition and a ballot vote.

On February 21, 2017, the Commissioners Court, in a split decision, adopted a resolution to petition the legislature to allow McLennan County to adopt the Road Superintendent System. That is currently not an option open to McLennan County nor is the option of the Coun-

ty Road Commissioner System available. However, I am adamantly opposed to the Road Superintendent System in that even though it operates similarly to a Unit System, it is adopted by a simple majority vote of the Commissioners Court. If the constituents of McLennan County desire a unified system for the delivery of road and bridge responsibilities, the constituents should make that choice with a ballot vote. However, I am confident that whichever system the voter chooses, I will be more than capable to assist in the guidance of those services.

And so, after much thought, prayer, and reflection on the past 22 years of my life, I’ve decided that I would like the opportunity

to share the training and education I’ve received with the citizens of McLennan County while working at the county since 1995. By running for this office, I am offering the voters of McLennan County the choice to vote for a qualified, experienced individual to fill the upcoming Precinct 2 vacancy.

About Patricia Chisolm Miller: Miller is the recipient of the Delta Upsilon Zeta Chapter of Zeta Phi Beta’s Community Service Award for Governmental Affairs. She currently serves on the Live Oak Classical School Community Outreach and Engagement Committee. She is a past Vice Chair of the Community Race Relations Coalition Board of Directors and has served as a member of the Eastern Waco

Development Corporation Board of Directors, Compassion Ministries Board of Directors, United Way Allocations Committee, and the Women’s Resource Center Advisory Board. Having served as the McLennan County representative to the Waco-McLennan County Public Health District, she now represents Commissioner Gibson on that district board.

A member of Toliver Chapel Missionary Baptist Church for over 50 years, Miller is active in the Sanctuary Choir, Celestial Voices Choir, Women’s’ Chorus, and as a Junior High School Sunday School teacher. Married to Robert Miller, Sr., she is a mom, grandmother, great-grandmother, and last but not least - loving aunt.



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- ✓ Experienced in County Government Legislation
- ✓ Experienced in Grant Writing and Implementation.

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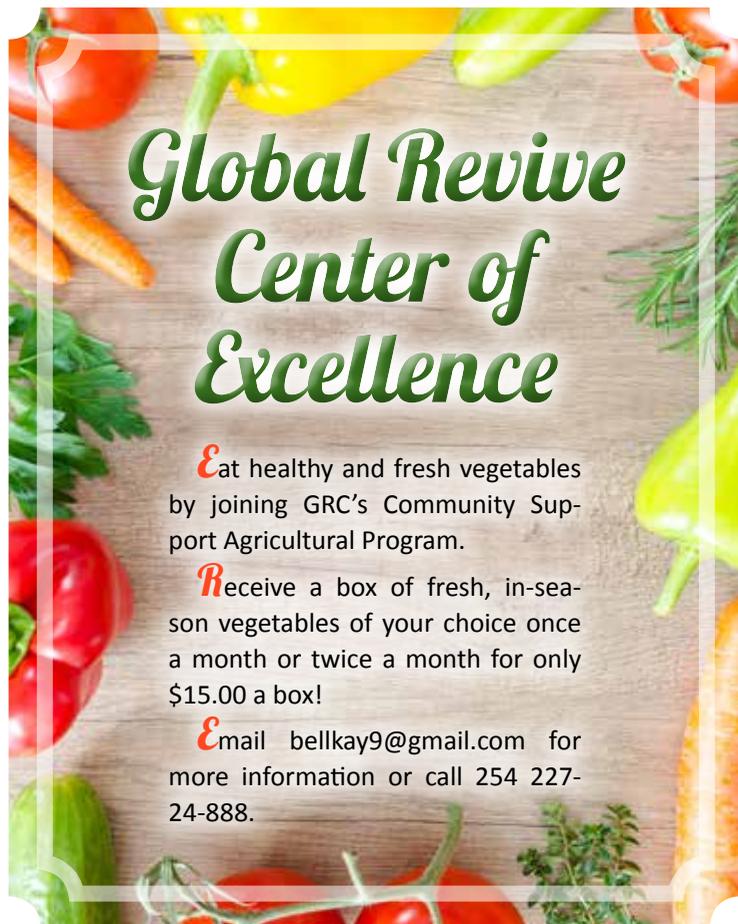
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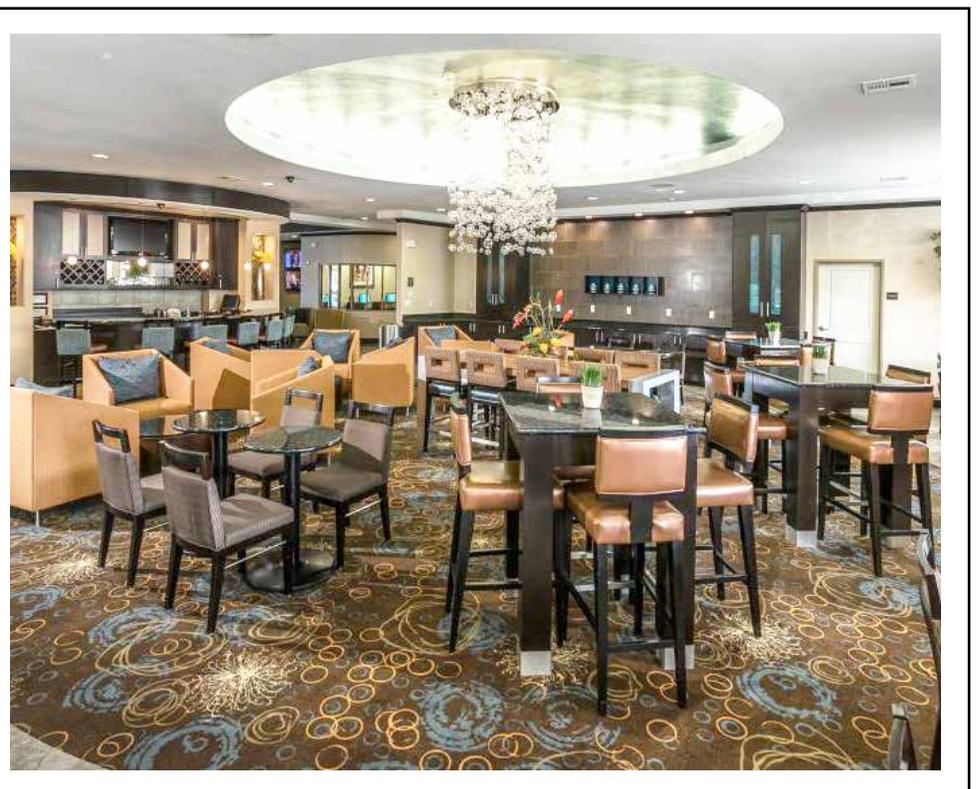
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Meet Farmers Insurance agent, Josh McCraw

A graduate of Tarleton State University, Josh McCraw, 24, secured his insurance license and is now an agent with McCraw Insurance Agency located at 10324 China Spring Rd. Suite B, Waco, TX. 76708.

The McCraw Insurance Agency is a full-service agency with the ability to serve the State of Texas with Farmers Insurance products. Although the agents are able to provide their products and services to anyone in the State, they concentrate their marketing efforts to the Central Texas area.

McCraw enjoys serving those living and working in the communities within McLennan, Bosque, Hill, Limestone, Falls, Bell, Coryell, and Hamilton Counties. The McCraw agency provides many Farmers Insurance products with discounts, including affinity discounts to those who are currently active or retired as educators, architects, engineers, accountants, nurses, doctors, law enforcement, firemen, military, and other vocations.

"I am willing and able to provide assistance and help you determine the best protection for your home and auto insurance needs," says McCraw. He explains that being a Farmers agent also allows him to provide commercial insurance.



JOSH McCRAW

McCraw specializes in providing insurance to adequately protect local business owners from commercial perils.

The Farmers commercial appetite includes auto bodyshops, barber shops, hair salons, nail salons, restaurants, churches, and retail stores just to name a few. McCraw has a passion for customer service and has found that providing protection for his clients and their assets is very rewarding for him. "I look forward to meeting you and insuring your most prized possessions." Please call McCraw at (254) 754-7677 or feel free to stop by his office for a personalized insurance quote.

"Together," says McCraw, "we will determine just how much money you can save with Farmers Insurance and the McCraw Agency!"

Unto us a child is born

BY MONA DUNKIN

When people ask if I am ready for Christmas, my go-to reply is, "Yes."

What does ready mean? Is my house clean? Are the decorations in place? Have I made cookies? Are our cards mailed?

To me, being ready for Christmas is not so much an either/or but a both/and; it is more spiritual than physical. It is preparing my heart to receive the Christ Child anew and afresh and to learn more about that miracle each season. All that other stuff can come later, even if it is nearly Christmas eve.

Being ready for Christmas is to lovingly observe without prejudice the mysteries of the season - you, they, me - even to loving our enemies. "Choose you this day whom you will serve..." Decisions and goals are necessary to keep us focused; and a broader vision will keep us on a lifetime track.

Some may say, "I don't think I can believe in a virgin birth."

That's okay. God believes in us whether we believe in him or not. Or in His Son.

It was Jesus himself who said to the Samaritan Woman, "If you but knew the gift of God... Believe me the hour is coming when true worshippers will worship the Father in spirit and in truth. You don't know who you worship. The day will come when true worshippers will not come to this mountain nor go to Jerusalem. God



MONA DUNKIN

is a Spirit and they that worship him must worship him in spirit and in truth." (John 4:7-25)

Jesus gave the first interfaith, nondenominational sermon to one woman and it has spread from there. God is not interested in religious culture but to the truth of all believers.

I love the reply of the blind man to his detractors as to whether Jesus was righteous. "I do not know whether he (Jesus) is a sinner or not. I only know this much: I was once blind and now I can see." (John 9:25)

Live in the mystery. Move past misery.

Misery sounds like, "Yeah, but." "Yeah" I see the possibilities, "but" I'm not going to change my mind. Everything has an incubation period, including faith and doubt.

Our limited vision doesn't see our own truth. We have gifts and talents not acknowledge. We are hindered by our own blind spots. So, what is needed? More light. More information. More revelation. More working out our own salvation.

Could the 'new thing' the Prophet Isaiah spoke of be inclusion? (Isaiah 9:5) Prophets speak of present issues based on a fledgling glimpse of truth that is always and forever unchanging and universally applicable.

Could 'created in God's image' means we all really are family? Regardless of skin color, culture, quirks, politics, religion, intelligence or socioeconomic strata? That in our unique differences we are still one in the Master of the Universe? That Christmas truly is "the hopes and fears of all the years" being met in the message of the season.

King Herod demanded, "Kill

that baby!" Jealousy, fear and hostility destroys.

Did Herod know in the mysterious way we know things we don't know, that this baby was God incarnate in a virgin's womb? That he would be full of glory and grace from the manger? That in a stable he is worthy of all glory, honor, praise and worship? That the heavens would illuminate the path to guide truth-seekers? That angels would broadcast the latest, greatest, breaking good news?

As a grown man, Jesus was accosted by the religious leaders with the intent of stoning him to death. What was his crime? Was it healing the sick, raising the dead, feeding the multitudes or preaching the good news?

No. He was claiming himself to be God's son. Jesus asked, "Why is it blaspheme to claim that I am a child of God? You are too!" (John 10:31-42)

Once Peter was in a quandary over being true to the government. Jesus asked him, "Whose image is on the coin? Since Caesar's image is on the coin then the coin belongs to Caesar. Go and pay your taxes."

In the same vein, whose image is on me and you? God's image is on me and you then we belong to God. Go and do his bidding. How do we know his bidding? It's written on our hearts. But we must get quiet to hear it. Let it speak to us in the silence of the night and the mystery of an unknow knowing.

This Christmas baby brings joy to the world, peace on earth, and unites us to Our Father individually and collectively. There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female, circumcision nor uncircumcision, Barbarian, Scythian: for all are one in Christ Jesus.

The religious people tried to kill Jesus, and later were permitted to. The birth, life, death and resurrection of Jesus represents God's solidarity with and love for the totality of humanity.

Our Father, which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth as in heaven.

"The hopes and fears of all the years are met in thee tonight."

Mona Dunkin is a Motivational Speaker, Corporate Trainer and Personal Success Coach. Read past articles at www.monadunkin.blogspot.com. Contact her 254-749-6594 mona@monadunkin.com.



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Know your rights as an airline passenger

**SUBMITTED BY
J.L. CRAWFORD,
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(From Legal News by LegalShield) – The recent viral video of an airline passenger being forcibly removed from a flight sparked outrage and debate from consumers around the world. Both U.S. and Canadian air travelers do have some legal rights and protections for common issues such as lost luggage, getting bumped from a flight or tarmac delays. Before you travel it is important that you understand your rights. **If you need any legal assistance contact your LegalShield provider law firm.**

• **Involuntary Bumping** – If you are bumped from a flight due to overbooking and the airline is unable reroute you to arrive at your destination within an hour of your originally scheduled time, you are entitled to compensation. If you are not rerouted to arrive within 1 to 2 hours of your intended arrival time you are entitled to the value of your ticket up to \$650. If your arrival time is not within 2 hours of your originally scheduled arrival time (4 hours for international flights) you are enti-

tled to double the price of your ticket up to \$1,300. If you are rerouted through a different airline all expenses and additional charges must be covered by the airline. **These rules only apply on overbooked flights and do not cover standard delays and cancellations.**

• **Tarmac Delays** – Almost every frequent flyer has a horror story about sitting on the tarmac for hours. There are limits to how long you can be delayed on the tarmac for reasons other than, “safety, security and air traffic control.” Domestic flights are limited to no more than 3 hours, while international flights are limited to 4 hours. You are entitled to updates on your flight status every 30 minutes, bathrooms must be available and food and water should be provided for any delay lasting more than 2 hours.

• **Delayed or Cancelled Flights** – Unlike involuntary bumping, there are no federal requirements for how airlines manage passengers on delayed or cancelled domestic flights. This means the airlines set their own policies. You may check the airline’s terms and conditions to learn more about their specific policies. Interna-



J.L. CRAWFORD

tional travelers may be covered for, “reimbursement under Article 19 of the Montreal Convention for expenses resulting from a delayed or cancelled flight.” You would file a claim directly with the airline for reimbursement. If your claim is denied you may have additional legal options including small claims court. **Contact your LegalShield provider firm to determine the best course of action for your matter.**

• **Extra Fees and Taxes** – Air-

lines must “prominently disclose all potential fees on their websites” for meals, baggage, cancelling or modifying reservations. Ticket agents should also refer customers to the latest fee information including both fees and taxes.

• **Lost or Damaged Bags** – Lost luggage is another travel story that is all too familiar. If your bag is lost the airline must refund any baggage fees. The airline is also required to compensate you for, “reasonable expenses for loss, damage or delay in the carriage of passenger baggage.” The airline may not compensate you for fragile items or poor packing. Also, there are set limits on an airline’s liability, so carefully consider the transportation of particularly valuable items. If the contents of your bag are damaged take photographs of the damage right away. **If you need assistance negotiating compensation for lost or damaged luggage or contents, call your LegalShield provider law firm.**

• **Canadian Travelers** – Canadian air traveler’s rights are subject to the airline’s tariff. The tariff, a contract with passengers, lays out both the passenger’s rights and

responsibilities, which should be reasonable and fair and applied to all passengers in the same manner whenever possible. The tariff should be easily accessible on the airline’s website and in their offices. Tariffs do vary by airline so it is important to review the information that pertains to your specific carrier. For more information visit the Canadian Transportation Agency’s website.

• **U.S. Department of Transportation** – U.S. travelers can review the Department of Transportation’s, “A Consumer Guide to Air Travel” to learn more. **If you have any legal questions contact your LegalShield provider law firm.**

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Hope for the obedient Christians

BY MATTHEW REED

The true followers of Christ have no reasons for concerns nor fears. What we need to do is get the word of God and obey, totally trusting in God. For God in his word has given us exceedingly great and precious promises. 1 Peter 1:4 says, "Whereby are given unto us exceeding great and precious promises. Those of us that are trusting in the Lord in troubling times should find comfort and be reassured in these promises."

1 John 3:16 is a promise: "For God so loved the world that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life." Proverbs 16:7 promises that when a man's ways please the LORD, he maketh even his enemies to be at peace with him.

In times of trouble we should take refuge in Jesus and we the Christian should always serve him. Herein is the patience of the saints that we trust God in good times and bad times.

That we depend on God in the name of Jesus no matter who is President. To do that we have to know what is the promise of God to the faithful saint. When we depend on and trust in God in the promises of God, our emotions won't swing like a pendulum.

John 15:7 promises "If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you." You can't stop shouting, as there are lots more promises to shout about. In Malachi 3:10, there is a promise for tithing. Scripture says, "Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the LORD of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it."

This is where some lose traction. "I am not going to give that preacher my money." So then you miss out on another promise of God, for he says, "And I will rebuke the devour-

er for your sakes, and he shall not destroy the fruits of your ground; neither shall your vine cast her fruit before the time in the field, saith the LORD of hosts."

It's not your money that's causing the preacher or the man or woman of God to do well. They tithe and receive the promise of the tithe. It is called living for the promises. Luke 6:38 is another promise. "Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again."

On prosperity people that are covetous do not receive the promises of God on prosperity. Some covet the tithes of God. The contract with the Christian is to bring the tithes of God first and the rest is yours. Some of you may be thinking "I give and I don't see the promises." Well, in whose name are you giving? Are you waiting on the crowd to be seen of them? If so, you



PASTOR MATTHEW AND HELEN REED

have your reward. Some give reluctantly, but God loves a cheerful Giver. I don't give to anything if my heart is not pure about it and I mean nothing.

Here is one more of the many promises of God in the name of Jesus. In John 16:33 Jesus promises peace with a warning, saying, "These things I have spoken unto you, that in me ye might have peace. In the world

ye shall have tribulation: but be of good cheer; I have overcome the world." The life is in and of the word. Christians should invest all their resources into getting the word. For in the word through Jesus are the promises of God. Amen! So instead of depending on the President, start depending on God. If you do, you will begin to experience the "God kinda life."



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EXPO Continued from page one

their first beauty, health, and lifestyle expo called Diverse Xpression. Located at the Bellmead Civic Center at 3900 Parrish, "the purpose of the expo," said Mara, "is to bring a diverse group of creative, professional barbers, stylists, estheticians, and makeup artists together to showcase their God given talents to Central Texas communities." Her mother added that it will be an opportunity for innovative, professional, small business owners across Central Texas to come together and promote awareness about their brand/services. Through networking with other like-minded people who are driven and motivated to take their business to the next level of success, explained Mia, entrepreneurs will not want to miss is an event.

Jasmine Caldwell, news reporter for KCEN -TV, will be the EMCEE for the event. DJ Precyse of 94.5 The Beat will provide live music. The event will include hair and makeup battle/competitions, a fashion



MIA THOMAS

show, trophies and cash prizes, door prizes, give-aways, and numerous vendors from across the state.

Presale tickets will be available starting December 1, 2017 through January 31, 2018. Tickets cost \$15, and they will be sold on Eventbrite. Call Mia Thomas at 505-402-0199 or Mara Thomas at 254-733-1198 for more information on how you can attend this event or register to be a vendor.

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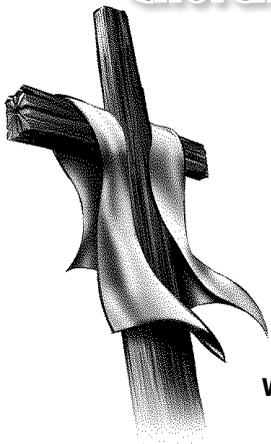
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6:00 PM

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I will never leave you, nor forsake you! Part 6

BY RUBY MCCRAY

Continued from the November issue of The Anchor News.

This is the last part of this article. Every Scriptural reference has been taken from the New Living Translation of the Holy Bible. The subject of this series is a portion of the Scripture taken from Hebrews, Chapter 13:5.

If you haven't read the beginning parts, I ask that you log on to: www.theanchornews.com, click Archives, then click the month of July, its beginning. God is in covenant with His Children. He will not and cannot break it. However, if we break it by leaving Him, there is no covenant to keep. Remember, if you are a born-again baptized-believer in Jesus Christ [Yeshua HaMashiach], you are a spiritual child of Abraham (Galatians 3:6, 7).

We, spirit-beings, were in the beginning in Adam (1 Corinthians 15:21, 22). Levy, not yet born, paid a tithe to Melchizedek when Abraham, his great grandfather, paid a tithe, because he was a seed in Abraham's body (Hebrews 7:8-10). That's why ABORTION is murder; it kills the human baby that came from the seed of a

man (Isaiah 59:21; 2 Timothy 2:8). The King James Version of the Bible says 'seed(s)' whereas some other translations say 'children' or 'descendants'.

Our purpose on this earth is to bring glory to God (Yaweh) by operating in the destiny for which we were born (Isaiah 43:7; 1 Corinthians 12:4-11). Collectively, we are to bring the manifestation of God's Kingdom on earth just as it is in heaven (Matthew 6:9, 10; Luke 11:2). We are to glorify Jesus in this world just as Jesus glorified His Father, God (John 17:1-26). Jesus knows that all of us whom He has called will not stay with him. He told the following parable (Red Letters):

"Again, the Kingdom of Heaven can be illustrated by the story of a man [Jesus] going on a long trip. He called together his servants [Christians] and entrusted his money to them while he was gone. He gave five bags of silver to one, two bags of silver to another, and one bag of silver to the last—dividing it in proportion to their abilities. He then left on his trip.

"The servant who received the five bags of silver began to invest the money and earned five more. The servant with



EVANGELIST
RUBY MCCRAY

two bags of silver also went to work and earned two more. But the servant who received the one bag of silver dug a hole in the ground and hid the master's money.

"After a long time their master returned from his trip and called them to give an account of how they had used his money. The servant to whom he had entrusted the five bags of silver came forward with five more and said, 'Master, you gave me five bags of silver to invest, and I have earned five more.'

"The master was full of praise. 'Well done, my good

and faithful servant. You have been faithful in handling this small amount, so now I will give you many more responsibilities. Let's celebrate together!'

"The servant who had received the two bags of silver came forward and said, 'Master, you gave me two bags of silver to invest, and I have earned two more.'

The master said, 'Well done, my good and faithful servant. You have been faithful in handling this small amount, so now I will give you many more responsibilities. Let's celebrate together!'

"Then the servant with the one bag of silver came and said, 'Master, I knew you were a harsh man, harvesting crops you didn't plant and gathering crops you didn't cultivate. I was afraid I would lose your money, so I hid it in the earth. Look, here is your money back.'

"But the master replied, 'You wicked and lazy servant! If you knew I harvested crops I didn't plant and gathered crops I didn't cultivate, why didn't you deposit my money in the bank? At least I could have gotten some interest on it.'

Then he ordered, 'Take the money from this servant, and give it to the one with the ten

bags of silver. To those who use well what they are given, even more will be given, and they will have an abundance. But from those who do nothing, even what little they have will be taken away. Now throw this useless servant into outer darkness, where there will be weeping and gnashing of teeth'" (Matthew 25:14-30).

It matters not whether the master left the last servant or the servant left the master. There was definitely an eternal separation.

Precious people, I challenge you to search the Scriptures for yourselves (Acts 17:10-12). The degree of which you search for God will be the same degree that you'll find Him (Proverbs 2:1-22; Jeremiah 33:3; 29:13; Matthew 5:6).

You no longer have to read the Bible if you prefer not to; your smart-device will do it for you. Download the FREE Bible app and speak into it. You may not believe me, but...just what if I'm right?

Evangelist Ruby McCray is the founder of A City of Refuge Ministries. For questions or comments e-mail rubyacorm@yahoo.com or write to A City of Refuge Ministries, P. O. Box 2025, Waco, Texas 76703.



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*Wanda B.
Gunter*

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for *The Anchor News*

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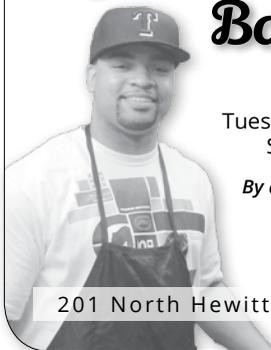


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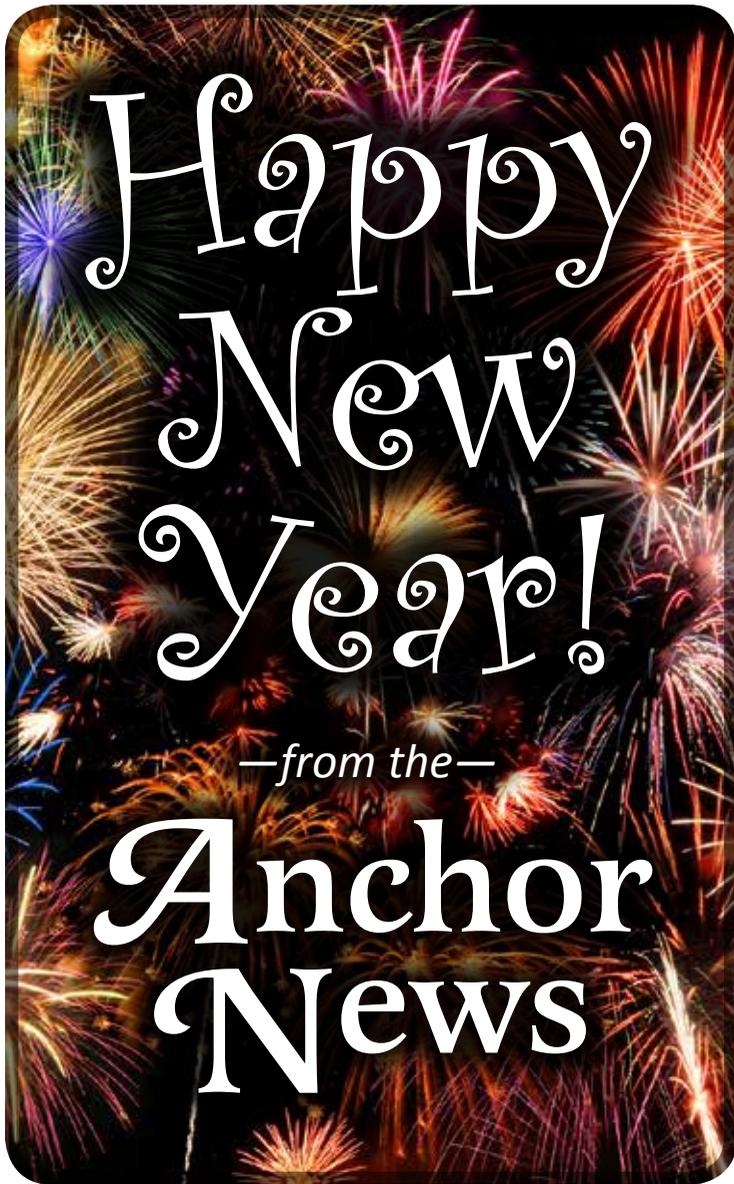
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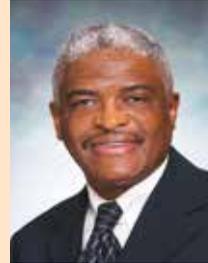
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